



Physical Therapy  
UNIVERSITY OF TORONTO  
**PT LINK NEWSLETTER**

January 2012: Volume 7, Number 1

[www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

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MESSAGE FROM THE CHAIR



Happy New Year to everyone! 2012 promises to be another exciting year for the Department. We are very pleased to report that the Department of Physical Therapy, University of Toronto is now the official host of the **Ontario Internationally Educated Physiotherapy Bridging Program!** The contract with the Ministry of Citizenship and Immigration has been signed and we are moving very quickly into the delivery phase. For Program details please refer to:

<http://www.physicaltherapy.utoronto.ca/events/iept.htm>. We are in the process of developing position descriptions for Program Manager, Program

Administrative Assistant and Clinical Education and Mentorship Coordinator. We will distribute the position descriptions as soon as they are available. Student Admission Assessment days are tentatively scheduled for February 11 and March 2. If you are interested in participating as an Assessor, or have any questions about the program, please contact Sharon Switzer-McIntyre, the Bridging Program Director at [s.switzer.mcintyre@utoronto.ca](mailto:s.switzer.mcintyre@utoronto.ca) or 416-946-3591. We will be connecting with all faculty in the very near future regarding the Curricular Framework and highlight the opportunities to become involved in the Program.

Following are some important **faculty announcements!**

**Professor Molly Verrier** retired from her roles within the Rehabilitation Sciences Sector on January 1<sup>st</sup>. Professor Verrier has been an integral part of physical therapy at the University of Toronto since 1978. Her leadership from 1989 to 2004 was key to many major accomplishments including the attainment of departmental status, the acquisition of our new building and the transition from a B.Sc.PT to a M.Sc (PT). For the past five years, she has been Director of Distributed Rehabilitation Sciences Education for the Sector. Molly was instrumental in the development of the Graduate Department of Rehabilitation Sciences (GDRS), taking on the position of Chair from 1995 to 2004. Molly has been a visionary and as such greatly contributed to the profession through her leadership roles in numerous committees and mentorship of students, she has also been an innovative and important researcher in the field of spinal cord injury. We wish Molly much success and happiness as she begins this exciting new phase of her life!



There will be a **celebration of Molly's exceptional career on February 7th**, from 3-5pm at the University Club. We hope you can join us! (*For more information, please see 'events' below.*)

A **search has been approved** for a new Assistant or Associate Professor, Tenure Stream, in the field of neuro-rehabilitation. The advertisement will be posted shortly via several venues, including the University of Toronto faculty postings website.

This month faculty members have taken on three new roles. **Kelly O'Brien**, as previously advised, accepted a new role as Assistant Professor -Tenure Stream and officially started January 1<sup>st</sup>. **Josh Williams** and **Meredith Smith** have become our new Unit 5 Co-coordinators (we have highlighted them in the 'Department' section below). **Brenda Mori** has also returned from her maternity leave, returning to her position of Director Clinical Education and Community Affairs.

Thank you and best wishes for a wonderful 2012!



Katherine Berg  
Executive Chair, Rehabilitation Sciences Sector

## PT PROFILES

### PULMONARY REHAB PROGRAM AT CREDIT VALLEY HOSPITAL

*By Jeanene Luckhart PT, Credit Valley Hospital*

Credit Valley Hospital in Mississauga started its long awaited Pulmonary Rehab Program (PReP) on World COPD Day, November 15th 2006. In the past five years it has gone through a number of transformations but the one constant has been the involvement of an interprofessional team committed to the welfare and success of our more than 250 graduates and participants.



#### ***Who is part of the PReP team?***

Our interprofessional team consists of a Respiratory Therapist (RT) who is the full time coordinator, Physiotherapist (PT), Occupational Therapist (OT), Social Worker, Registered Dietician and Kinesiologists. Also involved are our local Respirologists, Family Physicians and of course the patient.

#### ***What patient populations are seen?***

Participants include patients with a diagnosis of COPD, bronchiectasis, Interstitial Pulmonary Fibrosis (IPF) and other restrictive lung diseases, as well as the occasional patient post long term ventilation. We are also the exercise site for our patients awaiting lung transplantation. All patients admitted through our Emergency Department with a diagnosis of AE (Acute Exacerbation) COPD are seen by either RT or PT COPD educators for an initial consult and education. They can then be directly referred to the program if needed or receive additional education if not appropriate for the full program.

#### ***How is PReP structured?***

Patients are either referred by their Respirologist, Family Physician, or by in-patient referral. The program consists of both an education and exercise component. Initial assessments and follow up appointments are completed by the RT and PT. The exercise component is run by RT, PT and

Kinesiologists, while all disciplines are involved in the education component. Patients can also access any of the professions individually as required.

There are two sessions which run simultaneously twice a day on Tuesday and Thursday afternoons for 10 weeks. Our patients receive 90 minutes of exercise and 60 minutes of education at each attendance. We average up to 15 patients at each session and their average attendance for the whole program is over 90%! The exercise component consists of a 30 minute warm up including upper body exercises, stretching, balance and breathing exercises. This is followed by 40 minutes of endurance training using a treadmill, bike, Nu-Step, and/or elliptical trainer. Next is 20 minutes of strengthening for the upper and lower extremities using weights and bands, ending with a cool down period.

