Happy New Year to everyone! 2012 promises to be another exciting year for the Department. We are very pleased to report that the Department of Physical Therapy, University of Toronto is now the official host of the **Ontario Internationally Educated Physiotherapy Bridging Program**! The contract with the Ministry of Citizenship and Immigration has been signed and we are moving very quickly into the delivery phase. For Program details please refer to: [http://www.physicaltherapy.utoronto.ca/events/iept.htm](http://www.physicaltherapy.utoronto.ca/events/iept.htm). We are in the process of developing position descriptions for Program Manager, Program Administrative Assistant and Clinical Education and Mentorship Coordinator. We will distribute the position descriptions as soon as they are available. Student Admission Assessment days are tentatively scheduled for February 11 and March 2. If you are interested in participating as an Assessor, or have any questions about the program, please contact Sharon Switzer-McIntyre, the Bridging Program Director at s.switzer.mcintyre@utoronto.ca or 416-946-3591. We will be connecting with all faculty in the very near future regarding the Curricular Framework and highlight the opportunities to become involved in the Program.

Following are some important **faculty announcements**!

**Professor Molly Verrier** retired from her roles within the Rehabilitation Sciences Sector on January 1st. Professor Verrier has been an integral part of physical therapy at the University of Toronto since 1978. Her leadership from 1989 to 2004 was key to many major accomplishments including the attainment of departmental status, the acquisition of our new building and the transition from a B.Sc.PT to a M.Sc (PT). For the past five years, she has been Director of Distributed Rehabilitation Sciences Education for the Sector. Molly was instrumental in the development of the Graduate Department of Rehabilitation Sciences (GDRS), taking on the position of Chair from 1995 to 2004. Molly has been a visionary and as such greatly contributed to the profession through her leadership roles in numerous committees and mentorship of students, she has also been an innovative and important researcher in the field of spinal cord injury. We wish Molly much success and happiness as she begins this exciting new phase of her life!
There will be a **celebration of Molly’s exceptional career on February 7th**, from 3-5pm at the University Club. We hope you can join us! (*For more information, please see ‘events’ below.*)

**A search has been approved** for a new Assistant or Associate Professor, Tenure Stream, in the field of neuro-rehabilitation. The advertisement will be posted shortly via several venues, including the University of Toronto faculty postings website.

This month faculty members have taken on three new roles. **Kelly O’Brien**, as previously advised, accepted a new role as Assistant Professor - Tenure Stream and officially started January 1st. **Josh Williams** and **Meredith Smith** have become our new Unit 5 Co-coordinators (we have highlighted them in the ‘Department’ section below). **Brenda Mori** has also returned from her maternity leave, returning to her position of Director Clinical Education and Community Affairs.

Thank you and best wishes for a wonderful 2012!

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**PT PROFILES**

**PULMONARY REHAB PROGRAM AT CREDIT VALLEY HOSPITAL**

*By Jeanene Luckhart PT, Credit Valley Hospital*

Credit Valley Hospital in Mississauga started its long awaited Pulmonary Rehab Program (PReP) on World COPD Day, November 15th 2006. In the past five years it has gone through a number of transformations but the one constant has been the involvement of an interprofessional team committed to the welfare and success of our more than 250 graduates and participants.

**Who is part of the PReP team?**

Our interprofessional team consists of a Respiratory Therapist (RT) who is the full time coordinator, Physiotherapist (PT), Occupational Therapist (OT), Social Worker, Registered Dietician and Kinesiologists. Also involved are our local Respriologists, Family Physicians and of course the patient.

**What patient populations are seen?**

Participants include patients with a diagnosis of COPD, bronchiectasis, Interstitial Pulmonary Fibrosis (IPF) and other restrictive lung diseases, as well as the occasional patient post long term ventilation. We are also the exercise site for our patients awaiting lung transplantation. All patients admitted through our Emergency Department with a diagnosis of AE (Acute Exacerbation) COPD are seen by either RT or PT COPD educators for an initial consult and education. They can then be directly referred to the program if needed or receive additional education if not appropriate for the full program.

**How is PReP structured?**

Patients are either referred by their Respriologist, Family Physician, or by in-patient referral. The program consists of both an education and exercise component. Initial assessments and follow up appointments are completed by the RT and PT. The exercise component is run by RT, PT and
Kinesiologists, while all disciplines are involved in the education component. Patients can also access any of the professions individually as required.

There are two sessions which run simultaneously twice a day on Tuesday and Thursday afternoons for 10 weeks. Our patients receive 90 minutes of exercise and 60 minutes of education at each attendance. We average up to 15 patients at each session and their average attendance for the whole program is over 90%! The exercise component consists of a 30 minute warm up including upper body exercises, stretching, balance and breathing exercises. This is followed by 40 minutes of endurance training using a treadmill, bike, Nu-Step, and/or elliptical trainer. Next is 20 minutes of strengthening for the upper and lower extremities using weights and bands, ending with a cool down period.

