


Physical Therapy
UNIVERSITY OF TORONTO
PT LINK NEWSLETTER

Summer 2011: Volume 6, Number 4

IN THIS ISSUE:

www.physicaltherapy.utoronto.ca

- ✚ Message from the Chair
- ✚ PT Profiles
- ✚ Department News
- ✚ Honours and Awards
- ✚ Publications
- ✚ Courses/Presentations/Events
- ✚ Other News



MESSAGE FROM THE CHAIR

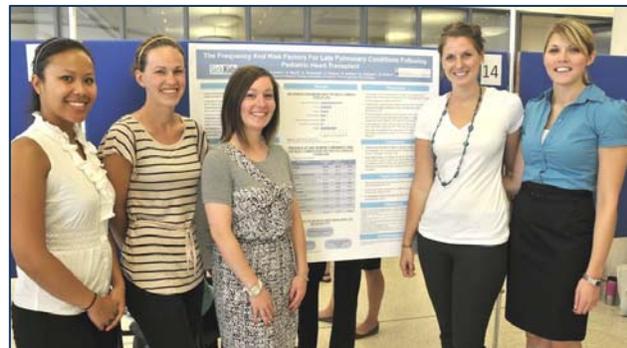


I hope you are all enjoying this beautiful summer! I'm pleased to let you know that I have taken on the role of Executive Chair for Rehabilitation Sciences, effective July 1st, 2011, for a two year term. I know it will be a rewarding experience and I look forward to the challenges that lie ahead!

We are pleased to announce that we will be presenting a new award at Convocation on November 8th. Dr. Barnett (MD '57) & Mrs. Beverley Giblon (Dip P&OT '57) have made an endowed gift to the Department to establish the Dr. Barnett & Beverley Giblon Award for Academic Excellence. This newly funded award will recognize the student who attains the highest academic average in physical therapy. In recognition, the student will receive a gold medal, as well as a financial award. We are most grateful for the Giblons' outstanding generosity and enthusiasm.

We are delighted to announce that our proposal to The Ministry of Citizenship and Immigration has been approved. The Internationally Educated Bridging Program (IEPT) will be relocating to the University of Toronto, Department of Physical Therapy. The Bridging Program was originally housed at Ryerson University with involvement of faculty from the University of Toronto, Queens and the University of Western Ontario, in partnership with the Alliance. We are excited to be further developing the program to better meet the needs of internationally educated physical therapists in transitioning to Canadian practice and preparing them for the national exam. The key contact person for the bridging program is our Vice Chair of Education, Sharon Switzer-McIntyre PhD PT. We will continue to keep you abreast of developments as they evolve.

The Department of Physical Therapy held its annual **Student Research Day** on July 20th, with over 150 attendees. This event enables the celebration of the scholarly achievements of the second year MScPT students as they share their innovative research projects. Alison Buchan, Vice-Dean, Research and International Relations, Faculty of Medicine, gave opening remarks, congratulating the Class of 2011. An inspiring key note address was given by Dr. Dina Brooks, Professor, Department of Physical Therapy on leadership and physical therapy. The 2nd year PT class



L to R: Kathy Mach, Julia Teskey, Tova Steinfeld, Heather Preston, Ashley Shelswell

presented nineteen research projects conducted over the past year, and I would like to congratulate the winners of the Poster Prize: “The frequency and risk factors for late pulmonary conditions following paediatric heart transplant”:

Students: Julia Teskey, Heather Preston, Kathy Mach, Tova Steinfeld, Ashley Shelswell

Advisors: Robin Deliva, Stephanie Sollazzo, Sunita Mathur

Site: Hospital for Sick Children

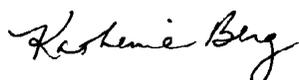
The Department also had a strong presence at the National CPA Congress in Whistler on July 13-15th with eight posters/sessions presented by faculty. A few weeks prior to this, the International Congress was held in Amsterdam on June 20-23 with thirteen posters/sessions presented by faculty.