***What follow up is involved?***

In order to promote independence and maintenance after PReP, our patients are encouraged to continue their exercise at least twice more each week during the program, and at week 5 they begin to formulate their maintenance plan. To support our patients in their journey we have partnered with a local community centre to develop a Pulmonary Specific Program. Staff at the community centre has received education through Credit Valley and beginning October 25th we will be able to refer our patients to this community program facilitating a seamless transition to a healthy lifestyle.

We use a number of outcome measures including The 6 minute walk test (6MWT); Timed Up and Go (TUG); sit to stand x5; Chronic Respiratory Questionnaire (CRQ) and Hospital Anxiety and Depression Scale (HADS). Follow up appointments occur post program including a 1 month phone follow up, and reassessment of outcome measures at 3, 6 and 12 months.

Pulmonary Rehab at Credit Valley, although fairly new, is a dynamic, patient centered, interprofessional program which, through evaluation, is proving to enhance the lives of many in our community.

For further information about our program please contact [jluckhart@cvh.on.ca](mailto:jluckhart@cvh.on.ca)

## **DEPARTMENT NEWS**

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***REMINDER!***

**DEPARTMENT OF PHYSICAL THERAPY AWARDS CEREMONY**

The **Department of Physical Therapy Awards Ceremony** will take place on **Thursday January 19th 2012 from 12:00-1:00 pm in the Mount Sinai Auditorium (600 University Avenue, 18th Floor), Toronto**. The Department of Physical Therapy acknowledges individuals who have provided great learning environments, guidance, supervision, or have been inspirational to the physical therapy students (Recognition Awards) and individuals who have made exceptional longstanding contributions to the Physical Therapy profession (Exceptional Achievement Awards).

***If you would still like to attend tomorrow, please contact Cindy Mallory at [pt.chair@utoronto.ca](mailto:pt.chair@utoronto.ca) or call 416-978-2769.***

***Lunch will be available at 11:30am. We look forward to seeing you at the event!***

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CALL FOR NEW STATUS-ONLY AND ADJUNCT APPOINTMENT APPLICATIONS!

**February 29<sup>th</sup> Deadline!**

The Department of Physical Therapy, Department of Occupational Science and Occupational Therapy and the Department of Speech-Language Pathology are currently accepting applications for Status-Only and Adjunct Appointments for the term beginning **July 1, 2012**.

If you are interested in applying, please visit our website at <http://www.rehab.utoronto.ca/StatusOnly/> Please note that late applications will **NOT** be considered.

Should you have any questions, please refer to the "2012 Status-Only and Adjunct Guidelines" provided on the website or contact **Anmarie Riley** at the applicable email address listed below:

**Physical Therapy:** [pt.statusappt@utoronto.ca](mailto:pt.statusappt@utoronto.ca)

**Occupational Science and Occupational Therapy:** [ot.statusappt@utoronto.ca](mailto:ot.statusappt@utoronto.ca)

**Speech-Language Pathology:** [slp.statusappt@utoronto.ca](mailto:slp.statusappt@utoronto.ca)

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TWO NEW UNIT 5 CO-COORDINATORS FOR THE DEPARTMENT!

The Department is pleased to welcome Meredith Smith and Josh Williams as our two new Unit 5 Co-Coordinator.



**Josh Williams**

Since 2007 Josh has worked at Toronto Rehabilitation Institute in numerous roles, including as a physical therapist in the Spinal Cord Rehab program and Corporate Professional Leader for Physiotherapy. His most recent role has been as a Patient Flow Coordinator between the Neurosciences Program at Toronto Western Hospital and the Neuro and Spinal Cord Rehab Programs at Toronto Rehab, assisting teams at both facilities to transition patients quickly to the most appropriate programs. He graduated from the MSc PT program at U of T in 2005. Josh also acts as a director on the board of the Ontario Physiotherapy Association.



**Meredith Smith**

Meredith has been with the Department since March 2011 as she has just completed her role as Acting Academic Coordinator of Clinical Education. She had taken on this role to cover the maternity leave of Brenda Mori. Prior to this, Meredith worked as a Physiotherapist with Bridgepoint Health, and has also worked at Toronto Western Hospital. She has taught numerous students over the past nine years. Meredith graduated with a Masters in PT from UofT in 2003.

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BOOK ABOUT THE UNIVERSITY OF TORONTO PHYSICAL THERAPY HISTORY  
*"MOVING TOGETHER: PHYSICAL THERAPY AND THE UNIVERSITY OF TORONTO"*

This book is about those who started the education of physiotherapists at Hart House during World War I in 1916 and who created Canada's first university-based course in Physiotherapy at

the University of Toronto. You can read about the Department's evolution from a "Two-year Diploma Course" in 1929 to the present course which leads to a Master of Science degree. This amazing progression is exciting reading!