**What follow up is involved?**
In order to promote independence and maintenance after PReP, our patients are encouraged to continue their exercise at least twice more each week during the program, and at week 5 they begin to formulate their maintenance plan. To support our patients in their journey we have partnered with a local community centre to develop a Pulmonary Specific Program. Staff at the community centre has received education through Credit Valley and beginning October 25th we will be able to refer our patients to this community program facilitating a seamless transition to a healthy lifestyle.

We use a number of outcome measures including The 6 minute walk test (6MWT); Timed Up and Go (TUG); sit to stand x5; Chronic Respiratory Questionnaire (CRQ) and Hospital Anxiety and Depression Scale (HADS). Follow up appointments occur post program including a 1 month phone follow up, and reassessment of outcome measures at 3, 6 and 12 months.

Pulmonary Rehab at Credit Valley, although fairly new, is a dynamic, patient centered, interprofessional program which, through evaluation, is proving to enhance the lives of many in our community.

For further information about our program please contact jluckhart@cvh.on.ca

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**DEPARTMENT NEWS**

**REMINDER!**
DEPARTMENT OF PHYSICAL THERAPY AWARDS CEREMONY

The Department of Physical Therapy Awards Ceremony will take place on Thursday January 19th 2012 from 12:00-1:00 pm in the Mount Sinai Auditorium (600 University Avenue, 18th Floor), Toronto. The Department of Physical Therapy acknowledges individuals who have provided great learning environments, guidance, supervision, or have been inspirational to the physical therapy students (Recognition Awards) and individuals who have made exceptional longstanding contributions to the Physical Therapy profession (Exceptional Achievement Awards).

*If you would still like to attend tomorrow, please contact Cindy Mallory at pt.chair@utoronto.ca or call 416-978-2769.*

*Lunch will be available at 11:30am. We look forward to seeing you at the event!*
CALL FOR NEW STATUS-ONLY AND ADJUNCT APPOINTMENT APPLICATIONS!

February 29th Deadline!

The Department of Physical Therapy, Department of Occupational Science and Occupational Therapy and the Department of Speech-Language Pathology are currently accepting applications for Status-Only and Adjunct Appointments for the term beginning July 1, 2012.

If you are interested in applying, please visit our website at http://www.rehab.utoronto.ca/StatusOnly/ Please note that late applications will NOT be considered.

Should you have any questions, please refer to the "2012 Status-Only and Adjunct Guidelines" provided on the website or contact Annmarie Riley at the applicable email address listed below:

Physical Therapy: pt.statusappt@utoronto.ca
Occupational Science and Occupational Therapy: ot.statusappt@utoronto.ca
Speech-Language Pathology: slp.statusappt@utoronto.ca

TWO NEW UNIT 5 CO-ORDINATORS FOR THE DEPARTMENT!

The Department is pleased to welcome Meredith Smith and Josh Williams as our two new Unit 5 Co-Coordinators.

Josh Williams
Since 2007 Josh has worked at Toronto Rehabilitation Institute in numerous roles, including as a physical therapist in the Spinal Cord Rehab program and Corporate Professional Leader for Physiotherapy. His most recent role has been as a Patient Flow Coordinator between the Neurosciences Program at Toronto Western Hospital and the Neuro and Spinal Cord Rehab Programs at Toronto Rehab, assisting teams at both facilities to transition patients quickly to the most appropriate programs. He graduated from the MSc PT program at U of T in 2005. Josh also acts as a director on the board of the Ontario Physiotherapy Association.

Meredith Smith
Meredith has been with the Department since March 2011 as she has just completed her role as Acting Academic Coordinator of Clinical Education. She had taken on this role to cover the maternity leave of Brenda Mori. Prior to this, Meredith worked as a Physiotherapist with Bridgepoint Health, and has also worked at Toronto Western Hospital. She has taught numerous students over the past nine years. Meredith graduated with a Masters in PT from UofT in 2003.

BOOK ABOUT THE UNIVERSITY OF TORONTO PHYSICAL THERAPY HISTORY

“MOVING TOGETHER: PHYSICAL THERAPY AND THE UNIVERSITY OF TORONTO”

This book is about those who started the education of physiotherapists at Hart House during World War I in 1916 and who created Canada’s first university-based course in Physiotherapy at
the University of Toronto. You can read about the Department’s evolution from a “Two-year Diploma Course” in 1929 to the present course which leads to a Master of Science degree. This amazing progression is exciting reading!