Mark your calendars! Following are some upcoming events of interest:

- **October 13th, 2011:** Celebration to honour the full professorship of Dr. Dina Brooks (see *Department News* section below)
- **November 8th, 2011** is graduation day! There will be an event in the afternoon to honor our graduates, followed by Convocation at 6:00pm
- **Rehab Rounds – Scheduled dates for 2011-2012:** (*More dates to follow*)

Date	Speaker	Location
Sept 21 st , 12:15 – 1:00	Professor Kathryn McPherson (Professor of Rehabilitation) & Dr Nicola Kayes (Senior Research Officer) Auckland University, New Zealand	132
November 3 rd 12:00 – 1:00	Ian Joiner Manager, Rehabilitation and Mental Health, CIHI	140
November 23 rd 12:00 – 1:00	Robert Imrie Professor, King’s College London, UK	140
December 1 st 12:00 – 1:00	Sara McEwen Research Scientist, St. John’s Rehabilitation Hospital	140
February 2 nd 12:00 – 1:00	Michael Carter Professor, University of Toronto	140
May 3 rd 12:00 – 1:00	Elizabeth Hannah Interprofessional Education Specialist, Bridgepoint Health	140

Save the Dates! There will also be Rehab Rounds on the following dates, speakers to be confirmed: **October 6th, January 5th, March 1st, April 5th, June 7th.**



Katherine Berg
Chair, Department of Physical Therapy

PT PROFILES

CENTRE FOR INTERPROFESSIONAL EDUCATION

By Maria Tassone, PT; Assistant Professor, Department of Physical Therapy; Director, Centre for Interprofessional Education (IPE), University of Toronto; Director, Health Professions, University Health Network

It's been an amazing year at the Centre for Interprofessional Education (IPE). As you read about the accomplishments that represent the collective leadership of academic and clinical faculty, students, the Centre team and partner organizations, I invite you to reflect on the role that you, as a PT, can play to create meaningful interprofessional learning experiences for our students.



From an IPE curriculum perspective, the University of Toronto now has 1200 incoming students from eleven health professions participating in a requisite and competency-based IPE curriculum.

This past year, the number of elective IPE learning activities doubled to 52, an amazing achievement. All fully affiliated hospitals have introduced structured IPE placements and flexible IPE learning activities and these have expanded to organizations in the broader community.

We were thrilled to witness the growth of ehpic (Educating Health Professionals in Interprofessional Care), with capacity for our 5-day certificate program growing by 35%. As a result, we created customized ehpics for organizations such as the University of Virginia, University of Minnesota, and the Veteran's Affairs Connecticut Health System. As part of our professional development strategy, we completed the inaugural provincial Collaborative Change Leadership program and we look forward to a second call for participants in September 2011.

In terms of scholarship and innovation, COMPASS was developed by Centre team members as a new tool for clinical settings to assess their readiness for IPE clinical learning. "Clicking Collaboratively," in partnership with Surrey Place and Bridgepoint, was piloted to build capacity for effective online interprofessional education. Over 250 individuals and organizations across the globe downloaded our "Facilitating Interprofessional Clinical Learning: Interprofessional Education Placements and Other Opportunities," in order to begin their clinical IPE initiatives. Over the year, we hosted visitors from England, Scotland, Japan and the United States who learned from our experiences and best practices. The Centre also co-sponsored a number of provincial initiatives, including IPE Ontario, the inaugural SimONE conference, and the Complex Care Forum.

Now to your reflections about your role in IPE. It might help to know that a few days ago, a colleague in another profession asked me why I had accepted the Centre's director role when I could be contributing more directly to physical therapy (PT). That gave me great pause about what it means to be a PT, and to the role we play in shaping health education and health care.

As I listen to our PT students and those in other professions, some of the most profound learning they experience within IPE can be described this way. It's being part of an interprofessional student group, all learning together and exploring individual and collective contributions to the care of patients, clients and families that students get to try on their own profession in a safe learning environment. They learn as much about being a PT in the context of IPE, as they do when learning the unique skills about being a PT in their uni-professional program.

For me, being the Centre's director is about staying anchored in what's most important – the distal goal of exceptional care for patients, clients and families. It's about bringing my best as a

PT to bear on health education and healthcare. It's about creating space for PT students to explore their best contributions to health care by working with their future healthcare partners. It's about enabling others to see the best of PT while they are still learning, so that when they are practicing, they know when and how to bring in all the gifts and skills PTs have to offer. It's about showing the many facets of leadership that PTs play. And I trust that those from other professions are inspired by many of these possibilities as well.

My hope is to have more of you actively engaged in the IPE curriculum, ensuring our profession is an integral part of the conversation, planning and innovation; and, most of all, ensuring that our students get what they need to thrive in the complex environment of healthcare today. If you're feeling inspired, you can reach me at maria.tassone@uhn.ca to learn more.

Happy summer!!

DEPARTMENT NEWS

NEW ROLE FOR JACKIE SCHLEIFER TAYLOR

We are pleased to announce that **Jackie Schleifer Taylor** has taken on the role of teaching, managing and developing the curriculum of the Business and Resource Management Theme for the Department of Physical Therapy. Jackie is an Assistant Professor in the Department of Physical Therapy, where she has been a faculty member since 1997. She is also Vice President, Programs and Services for Holland Bloorview Kids Rehabilitation Hospital.