**Special Price: \$20.00**

Available at the PT Department Reception desk: (416) 946-8641 [pt.reception@utoronto.ca](mailto:pt.reception@utoronto.ca)

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**COMMITTEE VOLUNTEERS**

An opportunity exists to participate as a member of the University of Toronto, Department of Physical Therapy Continuing Education and Professional Development Committee (CPDC).

This committee meets six times a year to initiate and organize continuing education and professional development activities, which promote lifelong learning relevant to Physical Therapists and rehabilitation.

If you are interested in learning more about participating on this committee, please contact Cathy Evans 416-978-2768 or [cathy.evans@utoronto.ca](mailto:cathy.evans@utoronto.ca)

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**WE NEED YOUR FEEDBACK!**

We are looking for your input regarding potential Department of Physical Therapy, Continuing Education Courses!

The University of Toronto, Department of Physical Therapy, Continuing Education and Professional Development Committee would like your help in determining which topic/course would be of most interest to the PT clinical community for Spring of 2012. Your assistance by completing the brief (1-2 minute) survey will be most appreciated!

<http://www.surveymonkey.com/s/FMD9ZX6>

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**LOOKING FOR VOLUNTEERS FOR 'IMAGINE'**

Beginning in January 2012, IMAGINE (Interprofessional Medical and Allied Groups Improving Neighborhood Environments), a student-run interprofessional clinic, included physiotherapy (PT) as part of our interprofessional student team (currently medicine, nursing, social work and pharmacy) to create a team of five students and five preceptors from corresponding faculties to care for our clients.

IMAGINE was initiated in 2007 by the Community Affairs portfolio of Medical Society, University of Toronto in collaboration with the University of Toronto Office of Health Professions Student Affairs. It was created as a noncurricular volunteer-based initiative to create opportunities for civic engagement and interprofessional education. Partnerships were formed with community organizations that worked with marginalized populations and had facilities at which a student clinic could be established.

Treatment includes addressing a variety of conditions including sprains and muscle injuries, counseling on sleep posture, helping manage chronic pain, and foot care. The time commitment is approximately six hours on only one Saturday (9:00AM-3:00PM) between the dates Jan 14-April 21 (preceptors may wish to volunteer for more than one Saturday if desired). After receiving an orientation package and a brief on-site orientation on their volunteer date, the PT preceptor will



mentor and supervise the PT student and together with the student come up with a plan and deliver care to the client as necessary.

Preceptors will also participate in the debrief at the end of the Clinic (Clinic day is from 10-2) with the whole team on the clients of the day, how care for the patients can be improved, and how the running of the Clinic can be improved. As Jan 2012 will be the start of PT's integration into the IMAGINE Clinic, preceptors in this term will also have the opportunity to help define the role and scope of care PT will deliver as part of an interprofessional team providing drop-in primary care services to the under-housed population.

Thank you once again for your support!

**For more information and to sign up, please contact:** Physical Therapy Representative for IMAGINE: Christian Frances [christian.francis@utoronto.ca](mailto:christian.francis@utoronto.ca)

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## RESEARCH AND PROGRAM EVALUATION FOR PHYSICAL THERAPY PRACTICE PROJECTS 2011-2012 (UNITS 6, 10 AND 12)

Congratulations to the second year MScPT students who recently presented their research protocols in the introductory research unit (Unit 6) of the MScPT research curriculum. Thank you to all the advisors for supervising the projects this year. We look forward to seeing these projects unfold in the upcoming year.

**Group 1: A new model of assessment in balance, mobility and fall risk after stroke: perspectives of physical therapists and patients**

*Students:* Christina Tirone, Hina Jawed, Bethany Lamb, Patricia Pak

*Advisors:* Liz Inness, Avril Mansfield, Karen Brunton, Mandy Lowe, Cheryl Cott

*Site:* Toronto Rehabilitation Institute

**Group 2: Advocates and advocacy: Advancing understanding of the “advocate” role for physical therapy departments in Canadian universities**

*Students:* Michaela McGuire, Jane Yu, Kerriane Kelland, Erica Hoe

*Advisors:* Stephanie Nixon, Angie Andreoli

*Site:* Department of Physical Therapy, University of Toronto

**Group 3: Assessment of professional behaviors in PSEs using specific item evaluation and global ratings scales**

*Students:* Lindsay Bays, Kaitlin Turner, Maegan Bell, Clara Oi Yan Lai, Carmen Lau

*Advisors:* Cathy Evans, Robyn Davies

*Site:* Department of Physical Therapy, University of Toronto

**Group 4: Attitudes and comfort of occupational therapy and physical therapy students working with persons with intellectual disabilities**

*Students:* Katherine Anselm, Anna Staruszkiewicz, Kristin Burton, Kayla Vermeltfoort, Alma Badnjevic

