The Department has been very engaged on several fronts. For example, The Ontario Internationally Educated Physical Therapy Bridging Program (OIEPBP) has continued to grow and move forward with a very positive energy and focus thanks to the talented team of Sharon Switzer-McIntyre, Cathy Evans, Alison Bonnyman, Martine Quesnel and Nicole Percival. The OIEPBP admission process was very successful, resulting in a 2013-14 class of 23 learners after assessing 42 applicants. They collaborated with the University of Alberta Bridging Program to implement an admission assessment.

To date there have been 342 students who have accessed courses through the Bridging Program; 39 in the Comprehensive ten month program and 303 in the modular courses. The modular courses offered include one-day MCQ and OSCE exam preparation workshops, as well as an online nine week ‘Canadian Health Care Context’ course. This course has been accessed by physical therapists from around the world.

The OIEPBP program is also in the process of developing three, two-day workshops including an online review of the fundamental concepts. The learning goal of these workshops is to facilitate a review of the three major systems: cardiorespiratory; neurological; and musculoskeletal systems. These workshops are an opportunity for internationally or Canadian trained therapists to revisit practice areas that may require a refresher and enhance their confidence in the practice areas.

I am delighted to congratulate Dr. Nancy Salbach, who was successful in being awarded tenure effective July 1st. Nancy was appointed Assistant Professor in the Department of Physical Therapy in September 2007. She has a cross-appointment to the Graduate Department of Rehabilitation Science and is an Adjunct Scientist at Toronto Rehab/UHN and St. John’s Rehab/Sunnybrook. She received her PhD in Epidemiology through the Department of Epidemiology and Biostatistics at McGill. Nancy is widely known for her work in self-efficacy related to walking performance for patients with stroke.
Mark your calendars! Student Research Day will be held July 24th from 8am - 1pm at the Medical Sciences Building, McLeod Auditorium and Stone Lobby. For more information please see ‘Events’ below.

Once again, I would like to thank all the individuals who read the Computerized Administered Profiles (CAPS) this year. Thanks so much to the 95 clinicians, 41 faculty and 73 students who helped mark the exams. We couldn’t do it without you!

Katherine Berg
Chair, Department of Physical Therapy

COMMUNITY PROFILES

ESSENTIAL COMPETENCY ROLES - HIGHLIGHTS AND APPLICATIONS
By Brenda Mori, Director, Clinical Education and Community Affairs

In 2009, the National Physiotherapy Advisory Group, with project partners Accreditation Council for Canadian Physiotherapy Academic Programs, Canadian Alliance of Physiotherapy Regulators, Canadian Physiotherapy Association, Canadian Council of Physiotherapy University Programs published the Essential Competency Profile for Physiotherapists in Canada October 2009. This is a national document that describes the essential competencies, (i.e., the knowledge, skills and attitudes) required by physiotherapists in Canada at the beginning of and throughout their career. It also provides guidance for physiotherapists to build on their competencies over time. Written for the profession, it reflects the diversity of physiotherapy practice and helps support evolution of the profession in relation to the changing nature of practice environments and advances in evidence-informed practice. It functions on the assumptions that:

1. Physiotherapists practice client-centred care and only act with the client’s informed consent,
2. Physiotherapy practice is evidence informed, and
3. Client safety is paramount.

The Profile is structured to have 7 Roles. The seven roles for physiotherapists in Canada include the central role of Expert, which integrates the roles of Communicator, Collaborator, Manager, Advocate, Scholarly Practitioner, and Professional. It is recognized that the roles may overlap at any given time within the context of physiotherapy practice and that, in order to practice safely and effectively as a physiotherapist, competence in all seven roles must be demonstrated. Each Role is defined and described by Key Competencies which are further described by several Enabling Competencies. You may have read the recent articles in PT Link on The Advocate Role by Kerri Kelland and Stephanie Nixon.

The Profile encapsulates what we do as physiotherapists every day very well. In fact, it has become a framework for the recently revised 2012 Accreditation Standards for Physiotherapy Education programs in Canada. The Profile has also become the framework for the new national tool to assess physiotherapy students in clinical education, the Canadian Physiotherapy Assessment of Clinical Performance (ACP) which is being pilot tested this year. This is another example of making The Profile real, to demonstrate, how we as PTs enact The Profile with our work every day.