FULL PROFESSORSHIP OF DINA BROOKS - CELEBRATION

Save the Date!!!

The Department of Physical Therapy will be holding a celebration reception to honour the full Professorship of Dr. Dina Brooks.

Date: Thursday, October 13th, 2011
Time: 3:00pm – 4:30pm
Location: The University Club, 380 University Avenue, Main Lounge
RSVP: pt.chair@utoronto.ca

More information to follow soon.

HONOURS AND AWARDS

CONGRATULATIONS TO STEPHANIE NIXON!

Stephanie Nixon has been awarded a CIHR operating grant for 'Exploring the 'Functioning, Disability and Health' of Women and Men Living with HIV in Zambia: Shifting Perspectives for a Longer-Term Approach to HIV Care in Southern Africa'.

CONGRATULATIONS TO NANCY SALBACH!

Nancy Salbach was approved by the Continuing Education Research and Development Awards Committee, Faculty of Medicine, University of Toronto, to receive a grant for her project 'Evaluating the Psychometric Properties of the Evidence-based Practice Confidence (EPIC) Scale Among Occupational Therapists'.

CONGRATULATIONS TO DINA BROOKS!

Dina Brooks has received the following two grants:

- The Ontario Respiratory Care Society, Lung Association for 'Arm activity in individuals with COPD' (PI Brooks D)
- Dr. Tony Hakim Innovative Stroke Research Award for 'Exercise and the Brain: Neurovascular underpinnings of exercise after stroke'. (PI MacIntosh B.)

CONGRATULATIONS TO SUSAN JAGLAL!

Susan Jaglal is the new President of the Canadian Society of Epidemiology and Biostatistics for a two year term, effective July 1st, 2011.

PUBLICATIONS

Nayer, M. and W. Chapman (2011). "The Development and Delivery of a Pathology OSCE for Postgraduate Pathology Trainees." *Canadian Journal of Pathology* **2**(4): 24.

Gibson BE, Stasiulis E, Gutfreund S, McDonald M Dade, L (2011), Assessment of Children's Capacity to Consent for Research: A Descriptive Qualitative Study of Researchers' Practices, *Journal of Medical Ethics*. JME Online First, June 2, 2011.

COURSES/PRESENTATIONS/EVENTS

BRAIN MATTERS: SPASTICITY MANAGEMENT IN PAEDIATRICS AND ADULTS

Anatomy, Medical Management and Therapy Clinical Practice for Physiotherapists and Occupational Therapists

Saturday, November 19, 2011

This workshop emphasizes and integrates the anatomy, clinical assessment and skills and medical management of spasticity. The morning will include a review of the neuro-anatomy and medical management of spasticity. The afternoon will focus on the clinical assessment and interventions for persons with spasticity involvement from a medical, physical and occupational therapy perspective.

Presented by:

University of Toronto, Faculty of Medicine
Department of Occupational Science and Occupational Therapy
And Department of Physical Therapy

REGISTRATION FEES

\$150 for status appointments PTs & OTS UofT (PT/OT Dept) before October 15th

\$160 before October 15

\$175 after October 15

Speakers

Dr. Anne Agur; Dr. Denyse Richardson, BScPT, MD, MEd, FRCPC; Dr. Darcy Fehlings, MD, MSc; Tracy Paulenko, BSc PT; Debbie Hebert, BSc OT, MSc; Kin; Irene Koo, BSc, BSc PT, MHSc; Linda Fay, BSc OT, OT; Sophie Lam-Damji, BSc OT

For further information: <http://www.physicaltherapy.utoronto.ca/events/upcoming.htm>

CENTRE FOR FACULTY DEVELOPMENT 2011/2012 WORKSHOPS

To view upcoming workshops and to register, please go to:

<http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html>

For more information, contact Jackie McCaffrey, Project Coordinator at:
mccaffreyj@smh.toronto.on.ca (416) 864-6060 x6546

DISABILITY, ATTENDANT SERVICES, AND SEXUALITY PEER FACILITATOR TRAINING

The Sexuality and Access Project is offering a free, two-day training (Sudbury, Kitchener/Waterloo, Toronto) intended to support community members to create meaningful conversations about sexuality and disability with others in your community.

If you want to learn more about how to get those conversation started or facilitating workshops about sexual health, safety, and pleasure, then this training is for YOU!

- o Learn about, and engage in, conversations about sexuality and disability.
- o Discover how others have worked collaboratively to create opportunities for people to realize the range of sexual expression.
- o Address issues of sexuality and sexual safety in a way that respects both workplace safety and reflects individual and social justice.