*Advisors:* Rob Balogh, Euson Yeung, Sharon Switzer-McIntyre

*Site:* Department of Physical Therapy, University of Toronto

- Group 5: Balance capacity and mobility of children with unilateral lower-limb amputations - a pilot study**  
*Students:* Peggy-Rae Carswell, Marlene Luis, Emma Feick, Melissa Corbin  
*Advisors:* Jan Andrysek, Ricardo Torres-Moreno, Shirlene Campbell, Sue Klejman, Nancy Salbach  
*Site:* Holland Bloorview Kids Rehabilitation Hospital
- Group 6: Evaluate Function and Mobility clinic model of care at Princess Margaret Hospital**  
*Students:* Katherine Beatty, Elizabeth Udler, Emma Armstrong, Sarah Mecredy, Jennifer Ferneyhough  
*Advisors:* Aleksandra Chafranskaia, Stephanie Phan, Jennifer Jones, Cheryl Cott  
*Site:* University Health Network, Princess Margaret Hospital
- Group 7: Testing comprehensibility of an educational booklet on soft tissue healing for patients with musculoskeletal conditions**  
*Students:* Erin Fergusson, Phillip Genesis, Sarah Schwartz, Sarah Hill  
*Advisors:* Pat Fox, Gina Peixoto, Ros Crooks, Maureen Riley, Melissa Heidebrecht, Karen Yoshida  
*Site:* St. Michael's Hospital
- Group 8: Feasibility evaluation of a centre wide mobility goal setting initiative**  
*Students:* Talia Magder, Alyson Orwell, Laura Agar, Anna Glistvain  
*Advisors:* Maria Huijbregts, Debbie Mendelson, Steve Wong, Gary Naglie, Barbara Gibson  
*Site:* Baycrest Centre for Geriatric Care
- Group 9: Measuring advanced motor skills in children with an acquired brain injury: further evaluation of the ABI Challenge Assessment**  
*Students:* Sarah Chung, Rachel Wong, Leo Pak Yin Wan, Jessica McEwan, Damion Finlayson  
*Advisors:* Virginia Wright, Gail Kirkwood, Nancy Salbach  
*Site:* Holland Bloorview Kids Rehabilitation Hospital
- Group 10: Oxygen Titration – The preliminary development of a clinical decision making tool for Physiotherapists**  
*Students:* Deepti Singh, Michelle Duong, Kendra Bertin, Nolla Timmins, Renee Henry  
*Advisors:* Cindy Ellerton, Dina Brooks, Sunita Mathur  
*Site:* Department of Physical Therapy, University of Toronto
- Group 11: Parenting needs of Disabled parents/guardians with their school age children (Grade 1- 12)**  
*Students:* Rebecca West, Susan Loi, Rebecca Wightman, Veleka Thelwell-Denton  
*Advisors:* Karen Yoshida, Nancy Barry, Sandra Carpenter  
*Site:* Centre for Independent Living in Toronto
- Group 12: Physiotherapists' opinions and attitudes towards masters or doctorate professional degrees: a national survey**  
*Students:* Scott Symonds, Erika Ugucconi, Christian Francis, Jessica Haldane, Yamini Mistry  
*Advisors:* Dina Brooks, Katherine Berg  
*Site:* Department of Physical Therapy, University of Toronto

**Group 13: Role of inpatient rehabilitation on functional recovery from cancer treatment: the patient perspective**

*Students:* Marlee Beallor, Daneilla Dimitri, Lindsay Scott, Sara Hollett, Katherine Dawson

*Advisors:* Sara McEwen, Katherine Berg

*Site:* St. John's Rehabilitation Hospital

**Group 14: The Balance Evaluation Systems Test: Responses in healthy Canadians**

*Students:* Ty Agha, Sachi O'Hoski, Bonnie Winship, Lauren Herridge

*Advisors:* Katie Sibley, Dina Brooks, Marla Beauchamp

*Site:* Toronto Rehabilitation Institute

**Group 15: The clinical instructor's perspective on assessing PT student clinical performance**

*Students:* Charlotte Anderson, Dalyce Lees, Meaghan Cosgrove, Gigi Chan

*Advisors:* Brenda Mori, Mark Hall, Barbara Gibson

*Site:* Department of Physical Therapy, University of Toronto

**Group 16: The impact of instructional method on the acquisition and retention of a self-paced, procedural motor skill using a video gaming system, in able bodied Adults**

*Students:* Christian Leyco, Andrea Sugarman, Stephanie Secord, James Campbell

*Advisors:* Sara McEwen, Vera Fung, Karl Zabjek

*Site:* Department of Physical Therapy, University of Toronto

**Group 17: Understanding "essential competencies" for Canadian physical therapists working in resource-poor countries**

*Students:* Christina Cassady, Carmen Chan, Julie Englehardt, Rehana Meru

*Advisors:* Stephanie Nixon, Michelle Fraser

*Site:* Department of Physical Therapy, University of Toronto

**Group 18: Utility of the six-minute walk test in prescribing walking intensity in lung transplant candidates**

*Students:* Keith Mcquade, Carly Longmuir, Laura Shaver, Alexandra Caramete

*Advisors:* Lisa Wickerson, Denise Helm, Sunita Mathur

*Site:* University Health Network, Toronto General Hospital

**Group 19: The impact of the BoneFit program on the knowledge attitudes and practices of Physiotherapists and Kinesiologists related to fracture and osteoporosis**

*Students:* Lily Cheng, Diana Hatzoglou, Ellie Karkouti

*Advisors:* Cathy Evans, Ravi Jain, Judi Laprade, Lora Giangregorio

*Site:* Osteoporosis Canada



## HONOURS AND AWARDS

### CONVOCATION

The awards celebration was held on November 8<sup>th</sup> in the McLeod Auditorium at the Medical Sciences Building, University of Toronto. Included are some photos and a list of the award winners.