**Special Price: $20.00**
Available at the PT Department Reception desk: (416) 946-8641 pt.reception@utoronto.ca

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**COMMITTEE VOLUNTEERS**

An opportunity exists to participate as a member of the University of Toronto, Department of Physical Therapy Continuing Education and Professional Development Committee (CPDC).

This committee meets six times a year to initiate and organize continuing education and professional development activities, which promote lifelong learning relevant to Physical Therapists and rehabilitation.

If you are interested in learning more about participating on this committee, please contact Cathy Evans 416-978-2768 or cathy.evans@utoronto.ca

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**WE NEED YOUR FEEDBACK!**

We are looking for your input regarding potential Department of Physical Therapy, Continuing Education Courses!

The University of Toronto, Department of Physical Therapy, Continuing Education and Professional Development Committee would like your help in determining which topic/course would be of most interest to the PT clinical community for Spring of 2012. Your assistance by completing the brief (1-2 minute) survey will be most appreciated!


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**LOOKING FOR VOLUNTEERS FOR ‘IMAGINE’**

Beginning in January 2012, IMAGINE (Interprofessional Medical and Allied Groups Improving Neighborhood Environments), a student-run interprofessional clinic, included physiotherapy (PT) as part of our interprofessional student team (currently medicine, nursing, social work and pharmacy) to create a team of five students and five preceptors from corresponding faculties to care for our clients.

IMAGINE was initiated in 2007 by the Community Affairs portfolio of Medical Society, University of Toronto in collaboration with the University of Toronto Office of Health Professions Student Affairs. It was created as a noncurricular volunteer-based initiative to create opportunities for civic engagement and interprofessional education. Partnerships were formed with community organizations that worked with marginalized populations and had facilities at which a student clinic could be established.

Treatment includes addressing a variety of conditions including sprains and muscle injuries, counseling on sleep posture, helping manage chronic pain, and foot care. The time commitment is approximately six hours on only one Saturday (9:00AM-3:00PM) between the dates Jan 14-April 21 (preceptors may wish to volunteer for more than one Saturday if desired). After receiving an orientation package and a brief on-site orientation on their volunteer date, the PT preceptor will
mentor and supervise the PT student and together with the student come up with a plan and deliver care to the client as necessary.

Preceptors will also participate in the debrief at the end of the Clinic (Clinic day is from 10-2) with the whole team on the clients of the day, how care for the patients can be improved, and how the running of the Clinic can be improved. As Jan 2012 will be the start of PT’s integration into the IMAGINE Clinic, preceptors in this term will also have the opportunity to help define the role and scope of care PT will deliver as part of an interprofessional team providing drop-in primary care services to the under-housed population.

Thank you once again for your support!

For more information and to sign up, please contact: Physical Therapy Representative for IMAGINE: Christian Frances christian.francis@utoronto.ca

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**RESEARCH AND PROGRAM EVALUATION FOR PHYSICAL THERAPY PRACTICE PROJECTS 2011-2012 (UNITS 6, 10 AND 12)**

Congratulations to the second year MScPT students who recently presented their research protocols in the introductory research unit (Unit 6) of the MScPT research curriculum. Thank you to all the advisors for supervising the projects this year. We look forward to seeing these projects unfold in the upcoming year.

**Group 1:** A new model of assessment in balance, mobility and fall risk after stroke: perspectives of physical therapists and patients  
*Students:* Christina Tirone, Hina Jawed, Bethany Lamb, Patricia Pak  
*Advisors:* Liz Inness, Avril Mansfield, Karen Brunton, Mandy Lowe, Cheryl Cott  
*Site:* Toronto Rehabilitation Institute

**Group 2:** Advocates and advocacy: Advancing understanding of the “advocate” role for physical therapy departments in Canadian universities  
*Students:* Michaela McGuire, Jane Yu, Kerrianne Kelland, Erica Hoe  
*Advisors:* Stephanie Nixon, Angie Andreoli  
*Site:* Department of Physical Therapy, University of Toronto

**Group 3:** Assessment of professional behaviors in PSEs using specific item evaluation and global ratings scales  
*Students:* Lindsay Bays, Kaitlin Turner, Maegan Bell, Clara Oi Yan Lai, Carmen Lau  
*Advisors:* Cathy Evans, Robyn Davies  
*Site:* Department of Physical Therapy, University of Toronto

