### Teaching Guide

<table>
<thead>
<tr>
<th>Title of teaching resource</th>
<th>The “Right” Way to Speak</th>
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| Author(s) and their positions | **Author**: Bernice Lau  
**Position**: I am Chinese-Canadian; born and raised in Canada – considered to be a “native English speaker” in North America. I have a position of privilege, in that I have rarely encountered situations where my receiving of healthcare services (in Ontario, Canada) was impacted due to the way I sound when I speak. However, I have noticed such struggles when listening to experiences of family or friends who have “foreign accents” when speaking English. |
| Learning objective(s) | • Bring to awareness one of the ways in which structural racism plays out in healthcare  
• Invite the listener to tune in to their thoughts and feelings – become aware of the automatic reactions we have when listening to certain accents  
• Question the reactions we feel when listening to varying accents and ask why the different ways in which people pronounce words lead us to make assumptions about intelligence, education level, socioeconomic status etc. |
| Audience | • PT students  
| • PT clinicians  
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<th>• PT educators</th>
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<td>How specifically the teaching resource is to be used</td>
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| Attribution/Acknowledgements | Thank you to everyone who helped me put together this teaching tool! (In no order of significance)  
Jennifer H., Nehal G., Chelsea C., Shireen N., Anton M., Hannah C., Tania M., Rebecca Y., Brandon S. |