Canadian Physiotherapy Association Award

**Recipient: Gargi Nanavaty**

Canadian Physiotherapy Association – Paediatric Division Award

**Recipient: Ceilidh-Anne Kinlin**

Molly Verrier Award

**Recipient: Tiffany Marlow**

C. Estelle Cunningham Book Prize

**Recipient: Tara Cameron**

Heart and Breath of Physical Therapy Award

**Recipient: Rachelle Ryan**

Central Toronto District - OPA Award

**Recipient: Tiffany Marlow**

Breathe in Life Research Poster Award

**Recipients: Kathy Mach, Heather Preston, Ashley Shelswell, Tova Steinfeld, Julia Teskey**

PT Health Prize for Excellence in Student Research

**Recipients: Caitlin McArthur, Surabhi Venkatesh, Danielle Warren, Tanya Doerr, Daniel Pringle**



*Lauren Dyck, Valedictorian*



*L to R: Ryan Ireland; Katie Dodington; Tara Cameron; Ashley Wright; Alyssa Canestraro; David Friesen*



*L to R: Cindy Ellerton; Ceilidh Anne Kinlin*

Herta Leyss Scholarship in Physical Therapy

**Recipient: Sarah Nichol**

Carlos Melendez Memorial Award

**Recipient: Ceilidh-Anne Kinlin**

Goldie Lewis Award

**Recipient: Tara Cameron**

Hospital for Sick Children Prize in Paediatrics

**Recipient: Ryan Ireland**

Kathryn A Falconer Memorial Book Prize

**Recipient: Christopher Burnie**

Mountain Challenge Award

**Recipient: Anthony Nakhle**

Physical Therapy/Occupational Therapy Alumni Association Award

**Recipient: Dan Pringle**



*L to R: Tony Nakhle; Diane Gasner*

Mount Sinai Hospital Book Award

**Recipient: Carrie Lugg**

Mary N. Sauriol Business Practice Prize

**Recipient: Tova Steinfeld**



*L to R: Nancy Salbach;  
Riley Louie*

Toronto Cathay Lions Club Scholarship

**Recipient: Caitlin McArthur**

CIHR Health Professional Student Research Award

**Recipient: Dennis Riley Louie**

St. Michael's Hospital Trauma Physiotherapy Award

**Recipients: Anthony Nakhle & Alison Lackey**

University Health Network Book Prize

**Recipient: Tiffaney Marlow**

Olive Wallace Pester Fellowship in Physical Therapy

**Recipients: Caitlin McArthur & Adria Quigley**

Cardiorespiratory Division Student Award

**Recipients: Rachelle Ryan and Laura Desveaux**

Dr. Barnett & Beverley Giblon Award of Excellence in Physical Therapy

**Recipient: Dennis Riley Louie**

## **PUBLICATIONS**

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**O'Brien KK**, Wilkins A, Zack E, Solomon P. Developing clinical practice guidelines in HIV rehabilitation: process recommendations and guiding principles. *AIDS Education and Prevention* October 2011; 23(5),457-468.

## **COURSES/PRESENTATIONS/EVENTS**

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**Professor Molly Verrier**

retired from her roles within the Rehab Sciences Sector, January 1<sup>st</sup>, 2012.

**Please Join Us**

for a Retirement Celebration in Molly's honour

**Tuesday, February 7<sup>th</sup>, 2012**

**3:00pm – 5:00pm**

**The University Club, 380 University Avenue, The Main Lounge**

**Tributes; Wine and Cheese Reception**

**RSVP by January 30<sup>th</sup>: [pt.reception@utoronto.ca](mailto:pt.reception@utoronto.ca)**

**For more information: 416-978-2769**

REHAB ROUNDS – UPCOMING DATES: JANUARY – JUNE, 2012

Date	Speaker	Location
February 2 <sup>nd</sup> 12:00 – 1:00	<b>Michael Carter</b> Professor, University of Toronto	140
March 1 <sup>st</sup> 12:00 – 1:00	<b>Dipti Purbhoo and Jamie Arthur</b> Toronto Central Community Care Access Centre	140
April 5 <sup>th</sup> 12:00 – 1:00	<b>Sara McEwen</b> Research Scientist, St. John's Rehabilitation Hospital	140
May 3 <sup>rd</sup> 12:00 – 1:00	<b>Elizabeth Hannah</b> Interprofessional Education Specialist, Bridgepoint Health	140
June 7 <sup>th</sup> 12:00 – 1:00	<b>Alison Novak</b> Post doctoral Fellow, Toronto Rehabilitation Institute	140