**Group 4:** Attitudes and comfort of occupational therapy and physical therapy students working with persons with intellectual disabilities  
*Students:* Katherine Anselm, Anna Staruszekiewicz, Kristin Burton, Kayla Vermeltfoort, Alma Badnjovic  
*Advisors:* Rob Balogh, Euson Yeung, Sharon Switzer-McIntyre  
*Site:* Department of Physical Therapy, University of Toronto
Group 5: **Balance capacity and mobility of children with unilateral lower-limb amputations - a pilot study**  
*Students:* Peggy-Rae Carswell, Marlene Luis, Emma Feick, Melissa Corbin  
*Advisors:* Jan Andrysek, Ricardo Torres-Moreno, Shirlene Campbell, Sue Klejman, Nancy Salbach  
*Site:* Holland Bloorview Kids Rehabilitation Hospital

Group 6: **Evaluate Function and Mobility clinic model of care at Princess Margaret Hospital**  
*Students:* Katherine Beatty, Elizabeth Udler, Emma Armstrong, Sarah Mecredy, Jennifer Ferneyhough  
*Advisors:* Aleksandra Chafranskaia, Stephanie Phan, Jennifer Jones, Cheryl Cott  
*Site:* University Health Network, Princess Margaret Hospital

Group 7: **Testing comprehensibility of an educational booklet on soft tissue healing for patients with musculoskeletal conditions**  
*Students:* Erin Fergusson, Phillip Genesis, Sarah Schwartz, Sarah Hill  
*Advisors:* Pat Fox, Gina Peixoto, Ros Crooks, Maureen Riley, Melissa Heidebrecht, Karen Yoshida  
*Site:* St. Michael’s Hospital

Group 8: **Feasibility evaluation of a centre wide mobility goal setting initiative**  
*Students:* Talia Magder, Alyson Orwell, Laura Agar, Anna Glistvain  
*Advisors:* Maria Huijgbrets, Debbie Mendelson, Steve Wong, Gary Naglie, Barbara Gibson  
*Site:* Baycrest Centre for Geriatric Care

Group 9: **Measuring advanced motor skills in children with an acquired brain injury: further evaluation of the ABI Challenge Assessment**  
*Students:* Sarah Chung, Rachel Wong, Leo Pak Yin Wan, Jessica McEwan, Damion Finlayson  
*Advisors:* Virginia Wright, Gail Kirkwood, Nancy Salbach  
*Site:* Holland Bloorview Kids Rehabilitation Hospital

Group 10: **Oxygen Titration – The preliminary development of a clinical decision making tool for Physiotherapists**  
*Students:* Deepti Singh, Michelle Duong, Kendra Bertin, Nolla Timmins, Renee Henry  
*Advisors:* Cindy Ellerton, Dina Brooks, Sunita Mathur  
*Site:* Department of Physical Therapy, University of Toronto

Group 11: **Parenting needs of Disabled parents/guardians with their school age children (Grade 1-12)**  
*Students:* Rebecca West, Susan Loi, Rebecca Wightman, Veleka Thelwell-Denton  
*Advisors:* Karen Yoshida, Nancy Barry, Sandra Carpenter  
*Site:* Centre for Independent Living in Toronto

Group 12: **Physiotherapists’ opinions and attitudes towards masters or doctorate professional degrees: a national survey**  
*Students:* Scott Symonds, Erika Uguccioni, Christian Francis, Jessica Haldane, Yamini Mistry  
*Advisors:* Dina Brooks, Katherine Berg  
*Site:* Department of Physical Therapy, University of Toronto
Group 13: **Role of inpatient rehabilitation on functional recovery from cancer treatment: the patient perspective**  
*Students:* Marlee Beallor, Daneilla Dimitri, Lindsay Scott, Sara Hollett, Katherine Dawson  
*Advisors:* Sara McEwen, Katherine Berg  
*Site:* St. John’s Rehabilitation Hospital

Group 14: **The Balance Evaluation Systems Test: Responses in healthy Canadians**  
*Students:* Ty Agha, Sachi O’Hoski, Bonnie Winship, Lauren Herridge  
*Advisors:* Katie Sibley, Dina Brooks, Marla Beauchamp  
*Site:* Toronto Rehabilitation Institute

Group 15: **The clinical instructor’s perspective on assessing PT student clinical performance**  
*Students:* Charlotte Anderson, Dalyce Lees, Meaghan Cosgrove, Gigi Chan  
*Advisors:* Brenda Mori, Mark Hall, Barbara Gibson  
*Site:* Department of Physical Therapy, University of Toronto

Group 16: **The impact of instructional method on the acquisition and retention of a self-paced, procedural motor skill using a video gaming system, in able bodied Adults**  
*Students:* Christian Leyco, Andrea Sugarman, Stephanie Secord, James Campbell  
*Advisors:* Sara McEwen, Vera Fung, Karl Zabjek  
*Site:* Department of Physical Therapy, University of Toronto