In the future, we hope to continue to include articles in PT Link regarding the specific roles highlighting some research and practice applications of the Roles within The Profile.
DEPARTMENT NEWS

ALUMNI SPRING REUNION BREAKFAST PARTY
By Mary Sauriol, Lecturer and Chair, Alumni Spring Reunion & Special Events Committee

On Saturday June 1st graduates from years ending in 3 or 8 gathered in the Rehabilitation Sciences Building for breakfast, presentations and a tour of the building. There were Alumni members in attendance who graduated up to 55 years ago. Needless to say, there was much hilarity!

Alumni Achievement Awards are presented annually to one Physical Therapy graduate and one Occupational Therapy graduate who have been nominated by their peers because of their superlative professional achievements. This year, the Achievement Awards were presented to Diana Hopkins-Rosseel for Physical Therapy and Bonnie Kirsh for Occupational Therapy.

The Invited Speaker was Dr. Stephanie Nixon, Assistant Professor, who introduced us to the far-reaching work of the International Centre for Disability and Rehabilitation at the University of Toronto. Stephanie showed us that many of our graduates work with governments in Africa, Central and South America and other countries to develop rehabilitation programs which are producing change. It was very exciting to hear about the spread of this work.

Chancellor’s Medals and Pins were presented to graduates of 1958 and 1963.

The morning ended with tours of the building led by students. Once again the tours ended in the Biomechanics and the Exercise Labs where the tourists had a chance to try out some of the lab equipment with the assistance of Drs. Karl Zabjek and Sunita Mathur.

STUDENT COUNCIL UPDATE

It is warming up for physical therapy students at 500 University once again. Now that both classes are back from placement, it’s time to start hitting the books! The first year class enters their neurological PT unit while the second years are tying up loose ends in their advanced neuromuscular PT unit. Both classes will be actively involved in intramural sports and extracurricular activities in the summer term and are expecting to continue to represent the program well. On the academic side, we would like to congratulate our classmate Krista DeLuca on receiving the 2012-2013 Peters-Boyd Academy Student Case Report Award in Rehabilitation Sciences. Great work Krista!

By Nadir Mawji, President, PT Student Council

VOLUNTEER ONE SATURDAY THIS SUMMER/FALL FOR IMAGINE!

IMAGINE (Interprofessional Medical and Allied Groups for Improving Neighbourhood Environment) is an interprofessional, student-run community health initiative aimed at promoting and providing health care. One of the services we offer is the IMAGINE Clinic, a primary health care clinic that serves marginalized populations in Toronto. The clinic is staffed by students and preceptors from
various disciplines, including medicine, nursing, pharmacy, physiotherapy, and social work. A document describing the extent of services provided is available upon request.

After a successful run last year, they are currently recruiting physiotherapist preceptors for this summer/fall 2013 IMAGINE Clinic. Preceptors are essential to our inter-professional student-led model. Their role will be to:

- Supervise and guide students in their management of clients
- Be a role model for Professional practice
- Foster an environment where students can confidently provide healthcare to the level of their training.
- Help ensure inter-professional efficiency and cohesiveness.
- Provide formal teaching when addressing specific and identified health needs.
- Provide informal teaching during patient encounters.

The IMAGINE Clinic operates out of the Central Toronto Community Health Centre located at 168 Bathurst Street. It is open to IMAGINE clients every Saturday between 10am–2pm and requires preceptors to be at there from 9:25am-3pm for orientation and debrief sessions. They are seeking a commitment of only one weekend clinic from each preceptor.

The clinic would like to continue providing physiotherapy services to clients but are very short on physiotherapist preceptors for this summer. At this time, they are *urgently* looking for physiotherapist preceptors. If you are interested in joining their team, or would like to receive more information, please email imagine.preceptors@gmail.com.

For more information about IMAGINE, visit their website at www.torontomeds.com/imagine.