**GRADUATE DEPARTMENT OF REHABILITATION SCIENCES  
REHABILITATION RESEARCH PRESENTATIONS**

**September 2011- December 2011**

**Time:** Thursdays, 3:00 to 5:00 pm

**Location:** Rehab Science Building 500 University Avenue

Course Faculty Professors: Dina Brooks and Katherine Berg

Tel: (416) 978-0173 (Berg) and (416) 978-1739 (Brooks)

Email: [katherine.berg@utoronto.ca](mailto:katherine.berg@utoronto.ca) or [dina.brooks@utoronto.ca](mailto:dina.brooks@utoronto.ca)

Date and Room	Presenter and Topic
Jan. 26th Rm 132	<i>Anna Tang</i> - Understanding 'return to full participation' patterns 12 months after total hip or knee replacement  <i>Isabella Cheng</i> - Adapting the Cognitive Orientation to daily Occupational Performance (CO-OP) approach to provide caregivers a global cognitive strategy to care for persons with dementia
Feb. 9th Rm 132	<i>Polyana Mendes</i> - Validity and reliability of quantitative ultrasound to evaluate muscle atrophy in recipients of lung transplants  <i>Kira Pattison</i> - Contextual factors influencing rehabilitation providers' use of standardized measures of walking capacity post-stroke across the care continuum  <i>Kristina Wakimoto</i> - The development and assessment of an innovative clinical anatomy program for Physical Medicine and Rehabilitation residency training
Feb. 23rd Rm 132	<i>Nicole Durham</i> : Threat-Related Effects in Spoken Language Following a Traumatic Brain Injury  <i>Namita Multani</i> : T-RES: Test for Recognition of Emotions in Speech - Effects of healthy and non-healthy aging

- March 8th Rm 132 *Andrew Centen* - Quantifying kinematic characteristics of upper limb spasticity in sub-acute stroke survivors using robotic assessment
- Shaun Cleaver*- Understanding the Rehabilitation Needs of Persons with Disabilities: Community-Based Participatory Research to Improve Services in Lusaka, Zambia.
- March 22nd Rm 132 *Maragret Reaume*. Measuring functional motor impairments in children with primary central nervous system vasculitis.
- Phillippe D'Onofrio* . The Integrated Effects of Physical Exercise and the Focal Adhesion Kinase Pathway on Adult Mammalian Central Nervous System Neuron Apoptosis
- Meghan Lysko*. The Integrated Effects of Physical Exercise and Telomere Dynamics on Adult Mammalian Central Nervous System Neuron Apoptosis
- April 5th Rm 132 *Julie Vaughan-Graham*: Understanding the Clinical Reasoning, Content and Client Perspectives of Neurological Rehabilitation using the Bobath concept.
- Adam Jongsma*. The role of spasticity and hypertonicity on asymmetric gait post-stroke"
- April 19<sup>th</sup> Rm 132 *Jennillee Carlyle*. Quantifying the effectiveness of Botulinum Toxin A in reducing elbow flexor spasticity in stroke patients.
- Margot McMMain-Klein*- Logged In or Logged Out: The Experiences of Severely Disabled Youth in Online Social Worlds
- Laura Desveaux*- Evaluating the Effectiveness and Application of an Integrated Secondary Prevention Strategy for Individuals with Chronic Disease"

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THE TORONTO LAUNCH OF THE 1ST WHO/WORLD BANK  
WORLD REPORT ON DISABILITY

**Date: January 27th, 12 – 2pm**

**Co-hosts:**

International Centre for Disability and Rehabilitation, Canadian Network on Disability and Development, the University of Toronto Comparative Program on Health and Society

**Location:**

University of Toronto, Munk School of Global Affairs, Vivian and David Campbell Conference Facility, 1 Devonshire Place, Toronto

**To attend, please register at:**

**<http://www.munk.utoronto.ca/EventDetails.aspx?eventid=11608>**

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*Hold the Date:*

U OF T REHABILITATION SECTOR RESEARCH DAY ON MAY 2<sup>ND</sup> 2012

We are pleased to announce that the 4<sup>th</sup> edition of the University of Toronto Rehabilitation Sector Research Day will take place on Wednesday, May 2<sup>nd</sup> 2012. As in previous years, we are looking

forward to an exciting day that showcases research and clinical education in the Rehabilitation Sciences Sector. Please hold the date in your calendar.

All students, clinical educators, staff, faculty, researchers, affiliates as well as members of the general public are cordially invited to join us for Rehabilitation Sector Research Day. The event is free. We will send more information about the planned activities, registration and abstract submission in due course. The program for the Rehabilitation Sector Research Day will also be posted on the sector website at <http://www.rehab.utoronto.ca/rindex.htm>

**For more information, please contact:**  
**Rehabilitation Sciences Sector at [rehabsector.reception@utoronto.ca](mailto:rehabsector.reception@utoronto.ca)**

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#### CENTRE FOR FACULTY DEVELOPMENT WINTER WORKSHOPS

The Centre for Faculty Development is pleased to announce the schedule for their Winter workshop series.