Group 17: **Understanding “essential competencies” for Canadian physical therapists working in resource-poor countries**  
*Students:* Christina Cassady, Carmen Chan, Julie Englehardt, Rehana Meru  
*Advisors:* Stephanie Nixon, Michelle Fraser  
*Site:* Department of Physical Therapy, University of Toronto

Group 18: **Utility of the six-minute walk test in prescribing walking intensity in lung transplant candidates**  
*Students:* Keith Mcquade, Carly Longmuir, Laura Shaver, Alexandra Caramete  
*Advisors:* Lisa Wickerson, Denise Helm, Sunita Mathur  
*Site:* University Health Network, Toronto General Hospital

Group 19: **The impact of the BoneFit program on the knowledge attitudes and practices of Physiotherapists and Kinesiologists related to fracture and osteoporosis**  
*Students:* Lily Cheng, Diana Hatzoglou, Ellie Karkouti  
*Advisors:* Cathy Evans, Ravi Jain, Judi Laprade, Lora Giangregorio  
*Site:* Osteoporosis Canada
HONOURS AND AWARDS

CONVOCATION

The awards celebration was held on November 8th in the McLeod Auditorium at the Medical Sciences Building, University of Toronto. Included are some photos and a list of the award winners.

Canadian Physiotherapy Association Award
Recipient: Gargi Nanavaty

Canadian Physiotherapy Association – Paediatric Division Award
Recipient: Ceilidh-Anne Kinlin

Molly Verrier Award
Recipient: Tiffaney Marlow

C. Estelle Cunningham Book Prize
Recipient: Tara Cameron

Heart and Breath of Physical Therapy Award
Recipient: Rachelle Ryan

Central Toronto District - OPA Award
Recipient: Tiffaney Marlow

Breathe in Life Research Poster Award
Recipients: Kathy Mach, Heather Preston, Ashley Shelswell, Tova Steinfeld, Julia Teskey

PT Health Prize for Excellence in Student Research
Recipients: Caitlin Mcarthur, Surabhi Venkatesh, Danielle Warren, Tanya Doerr, Daniel Pringle

Herta Leyss Scholarship in Physical Therapy
Recipient: Sarah Nichol

Carlos Melendez Memorial Award
Recipient: Ceilidh-Anne Kinlin

Goldie Lewis Award
Recipient: Tara Cameron

Hospital for Sick Children Prize in Paediatrics
Recipient: Ryan Ireland

Kathryn A Falconer Memorial Book Prize
Recipient: Christopher Burnie

Mountain Challenge Award
Recipient: Anthony Nakhle

Physical Therapy/Occupational Therapy Alumni Association Award
Recipient: Dan Pringle
Mount Sinai Hospital Book Award
Recipient: Carrie Lugg

Mary N. Sauriol Business Practice Prize
Recipient: Tova Steinfeld

Toronto Cathay Lions Club Scholarship
Recipient: Caitlin Mcarthur

CIHR Health Professional Student Research Award
Recipient: Dennis Riley Louie

St. Michael’s Hospital Trauma Physiotherapy Award
Recipients: Anthony Nakhle & Alison Lackey

University Health Network Book Prize
Recipient: Tiffaney Marlow

Olive Wallace Pester Fellowship in Physical Therapy
Recipients: Caitlin Mcarthur & Adria Quigley

Cardiorespiratory Division Student Award
Recipients: Rachelle Ryan and Laura Desveaux

Dr. Barnett & Beverley Giblon Award of Excellence in Physical Therapy
Recipient: Dennis Riley Louie

PUBLICATIONS


COURSES/PRESENTATIONS/EVENTS

Professor Molly Verrier
retired from her roles within the Rehab Sciences Sector, January 1st, 2012.

Please Join Us
for a Retirement Celebration in Molly’s honour

Tuesday, February 7th, 2012
3:00pm – 5:00pm

The University Club, 380 University Avenue, The Main Lounge

Tributes; Wine and Cheese Reception

RSVP by January 30th: pt.reception@utoronto.ca
For more information: 416-978-2769
### REHAB ROUNDS – UPCOMING DATES: JANUARY – JUNE, 2012

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<th>Date</th>
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| February 2\(^{nd}\) 12:00 – 1:00 | **Michael Carter**  
Professor, University of Toronto | 140      |
| March 1\(^{st}\) 12:00 – 1:00  | **Dipti Purbhoo and Jamie Arthur**  
Toronto Central Community Care Access Centre | 140      |
| April 5\(^{th}\) 12:00 – 1:00 | **Sara McEwen**  
Research Scientist, St. John’s Rehabilitation Hospital | 140      |
| May 3\(^{rd}\) 12:00 – 1:00 | **Elizabeth Hannah**  
Interprofessional Education Specialist, Bridgepoint Health | 140      |
| June 7\(^{th}\) 12:00 – 1:00 | **Alison Novak**  
Post doctoral Fellow, Toronto Rehabilitation Institute | 140      |