The Sexuality and Access Project is a project of Springtide Resources
Generously funded by the Ontario Trillium Foundation.

For more information on how to register for the training contact: Cory Silverberg
Email: sexuality.access@gmail.com Tel: 416-358-4090 Skype: sexuality-access-project

HEALTH AND WELLBEING IN DEVELOPMENTAL DISABILITIES:
ENGAGING HEALTH CARE PROFESSIONALS

CALL FOR ABSTRACTS!!

Closes on August 5th, 2011 (11:59pm)

To submit your abstract, please go to: www.healthandwellbeingindd.com

Conference Date: November 7-8th in Toronto

The following invited speakers have confirmed their participation at the conference with a plenary presentation and a workshop:

Dr. Angela Hassiotis is a clinical academic with a particular interest in health services research in intellectual disabilities.

Dr. Beth Marks is a Research Assistant Professor at DHD, UIC. She has published in the area of public health nursing, primary health care, and I/DD.

Ms. Dina Donohue-Chase, a UIC certified Health Matters Master Trainer, has been instrumental in establishing the Health Matters program as an organizational initiative within Northpointe Resources Inc. (NRI), in Zion, IL.

Dr. Mike Kerr is professor of Learning Disability Psychiatry and Honorary Consultant in Neuropsychiatry at Cardiff University, Cardiff Wales.

2011 CARN INTERPROFESSIONAL PRE-CONFERENCE:
CHRONIC PAIN MANAGEMENT IN REHAB

Date and Location: September 14, 2011, Sheraton Hotel Laval, Quebec

The Jewish Rehabilitation Hospital (JRH) is proud to present the conference program for its Annual Clinical Day 2011 on chronic pain management in rehabilitation. This exciting program will be featuring plenary sessions as well as workshops. This conference will provide a forum for interdisciplinary exchange and networking.

Event Topics:

- Pain Management in Canada: Where Are We? **Dr. Aline Boulanger, University of Montreal**
- Self-Management Education for Chronic Pain: Overview and Lessons for Practice **Dr. Sandra M. LeFort, Memorial University of Newfoundland**
- Better Understand the Complexity of Pain: The Added Value of Rehabilitation **Dr. Yannick tousignant-Laflamme, Sherbrooke University**
- Psychosocial Risk Factors for Pain and Disability: Detection and Intervention **Dr. Michael Sullivan, McGill University**

This is a must attend event for rehab professionals. To see the program agenda, visit <https://event-wizard.com/2011CARN-ACIIR/0/pages/44450/> and to register, go to <https://event-wizard.com/2011CARN-ACIIR/0/register/>

For more information, please contact Conference Services at 416-597-3422 x.3693 or conferences@torontorehab.on.ca.

2011 ANNE AND MAX TANENBAUM SYMPOSIUM IN MOLECULAR MEDICINE
BRAIN & HEALTH TANENBAUM SYMPOSIUM

Date: Tuesday, September 20, 2011

Location: Terrence Donnelly Centre for Cellular and Biomolecular Research, Red Seminar Room, 160 College Street, University of Toronto

- 09:00 a.m. Welcome: **Tomas Paus**, Tanenbaum Chair in Population Neuroscience
09:10 a.m. **Gregory Miller**, Department of Psychology, University of British Columbia
"The biological residue of early life adversity"
10:00 a.m. **Kirk Erickson**, Department of Psychology, University of Pittsburgh
"Physical activity as a means to enhance cognitive and brain health"
11:00 a.m. **Zdenka Pausova**, Hospital for Sick Children, University of Toronto
"Opioid system, food preference and obesity in adolescence"
12:00 p.m. Thank You and Adjournment: **Tomas Paus**

R.S.V.P. by September 12th: elizabeth.fagnelli@utoronto.ca
Questions? Contact tpaus@rotman-baycrest.on.ca

2011 CANADIAN HYPERTENSION CONGRESS
GLOBAL ATHEROSCLEROSIS RISK REDUCTION: HYPERTENSION AND BEYOND

Annual Scientific Meeting October 2 – 5, 2011

Nottawasaga Inn and Resort, Alliston, ON

The event is planned to give participants a wide range of information and networking opportunities. The meetings will include scientific sessions, workshops, poster sessions, and exhibits. Hypertension Canada's annual general meeting and CHEP Consensus Conference will be held in conjunction with the meetings.

Please see their website for more information and to register:

www.hypertension.ca/chs/meetings/annual-meeting-2011

NDT ADVANCED COURSE IN THE MANAGEMENT AND TREATMENT OF THE HEMIPARETIC UPPER EXTREMITY

Date: October 11-15, 2011

Location: Toronto Rehab - The specific site will be determined as we get closer to the event.