To view upcoming workshop and to register, please go to:  
<http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html>

**For more information**, contact Jackie McCaffrey, Project Coordinator at:  
[mccaffreyj@smh.toronto.on.ca](mailto:mccaffreyj@smh.toronto.on.ca) (416) 864-6060 x6546

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#### HEALTH, ARTS AND HUMANITIES PROGRAM

The University of Toronto has a new program linking scholars from arts and humanities disciplines with those from clinical backgrounds. It's called the "Health, Arts and Humanities Program". For more information on their mandate and on upcoming interprofessional seminars, workshops and meetings, please go to:

[www.health-humanities.com](http://www.health-humanities.com)

*All are welcome!*

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***NON-UNIVERSITY OF TORONTO COURSES/EVENTS: The following courses/events are from outside the University of Toronto, and are not being promoted by the Department of Physical Therapy.***

#### OCAD U'S FACULTY OF DESIGN SPEAKER SERIES

**Judith Heumann: "Changing Society: The Power of Inclusive Thinking"**  
**Date: Thursday, January 19, 6:30 p.m.**

Judith Heumann is the Special Advisor for International Disability Rights at the U.S. Department of State, and will give her free public talk "Changing Society: The Power of Inclusive Thinking" as part of the Faculty of Design speaker series.

**Location:** OCAD University - Auditorium, 100 McCaul Street  
**For more information:** 416-977-6000 <http://www.ocadu.ca/>  
**All are welcome to attend. Please [register for tickets](#) (free).**

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**BONEFIT ADVANCED WORKSHOPS**  
For Physical Therapists and Kinesiologists

**Dates:**

**January 21-22, 2012: Waterloo**

**February 11-12: Kingston**

**Do you work with osteoporosis patients?**

Two days hands on interactive practical learning from expert instructors to ensure mastery of exercises and concepts. Learn the most recent evidence based recommendations for prescribing exercises aimed at reducing future fractures and bone loss as well as safety adapting exercises, pilates, and ADLs.

**For more information: [www.bonefit.ca](http://www.bonefit.ca)**

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**10TH STROKE REHAB SYMPOSIUM - GETTING THE MESSAGE: IMPROVING  
COMMUNICATION IN STROKE CARE**

**Date: January 27<sup>th</sup>, 2011**

**Location:** Hyatt Regency Toronto, 370 King Street West

**For More Information:**

Phone: 416-597-3422 ext. 3693

Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

Web: <http://www.torontorehab.com/events/strokesymposium>

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**TREATMENT AND MANAGEMENT OF THE HEMIPLEGIC  
SHOULDER AND UPPER LIMB**

**Dates:** January 27-29, 2012

**Location:** Windsor

**Instructors:** Julie Vaughan-Graham PT, MSc

**Cost:**

CPA/CAOT members \$565.00

Non-members \$662.00

**Course Description:**

This course is an introductory level course to expose the course participant to the treatment and management of the hemiplegic upper limb based on the principles of the Contemporary Bobath Concept and an understanding of human movement. The course will consist of lectures, patient demonstrations and practical sessions. The following topics will be explored and discussed:

**Contact:** [info@cbiaorg.com](mailto:info@cbiaorg.com) or visit [www.bobathcanada.com](http://www.bobathcanada.com) for further details and registration

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MILD TRAUMATIC BRAIN INJURY CONFERENCE:  
CHALLENGES AND CONTROVERSIES IN DIAGNOSIS

**Date: February 10, 2012**

**Location:** Hyatt Regency Toronto, 370 King Street West

**For More Information:**

Phone: 416-597-3422 ext. 3693

Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

Web: <http://www.torontorehab.com/Events>

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ANNUAL CHRONIC PAIN REFRESHER COURSE

The Canadian Pain Society's Education Special Interest Group is pleased to announce its 4<sup>th</sup> annual Chronic Pain Refresher Course to be held in Toronto. This course has been designed to provide the attendee with case-based scenarios and solutions that can be applied to your everyday practice. Expert Faculty is drawn from across Canada and will deliver up-to-the-minute information, solutions and theories on Low Back Pain, Neuropathic Pain and Fibromyalgia.

**Date: February 24, 25 and 26, 2012**

New this year! Half day symposium on Complementary and Alternative Medicine – *a must attend event* with live demonstrations and core elements presented!

**Online registration is open at:**

<https://www.peopleware.net/secure/index.cfm?siteCode=2182g&&siteID=855>

**For any questions, please contact:** Ellen Maracle-Benton, Events In Sync, Inc.  
T: 905-404-9545 F: 905-404-3727 [ellen@eventsinsync.com](mailto:ellen@eventsinsync.com)

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HEALTH CARE WORKER/PTA/SUPPORT PERSONNEL

**Dates: February 25-26, 2012**

**Location:** Parkwood Hospital, London

**Instructors:** Julie Vaughan-Graham PT, MSc;

Assistant Instructors: Margaret Hall PT and Kate Hepburn PT

**Cost:** \$395.50 (HST included)

**Course Description:**

The course will include lectures, patient demonstration sessions, and human movement practical sessions. Course participants will have the opportunity to practice handling techniques on each other during the practical sessions.