### GRADUATE DEPARTMENT OF REHABILITATION SCIENCES REHABILITATION RESEARCH PRESENTATIONS

**September 2011- December 2011**  
**Time:** Thursdays, 3:00 to 5:00 pm  
**Location:** Rehab Science Building 500 University Avenue

Course Faculty Professors: Dina Brooks and Katherine Berg  
Tel: (416) 978-0173 (Berg) and (416) 978-1739 (Brooks)  
Email: katherine.berg@utoronto.ca or dina.brooks@utoronto.ca

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<th>Date and Room</th>
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| Jan. 26th Rm 132 | **Anna Tang** - Understanding 'return to full participation' patterns 12 months after total hip or knee replacement  
**Isabella Cheng** - Adapting the Cognitive Orientation to daily Occupational Performance (CO-OP) approach to provide caregivers a global cognitive strategy to care for persons with dementia |
| Feb. 9th Rm 132 | **Polyana Mendes** - Validity and reliability of quantitative ultrasound to evaluate muscle atrophy in recipients of lung transplants  
**Kira Pattison** - Contextual factors influencing rehabilitation providers' use of standardized measures of walking capacity post-stroke across the care continuum  
**Kristina Wakimoto** - The development and assessment of an innovative clinical anatomy program for Physical Medicine and Rehabilitation residency training |
| Feb. 23rd Rm 132 | **Nicole Durham**: Threat-Related Effects in Spoken Language Following a Traumatic Brain Injury  
**Namita Multani**: T-RES: Test for Recognition of Emotions in Speech - Effects of healthy and non-healthy aging |
March 8th  
Rm 132  
**Andrew Centen** - Quantifying kinematic characteristics of upper limb spasticity in sub-acute stroke survivors using robotic assessment

**Shaun Cleaver** - Understanding the Rehabilitation Needs of Persons with Disabilities: Community-Based Participatory Research to Improve Services in Lusaka, Zambia.

March 22nd  
Rm 132  
**Maragret Reaume**. Measuring functional motor impairments in children with primary central nervous system vasculitis.

**Phillippe D’Onofrio**. The Integrated Effects of Physical Exercise and the Focal Adhesion Kinase Pathway on Adult Mammalian Central Nervous System Neuron Apoptosis

**Meghan Lysko**. The Integrated Effects of Physical Exercise and Telomere Dynamics on Adult Mammalian Central Nervous System Neuron Apoptosis

April 5th  
Rm 132  
**Julie Vaughan-Graham**: Understanding the Clinical Reasoning, Content and Client Perspectives of Neurological Rehabilitation using the Bobath concept.

**Adam Jongsma**. The role of spasticity and hypertonicity on asymmetric gait post-stroke

April 19th  
Rm 132  
**Jennillee Carlyle**. Quantifying the effectiveness of Botulinum Toxin A in reducing elbow flexor spasticity in stroke patients.

**Margot McMain-Klein**- Logged In or Logged Out: The Experiences of Severely Disabled Youth in Online Social Worlds

**Laura Desveaux**- Evaluating the Effectiveness and Application of an Integrated Secondary Prevention Strategy for Individuals with Chronic Disease

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**THE TORONTO LAUNCH OF THE 1ST WHO/WORLD BANK WORLD REPORT ON DISABILITY**

**Date:** January 27th, 12 – 2pm

**Co-hosts:**
International Centre for Disability and Rehabilitation, Canadian Network on Disability and Development, the University of Toronto Comparative Program on Health and Society

**Location:**
University of Toronto, Munk School of Global Affairs, Vivian and David Campbell Conference Facility, 1 Devonshire Place, Toronto

**To attend, please register at:**
http://www.munk.utoronto.ca/EventDetails.aspx?eventid=11608

**Hold the Date:**
**U OF T REHABILITATION SECTOR RESEARCH DAY ON MAY 2ND 2012**

We are pleased to announce that the 4th edition of the University of Toronto Rehabilitation Sector Research Day will take place on Wednesday, May 2nd 2012. As in previous years, we are looking
forward to an exciting day that showcases research and clinical education in the Rehabilitation Sciences Sector. Please hold the date in your calendar.

All students, clinical educators, staff, faculty, researchers, affiliates as well as members of the general public are cordially invited to join us for Rehabilitation Sector Research Day. The event is free. We will send more information about the planned activities, registration and abstract submission in due course. The program for the Rehabilitation Sector Research Day will also be posted on the sector website at http://www.rehab.utoronto.ca/rindex.htm

For more information, please contact:
Rehabilitation Sciences Sector at rehabsector.reception@utoronto.ca

CENTRE FOR FACULTY DEVELOPMENT WINTER WORKSHOPS

The Centre for Faculty Development is pleased to announce the schedule for their Winter workshop series.