This five-day course is designed for physical and occupational therapists interested in further developing their assessment and treatment skills to enhance functional recovery of the hemiparetic upper extremity. The interrelationship of the upper extremity with various body segments and systems is emphasized. Analysis of functional tasks, specifically the movement components that contribute to a person's independent performance of tasks will be addressed.

Contact Conference Services at 416-597-3422 x.3693 or conferences@torontorehab.on.ca.

For more information, please visit <http://www.torontorehab.com/Events/Corporate-Events/NDT-Advanced-Course-in-the-Management-and-Treatment.aspx>.

NDT (BOBATH) CERTIFICATE COURSE IN THE MANAGEMENT AND TREATMENT OF ADULTS WITH HEMIPLEGIA

October 17-21, 24-28, and November 28-December 3, 2011

Location: Toronto Rehab's University Centre - Auditorium, Toronto

This intermediate level workshop **for PT and OT assistants** will build on NDT principles and handling skills presented in the NDT Introductory Course in the Management of Adults with Hemiplegia. The goal of the course will be to enhance the clinician's knowledge of thoracic and rib cage alignment and movement, scapulothoracic alignment and movement, their impact on upper extremity function as well as their contribution to commonly seen dysfunction such as pain, tone, oedema.

Contact: Conference Services at 416-597-3422 x.3693 or conferences@torontorehab.on.ca.

For more information, please visit <http://www.torontorehab.com/Events/Corporate-Events/Management-of-the-Neurological-Upper-Extremity---A>.

USC HOSTS 3RD EVIDENCE-BASED PRACTICE INSTITUTE

The University of Southern California Division of Biokinesiology and Physical Therapy will host their 3rd Evidence-Based Practice Institute for physical therapy faculty on **October 21-22, 2011** at USC's Westside Campus in Los Angeles. Since its inception, faculty members from 25 institutions around the country have attended the institute. These faculty members have benefited from ample opportunities for networking and exchanging ideas for developing students' EBP skills, knowledge, and habits.

During the institute, effective strategies for teaching search skills, critical appraisal, and evidence application to students in entry-level programs are presented. Each participant develops a component of his or her curriculum (multicourse, single course, teaching methods) at the institute. We have discounted the registration fee for multiple participants from one faculty.

Cost to Attend:

\$595 for Individual Registration

\$575 Early Bird Rate (until September 1)

Learn more about the institute and register online:

<http://www.regonline.com/builder/site/Default.aspx?EventID=939112>

FIRST ANNUAL SYMPOSIUM ON REGENERATIVE REHABILITATION

HOLD THE DATE: November 3, 4, 2011

Location: Pittsburgh, PA.

As you know, medical advances in the field of Regenerative Medicine are accelerating at an unprecedented rate. Biological technologies such as stem cell transplantation, scaffolds, and artificial devices are now being tested in clinical trials throughout the country, opening up a novel population of patients to clinicians and exciting new areas of investigation for rehabilitation scientists. As a field, physical therapists would benefit from a careful examination as to the implications of such advancements on our clinical practice, research agenda, and educational programs.

This conference has the goal of stimulating reflection and debate as to the emerging role of physical therapeutics in the field of regenerative medicine.

Who should attend? Program directors/ faculty members of Physical Therapy and Physiatry programs, Scientists and clinicians working in the fields of Regenerative Medicine and/or Rehabilitation, and graduate students with related interests are all welcome to attend.

More conference details to come! If you have any questions, contact Fabrisia Ambrosio ambrosiof@upmc.edu

PAIN MANAGEMENT: BRIDGING THE GAP FROM ACUTE CARE TO REHABILITATION AND INTO THE COMMUNITY

Date: Friday November 18, 2011

For more information: Toronto Rehabilitation Institute, Conferences Services
Phone 416-597-3422 x 3693 Email: conferences@torontorehab.on.ca

Website: <http://www.torontorehab.com/Events/Corporate-Events/Pain-Management-Across-the-Continuum--Bridging-the.aspx>

OTHER NEWS

REHAB SCIENCES SPACE AVAILABLE FOR RENT!

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small 'break out' rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, www.rehab.utoronto.ca.

For availability and rates, please contact the Rehab Sciences Sector at: 416-946-8554

Email: rehabsector.reception@utoronto.ca.

About PT Link

To subscribe please email pt.link@utoronto.ca and type "Subscribe" in the subject line.
To unsubscribe please email pt.link@utoronto.ca and type "Remove" in the subject line.

Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the **15th** of each month in Word format to Cindy Mallory at pt.link@utoronto.ca with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.