HONOURS AND AWARDS

CONGRATULATIONS TO THE FOLLOWING FACULTY MEMBERS!!

Dina Brooks and Roger Goldstein received the 2012-2013 Ontario Lung Association/Pfizer Canada award for research on COPD/Smoking Cessation for project entitled “A randomized controlled trial of a post-rehabilitation community-based exercise program for individuals with COPD.”

Professor Cheryl Cott received her 25 Year Service Award from President David Naylor at the U of T Long Service Award Ceremony held at Hart House on May 14, 2013.

Julie Hard and Deborah Kennedy are inaugural recipients of the Distinguished Rehabilitation Science Alumni Awards. These new awards were established in 2012 in conjunction with McMaster University’s 125th Anniversary. The awards honour and recognize graduates from the School of Rehabilitation Science who are respected and admired for their leadership, achievements and contributions in the areas of scholarly activity, education, clinical practice and the community. The Awards were presented at a dinner in April at the Institute for Applied Health Sciences, McMaster University.

Judith Hunter received the Excellence in Interprofessional Pain Education Award, 2013, from the Canadian Pain Society. She was recognized by her colleagues in the Canadian Pain Society for her long interest in developing and evaluating the effectiveness of interprofessional
pain education across the continuum of professional training, from entry-to-practice to graduate and continuing education. Judith was chair of the Interfaculty Pain Curriculum at the University of Toronto for seven years, involving over 800 students annually from U of T medicine, dentistry, nursing, physical therapy, occupational therapy and pharmacy – building the foundations for interprofessional pain care.

Kelly O'Brien was awarded a Connaught New Researcher Award in May. The primary aim of this research is to develop and pilot a community-based exercise intervention to reduce disability experienced by adults living with HIV. A secondary aim is to establish pilot data for assessing the measurement properties of the HIV Disability Questionnaire (HDQ), a newly developed self-administered questionnaire with the purpose of describing the presence, severity and episodic nature of disability experienced by adults living with HIV. Kelly is collaborating with the Central Toronto YMCA and Canadian Working Group on HIV and Rehabilitation in this research. The purpose of the Connaught New Researcher Award is to foster excellence in research and innovation by providing support for new University of Toronto faculty members who are launching their academic careers. These awards are intended to establish a strong research program, thereby increasing the faculty member’s competitiveness for external funding.

Kara Patterson has received the Heart and Stroke Foundation of Canada’s “Focus on Stroke Research Scholarship.” The title of the proposal is “An investigation of novel approaches to the neurorehabilitation of post-stroke gait.” The main objectives of the research program enabled by this personnel award are to improve our understanding of 1) how gait is relearned after stroke and 2) the stroke-induced impairments associated with post-stroke gait. This knowledge can lead to the creation of novel interventions to improve walking function after stroke.

Kara also was awarded the 2013 NSD-PFC Research Grant in Neuroscience by the Physiotherapy Foundation of Canada from July 1st, 2013 to June 30th, 2014.

Congratulations to Department of Physical Therapy students and faculty who won several awards at the Ontario Physiotherapy Association’s Annual Conference in Niagara Falls in March! Following are the awards that were presented:

- **Special Award for Professional Contribution External:** Jo-Anne Howe, Lecturer. This award is a symbol of appreciation for her contributions toward increasing awareness and respect for the physiotherapy profession. She was honored for her strong leadership, and her role as an ambassador for the profession in the areas of integrity, professionalism, innovation, advocacy, accountability and communication. Jo-Anne is a Lecturer with the Department of Physical Therapy and a Clinical Educator at Toronto Rehabilitation Institute.

- **Special Award for Professional Contribution Internal:** Maria Lung, PhD student, Graduate Department of Rehabilitation. This award is a symbol of appreciation for contributions to the profession that support the mission of the OPA. Maria received this award for demonstrating strong leadership and going above and beyond in the areas of integrity, professionalism, innovation, advocacy,
accountability and communication. Maria is a PhD student in the Graduate Department of Rehabilitation Sciences, as well as a staff member at St. John’s Rehab.