To view upcoming workshop and to register, please go to:
http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html

For more information, contact Jackie McCaffrey, Project Coordinator at:
mccaffreyj@smh.toronto.on.ca  (416) 864-6060 x6546

HEALTH, ARTS AND HUMANITIES PROGRAM

The University of Toronto has a new program linking scholars from arts and humanities disciplines with those from clinical backgrounds. It's called the "Health, Arts and Humanities Program". For more information on their mandate and on upcoming interprofessional seminars, workshops and meetings, please go to:

www.health-humanities.com

All are welcome!

NON-UNIVERSITY OF TORONTO COURSES/EVENTS: The following courses/events are from outside the University of Toronto, and are not being promoted by the Department of Physical Therapy.

OCAD U'S FACULTY OF DESIGN SPEAKER SERIES

Judith Heumann: "Changing Society: The Power of Inclusive Thinking"
Date: Thursday, January 19, 6:30 p.m.

Judith Heumann is the Special Advisor for International Disability Rights at the U.S. Department of State, and will give her free public talk "Changing Society: The Power of Inclusive Thinking" as part of the Faculty of Design speaker series.

Location: OCAD University - Auditorium, 100 McCaul Street
For more information: 416-977-6000  http://www.ocadu.ca/
All are welcome to attend. Please register for tickets (free).
BONEFIT ADVANCED WORKSHOPS
For Physical Therapists and Kinesiologists

Dates:
January 21-22, 2012: Waterloo
February 11-12: Kingston

Do you work with osteoporosis patients?

Two days hands on interactive practical learning from expert instructors to ensure mastery of exercises and concepts. Learn the most recent evidence based recommendations for prescribing exercises aimed at reducing future fractures and bone loss as well as safety adapting exercises, pilates, and ADLs.

For more information: www.bonefit.ca

10TH STROKE REHAB SYMPOSIUM - GETTING THE MESSAGE: IMPROVING COMMUNICATION IN STROKE CARE

Date: January 27th, 2011

Location: Hyatt Regency Toronto, 370 King Street West

For More Information:
Phone: 416-597-3422 ext. 3693
Email: conferences@torontorehab.on.ca
Web: http://www.torontorehab.com/events/strokesymposium

TREATMENT AND MANAGEMENT OF THE HEMIPLEGIC SHOULDER AND UPPER LIMB

Dates: January 27-29, 2012

Location: Windsor

Instructors: Julie Vaughan-Graham PT, MSc

Cost:
CPA/CAOT members $565.00
Non-members $662.00

Course Description:
This course is an introductory level course to expose the course participant to the treatment and management of the hemiplegic upper limb based on the principles of the Contemporary Bobath Concept and an understanding of human movement. The course will consist of lectures, patient demonstrations and practical sessions. The following topics will be explored and discussed:

Contact: info@cbiaorg.com or visit www.bobathcanada.com for further details and registration
MILD TRAUMATIC BRAIN INJURY CONFERENCE: CHALLENGES AND CONTROVERSIES IN DIAGNOSIS

Date: February 10, 2012

Location: Hyatt Regency Toronto, 370 King Street West

For More Information:
Phone: 416-597-3422 ext. 3693
Email: conferences@torontorehab.on.ca
Web: http://www.torontorehab.com/Events

ANNUAL CHRONIC PAIN REFRESHER COURSE

The Canadian Pain Society’s Education Special Interest Group is pleased to announce its 4th annual Chronic Pain Refresher Course to be held in Toronto. This course has been designed to provide the attendee with case-based scenarios and solutions that can be applied to your everyday practice. Expert Faculty is drawn from across Canada and will deliver up-to-the-minute information, solutions and theories on Low Back Pain, Neuropathic Pain and Fibromyalgia.

Date: February 24, 25 and 26, 2012

New this year! Half day symposium on Complementary and Alternative Medicine – a must attend event with live demonstrations and core elements presented!

Online registration is open at: https://www.peopleware.net/secure/index.cfm?siteCode=2182g&&siteID=855

For any questions, please contact: Ellen Maracle-Benton, Events In Sync, Inc.
T: 905-404-9545  F: 905-404-3727  ellen@eventsinsync.com

HEALTH CARE WORKER/PTA/SUPPORT PERSONNEL


Location: Parkwood Hospital, London

Instructors: Julie Vaughan-Graham PT, MSc;
Assistant Instructors: Margaret Hall PT and Kate Hepburn PT

Cost: $395.50 (HST included)

Course Description:
The course will include lectures, patient demonstration sessions, and human movement practical sessions. Course participants will have the opportunity to practice handling techniques on each other during the practical sessions.