**Contact:** [info@cbiaorg.com](mailto:info@cbiaorg.com) or visit [www.bobathcanada.com](http://www.bobathcanada.com) for further details and registration

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TREATMENT AND MANAGEMENT OF THE HEMIPLEGIC SHOULDER AND UPPER LIMB

**Dates:** Feb 27-29, 2012

**Location:** Parkwood Hospital, London

**Instructors:** Libby Swain PT, MA and Julie Vaughan-Graham PT, MSc

**Cost:**

CPA/CAOT members \$565.00

Non-members \$662.00

**Course Description:**

This course is an introductory level course to expose the course participant to the treatment and management of the hemiplegic upper limb based on the principles of the Contemporary Bobath Concept and an understanding of human movement. The course will consist of lectures, patient demonstrations and practical sessions.

**Contact:** [info@cbiaorg.com](mailto:info@cbiaorg.com) or visit [www.bobathcanada.com](http://www.bobathcanada.com) for further details and registration

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CANCER REHABILITATION: OVERVIEW OF FUNCTIONAL PROBLEMS IN PATIENTS WITH CANCER AND IMPLICATIONS FOR REHABILITATION INTERVENTIONS

**Presented by:** Sunnybrook Health Sciences Centre and the Oncology Division of CPA

Survival rates for all types of cancers continue to improve which means more people are living with the effects of the disease and the treatments. This three-day course will take you through cancer pathology and medical treatments, and what rehabilitation professionals need to know to maximize their interventions with this patient population. This course will be of benefit to rehabilitation professionals working in the private or public health care sectors.

**Dates:** March 30, 31, April 1, 2012

**Location:** Sunnybrook Hospital

**Fees:**

Oncology Division member \$475

CPA members \$525

Non Members \$600

**Contact::** Oncology Division at [education@oncologydivision.ca](mailto:education@oncologydivision.ca)

**A link for further information and registration can be found at:**

**<http://www.oncologydivision.ca/education.html>**

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MANUAL EDEMA MOBILIZATION FOR SUB-ACUTE ARM/HAND EDEMA

**Date:** April 14-15, 2012

**Location:** Royal Victoria Hospital, 201 Georgian Drive, 3<sup>rd</sup> Floor Auditorium, Barrie

**Course Objectives:**

- Discuss anatomy and physiology of the lymphatic system
- List types and stages of edema and how to treat them

- Describe clinical rationale for how and when to use MEM for patients with sub-acute chronic persistent edema
- Practice manual edema mobilization including MEM “Pump Point” stimulation and compression techniques for orthopedic, sub-acute post-surgical hand/arm and stroke hand/arm edema
- Devise short MEM treatment programs

**For more Information:** Rebecca Bloor: [bloorr@rvh.on.ca](mailto:bloorr@rvh.on.ca) (705) 728-9090 ext. 42620

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#### MS REHABILITATION SYMPOSIUM

**Date: April 16, 2012**

**Location:** Hyatt Regency Toronto, 370 King Street West

**For More Information:**

Phone: 416-597-3422 ext. 3693

Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

Web: <http://www.torontorehab.com/Events>

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#### CARDIORESPIRATORY PHYSICAL THERAPY AND EARLY MOBILITY SKILLS IN ACUTE CARE

**Sponsored by the Physical Therapy Cardiorespiratory Team, Toronto General Hospital**

**Date: Saturday, April 21 and Sunday, April 22, 2012**

The two-day course is designed for graduate physical therapists & students who wish to establish & improve physiotherapy skills using evidence based practice approach with Cardiorespiratory patients.

The program will review assessment techniques for the acute Cardiorespiratory patient through didactic and small group sessions. Oxygen Therapy and Early Safe Mobility for the Critical Care Patient will be reviewed in both lecture and lab format.

**For Information Contact:**

Sherry Harburn or Therese Hawn – (416) 340-4800 ext. 4432 or [sherry.harburn@uhn.on.ca](mailto:sherry.harburn@uhn.on.ca) or [therese.hawn@uhn.on.ca](mailto:therese.hawn@uhn.on.ca) Tel: (416) 340-3905

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#### 5TH NATIONAL SPINAL CORD INJURY CONFERENCE: TRANSLATING NEURAL ENGINEERING AND NOVEL THERAPIES

**Date: October 18-20, 2012**

**Location:** Hilton Toronto, 145 Richmond Street West (Oct 18<sup>th</sup> preconference at Toronto Rehab’s Lyndhurst Centre)

**For More Information:**

Phone: 416-597-3422 ext. 3693

Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

Web: [www.sciconference.ca](http://www.sciconference.ca)

## OTHER NEWS

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### REHAB SCIENCES SPACE AVAILABLE FOR RENT!

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small 'break out' rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, [www.rehab.utoronto.ca](http://www.rehab.utoronto.ca).

**For availability and rates, please contact Rehab Sciences at: 416-946-8554**

**Email: [rehabsector.reception@utoronto.ca](mailto:rehabsector.reception@utoronto.ca).**

### *About PT Link*

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*Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.*

*Please submit content by the 15<sup>th</sup> of each month in Word format to Cindy Mallory at [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca)*