- **Special Award for Students:** Ali Hassan, Second Year Student. Ali received this award for his demonstrated leadership and for showing exceptional effort in promoting the OPA and the profession. Ali is a second year student in the Master of Science in Physical Therapy Program at the University of Toronto.

- **1st Prize Poster:** Michelle Duong; Deepi Singh; Dr. Dina Brooks -- ‘Development of a Physical Therapy Preliminary Clinical Decision Making Clinical Tool for Oxygen Titration’

- **2nd Prize Poster:** Presenter - Maria Lung; Authors - Jenna Beatty, Sara Brown, Erika Bates, Tara Cameron, Manuel Gomez, Maria Lung, Katherine Berg -- ‘Work-related Quality of Life (WRQoL) among Rehabilitation Therapy Professionals’

- **3rd Prize Poster:** Brenda Mori, Charlotte Anderson -- ‘What Clinical Instructors Want: Perspectives for a New Assessment Tool for Students in the Clinical Environment’

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**Department of PT has Strong Presence at CPA National Congress**

The Canadian Physiotherapy Association’s National Congress was held at the Bonaventure Hotel in Montreal May 24th-26th, 2013. Once again the Department of Physical Therapy had a very strong presence at the event, and many students and faculty members were honoured with awards. Here some of the highlights:

**People’s Choice Poster Award (3rd Place):** Maegan Bell presented the poster on behalf of her group which included MScPT 2012 graduates Lindsay Bays, Kaitlin Turner, Clara Oi Yan Lai, and Carmen Lau for the project entitled: ‘Assessment of professional behaviors in PSEs using specific item evaluation and global ratings scales.’

**Silver Quill Award for Best Student Paper Published in Physiotherapy Canada 2012:** Martine Quesnel received the award for her paper: ‘The Knowledge, Attitudes, and Practices of Canadian Master of Physical Therapy Students Regarding Peer Mentorship.’

**The Ann Collins Whitmore Student Competition:** Sachi O’Hoski presented the poster on behalf of her group which included MScPT 2012 graduates Taimoor Tariq Agha, Sachi O’Hoski, Bonnie Winship, and Lauren Herridge for the project entitled: ‘The Balance Evaluation Systems Test: Responses in Healthy Canadians.’ The group was one of three finalists for best student paper in Canada.
Physiotherapy Foundation of Canada Award – the Ann Collins Whitmore Memorial Scholarship: Brenda Mori, Director, Clinical Education and Community Affairs, Department of Physical Therapy.

Physiotherapy Foundation of Canada Award – 2013 NSD-PFC Research Grant in Neuroscience: Kara Patterson, Assistant Professor, Department of Physical therapy

Also of note, current MScPT students, Abdullah Imam and Carrie Lau, the Professional Development representatives for the University of Toronto Physical Therapy Student Council, attended the Congress. They wanted to help represent the University of Toronto Physical Therapy program, and felt it was important for them to share their experiences of Congress with their classmates.

Queen Elizabeth II Diamond Jubilee Medal Recipients

Created to mark the 60th anniversary of the Queen’s accession to the Throne as Queen of Canada, the Queen Elizabeth II Diamond Jubilee Medal was created to honour significant contributions and achievements by Canadians. Following are the faculty members from the Department of Physical Therapy who were honored with this award recently: Dina Brooks, Geoff Fernie, John Hirdes, and Cathy Relf.

Shelley Gautier will receive her Queen Elizabeth II Diamond Jubilee Medal on July 3rd at 1:00pm in Room 140 at 500 University, as a member of the Canadian Paralympic Team who competed in London 2012.