Contact: info@cbiaorg.com or visit www.bobathcanada.com for further details and registration
TREATMENT AND MANAGEMENT OF THE HEMIPLEGIC SHOULDER AND UPPER LIMB

Dates: Feb 27-29, 2012

Location: Parkwood Hospital, London

Instructors: Libby Swain PT, MA and Julie Vaughan-Graham PT, MSc

Cost:
CPA/CAOT members $565.00
Non-members $662.00

Course Description:
This course is an introductory level course to expose the course participant to the treatment and management of the hemiplegic upper limb based on the principles of the Contemporary Bobath Concept and an understanding of human movement. The course will consist of lectures, patient demonstrations and practical sessions.

Contact: info@cbiaorg.com or visit www.bobathcanada.com for further details and registration

CANCER REHABILITATION: OVERVIEW OF FUNCTIONAL PROBLEMS IN PATIENTS WITH CANCER AND IMPLICATIONS FOR REHABILITATION INTERVENTIONS

Presented by: Sunnybrook Health Sciences Centre and the Oncology Division of CPA

Survival rates for all types of cancers continue to improve which means more people are living with the effects of the disease and the treatments. This three-day course will take you through cancer pathology and medical treatments, and what rehabilitation professionals need to know to maximize their interventions with this patient population. This course will be of benefit to rehabilitation professionals working in the private or public health care sectors.

Dates: March 30, 31, April 1, 2012

Location: Sunnybrook Hospital

Fees:
Oncology Division member $475
CPA members $525
Non Members $600

Contact: Oncology Division at education@oncologydivision.ca

A link for further information and registration can be found at: http://www.oncologydivision.ca/education.html

MANUAL EDEMA MOBILIZATION FOR SUB-ACUTE ARM/HAND EDEMA

Date: April 14-15, 2012

Location: Royal Victoria Hospital, 201 Georgian Drive, 3rd Floor Auditorium, Barrie

Course Objectives:
- Discuss anatomy and physiology of the lymphatic system
- List types and stages of edema and how to treat them
• Describe clinical rationale for how and when to use MEM for patients with sub-acute chronic persistent edema
• Practice manual edema mobilization including MEM “Pump Point’ stimulation and compression techniques for orthopedic, sub-acute post-surgical hand/arm and stroke hand/arm edema
• Devise short MEM treatment programs

For more Information: Rebecca Bloor: bloorr@rvh.on.ca (705) 728-9090 ext. 42620

MS REHABILITATION SYMPOSIUM

Date: April 16, 2012

Location: Hyatt Regency Toronto, 370 King Street West

For More Information:
Phone: 416-597-3422 ext. 3693

Email: conferences@torontorehab.on.ca
Web: http://www.torontorehab.com/Events

CARDIORESPIRATORY PHYSICAL THERAPY AND EARLY MOBILITY SKILLS IN ACUTE CARE

Sponsored by the Physical Therapy Cardiorespiratory Team, Toronto General Hospital

Date: Saturday, April 21 and Sunday, April 22, 2012

The two-day course is designed for graduate physical therapists & students who wish to establish & improve physiotherapy skills using evidence based practice approach with Cardiorespiratory patients.

The program will review assessment techniques for the acute Cardiorespiratory patient through didactic and small group sessions. Oxygen Therapy and Early Safe Mobility for the Critical Care Patient will be reviewed in both lecture and lab format.

For Information Contact:
Sherry Harburn or Therese Hawn – (416) 340-4800 ext. 4432 or sherry.harburn@uhn.on.ca or therese.hawn@uhn.on.ca  Tel: (416) 340-3905

5TH NATIONAL SPINAL CORD INJURY CONFERENCE:
TRANSLATING NEURAL ENGINEERING AND NOVEL THERAPIES

Date: October 18-20, 2012

Location: Hilton Toronto, 145 Richmond Street West (Oct 18th preconference at Toronto Rehab’s Lyndhurst Centre)

For More Information:
Phone: 416-597-3422 ext. 3693
Email: conferences@torontorehab.on.ca
Web: www.sciconference.ca
OTHER NEWS

REHAB SCIENCES SPACE AVAILABLE FOR RENT!

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small ‘break out” rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, www.rehab.utoronto.ca.

For availability and rates, please contact Rehab Sciences at: 416-946-8554
Email: rehabsector.reception@utoronto.ca.

About PT Link

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Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the 15th of each month in Word format to Cindy Mallory at pt.link@utoronto.ca