PUBLICATIONS

At West Park Healthcare Centre in Toronto, Dr. Roger Goldstein and Dr. Dina Brooks are investigating the potential benefits of moving pulmonary rehabilitation exercise programs out of
the hospital and into community centres. Following is a YouTube video about their research: http://www.youtube.com/watch?v=O-PbKA-Hn_0


Nancy Salbach, Kelly O’Brien, Cathy Evans, Karen Yoshida. ‘Dissemination of Student Research in a Canadian Master of Science in Physical Therapy Programme’. Physiotherapy Canada 2013; 65(2); 154-157

COURSES/PRESENTATIONS/EVENTS

Wednesday, July 24, 2013 -- 8:00am - 1:00pm
Medical Sciences Building; Stone Lobby and McLeod Auditorium

The Department of Physical Therapy extends a warm welcome to students, advisors, evaluators and special guests who are participating in the annual MScPT Student Research Day.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 - 8:30</td>
<td>- Students set up posters in Stone Lobby</td>
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<tr>
<td></td>
<td>- Evaluators meet in McLeod Auditorium</td>
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<tr>
<td>8:30 - 8:40</td>
<td>Opening remarks</td>
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<tr>
<td>Stone Lobby</td>
<td>- Karen Yoshida &amp; Cathy Evans, Unit 10/12 Co-ordinators</td>
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<tr>
<td>8:45 - 10:30</td>
<td>Poster Exhibition and Evaluation</td>
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<tr>
<td>Stone Lobby</td>
<td>- Schedule below</td>
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<tr>
<td>10:45 – 10:55</td>
<td>Congratulations to the Class of 2012 McLeod Auditorium</td>
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<tr>
<td>McLeod Auditorium</td>
<td>- Alison Buchan, Vice-Dean, Research and International Relations, Faculty of Medicine</td>
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<tr>
<td>11:00 - 11:20</td>
<td>Keynote Address (11:00-11:20)</td>
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<td>- Agnes Makowski, MScPT, BScPT, Diploma Sport PT, FCAMT, CGIMS.</td>
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<td>“Innovations in Sport Medicine &amp; Why We Question”</td>
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<td>11:20 - 11:30</td>
<td>Announcement of Poster Award</td>
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<tr>
<td>11:30 - 11:40</td>
<td>Closing Remarks</td>
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<tr>
<td>11:45 – 1:00</td>
<td>Reception Stone Lobby</td>
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CENTRE FOR FACULTY DEVELOPMENT SPRING WORKSHOPS
The Centre for Faculty Development is pleased to announce the schedule for their Spring/Summer workshop series.

To view upcoming workshop and to register, please go to:
http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html

For more information, contact Jackie McCaffrey, Project Coordinator at: mccaffreyj@smh.toronto.on.ca (416) 864-6060 x6546

NON-UNIVERSITY OF TORONTO COURSES/EVENTS: The following courses/events are from outside the University of Toronto, and are not being promoted by the Department of Physical Therapy.

URBAN POLING ACTIVATOR COURSE FOR REHABILITATION AND WELLNESS PROFESSIONALS

In-depth practical training for therapists, RT, RA, and Wellness coordinators (at retirement to LTC homes) on how to use the Activator Poles (co-developed by a therapist) safely and effectively for rehab clients and older adults & Urban Poling for health and wellness. Discover how the Activator Poles positively impacts outcomes for gait, core strengthening, posture, coordination, balance, and reducing impact off hip and knees post-surgery.

Clinical Uses:
* clients recovering from total hip/knee surgery & those with Arthritis
* treating neurological conditions (Parkinson's, ABI, MS, & CVA)
* cardiac rehab
* rehab centres specializing in RTW & Chronic pain programs (Activator funded by WSIB, auto accident)
* older adults in homecare, retirement and long-term care settings (Activator funded by VAC)
* STI & RSI

Agenda:
* Brief Research Review (over 80 research studies), Basic & Advanced Techniques (Activator & Urban Poling technique), Assessments, Modifications for Injuries & Chronic Conditions, Contraindications, Individual & Group Exercises for improving balance, core, ROM and pre gait

Registration includes: 1 pair of Activator or Urban Poles (reg. $99.99), 50 page manual, private website for resources & certificate)

Mississauga
When: Thursday, June 20 2013 4:00pm- 7:30pm
Where: Motion Specialties 2130 Dundas St. East Mississauga
Register Online: http://urbanpoling.com/for-leaders/activator-ce
Presenter: Tracy Lee, physiotherapist

Contact: mandy@urbanpoling.com or 1 877 499 7999 or www.urbanpoling.com
THE STUDY OF HUMAN MOVEMENT
Canadian Bobath Instructors Association (CBIA). 3 day introductory course.

Course Dates: September 13-15, 2013

Location: Therapacc Inc. - a division of CLOSING THE GAP healthcare group Lindsay, ON
Course Instructor: Libby Swain MA, BAppSc(PT), IBITA Instructor
Cost: NSD Member $535; CPA Member $450; Non-member $420

This course is an introductory level course on the relationship between postural control and functional movement based on the principles of the Contemporary Bobath Concept and an understanding of human movement.

Course Pre-Requisite: This course is open to PTs and OTs. Support personnel are not eligible to take this course.

Contact: admin@cbiaorg.com or visit http://cbiaorg.com/course-registration/?ee=25 for further details and registration. Our full list of upcoming courses is at http://cbiaorg.com/courses/upcoming-courses/

SAVE THE DATE!

EDUCATION SIG 5TH ANNUAL CHRONIC PAIN REFRESHER COURSE

Date: September 27—29, 2013
Location: Delta Chelsea Hotel, 33 Gerrard Street West, Toronto, Ontario

CLINICIANS OF ALL DISCIPLINES are welcome and will find sessions specific to their fields, as well as other fields of fields of practice in pain management, with the focus on application.

PARTICULARLY VALUABLE TO TRAINEES, recent graduates, and experienced practitioners, who will have the opportunity to interact with colleagues and discuss a variety of clinical issues at all meals and breaks.

CLINICAL RESEARCHERS will also find the sessions valuable, offering insight into a wide range of issues related to pain management. Faculty is drawn from Canadian pain practitioners and researchers, respected for their contributions to pain management.

OTHER NEWS

MCGILL STUDENT RESEARCH PROJECT

Dear Respected Rehabilitation Professionals & Clinicians;

As current students in the Master’s Physical and Occupational Therapy program at McGill University, we request the favor of your participation in a survey as part of our research project this summer. The scope of our project is to create a standardized rehabilitation protocol for stroke patients having received Botox injections for their spastic upper extremities. Having searched the literature for the evidence underlying the application and effectiveness of Botox treatment, we want to gain more insight on how current rehabilitation professionals are treating this population, after their injection(s).
You can access the survey through the following address [http://fluidsurveys.com/surveys/masters-project/botox-in-stroke-rehab/](http://fluidsurveys.com/surveys/masters-project/botox-in-stroke-rehab/)

Although the survey includes multiple pages and questions, let it be noted that participants need not fill it out at once; there is a ‘save’ button which permits the participants to access and continue the survey on multiple occasions without losing their previous entries. Moreover, the survey can be completed in either the English or French version. Participation in our survey is entirely voluntary and the closing date is **July 2nd, 2013**. If you have any questions or require any further information, please do not hesitate to contact us.

Sincerely,

**STUDENT INVESTIGATORS**
Matthew Chan-Fee; Jennie Ngo; Christina Pepe; Amanda Pileggi; Kristina Tzinevrakis
E-Mail: mcgill.botoxsurvey@gmail.com

**RESEARCH SUPERVISORS**
Mindy Levin PhD, Associate Professor - Researcher, School of Physical & Occupational Therapy - Jewish Rehabilitation Hospital, McGill University - Research site of the CRI
Tel.: **514-398-3994**  Fax: **514-398-6360**  E-Mail: mindy.levin@mcgill.ca

Franceen Kaizer, Stroke Program Coordinator, Jewish Rehabilitation Hospital
Tel : 450-688-9550 ext. 4415  Fax : 450-688-4094  E-Mail : franceen_kaizer@ssss.gouv.qc.ca

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**REHAB SCIENCES SPACE AVAILABLE FOR RENT!**

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small ‘break out” rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, [www.rehab.utoronto.ca](http://www.rehab.utoronto.ca).

**For availability and rates, please contact Rehab Sciences at:**  **416-946-8554**  
**Email:** rehabsector.reception@utoronto.ca

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Please submit content in Word format to Cindy Mallory at pt.chair@utoronto.ca.