



## DEPARTMENT OF PHYSICAL THERAPY

University of Toronto

# PT LINK NEWSLETTER

*Summer 2009: Volume 4, Number 6*

[www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

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### DEPARTMENTAL NEWS

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#### ANNOUNCEMENT FROM DEAN WHITESIDE

It is with pleasure that I announce the Provost's approval of the reappointment of Professor Katherine Berg as Chair of the Department of Physical Therapy commencing July 1, 2009 for a second five-year term. May I take this opportunity to thank all the faculty, administrative staff and students who participated in the recent external review of the Department of Physical Therapy. The review recognized the outstanding academic achievements of the department both in education and research. Congratulations to Professor Berg and best wishes for another successful term as Chair.

Professor Dina Brooks has been appointed Acting Chair of the Department of Physical Therapy from July 1 to December 31, 2009 while Professor Berg is on administrative leave. Professor Brooks has served in the Department as an award-winning teacher and nationally recognized scientist.

With best regards,

Catharine Whiteside, MD, PhD, FRCPC  
Dean, Faculty of Medicine

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#### MESSAGE FROM THE CHAIR

As I look ahead to the next six months as Acting Chair, I feel privileged to have the opportunity to take on this role. I know it will be a very rewarding experience and I look forward to the challenges that lie ahead! *(continued on page 2)*

**Message from the Chair (Cont'd)**

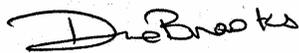
Our Department was reviewed in April 2009 by an external appraiser, Dr. Gail Jensen. The external report was excellent. There is much strength to our Department as summarized by Dr. Jensen's statement that the Department is equal to the elite physical therapy programs in the US. She stated: "The clear unique strength of the University of Toronto program is seen in the depth and diversity of research and scholarly work across ALL faculty along with quality teaching and clinical service".

I would also like to take this opportunity to welcome two new members to the Department of Physical Therapy. Jane Kean has taken on the role of Clinical Community and Student and Business Affairs Administrator, and Cindy Mallory is the new Assistant to the Chair and Information Officer. Both of these individuals come to us from the Department of Family and Community Medicine. Jane has been with the University for over nineteen years, and Cindy for nine years.

Mark your calendars! Following are some upcoming events of interest:

- **November 10<sup>th</sup>, 2009** is graduation day! There will be an event in the afternoon to honor our graduates, followed by Convocation at 6:00pm
- **January 21<sup>st</sup>, 2010**: Date for the Faculty Assembly
- **April 28, 2010**: Second Rehab Sector Research Day (TBC)
- **May 31<sup>st</sup> through June 2<sup>nd</sup>, 2010**: We will be going through the Accreditation Council for Canadian Physiotherapy Academic Programs

We would like to improve this newsletter, and would love to hear from you. If you have any suggestions or ideas regarding content, format, etc. please let us know at [pt.chair@utoronto.ca](mailto:pt.chair@utoronto.ca).



Dina Brooks, PhD  
Acting Chair, Department of Physical Therapy

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**CONTINUUM OF CARE STRUCTURED CLINICAL SESSION (SCS)**

Thank you for your overwhelming support with the Continuum of Care SCS offers. During this SCS, students meet with physical therapists from a wide variety of clinical settings to discuss the types of clients they serve and their roles as physical therapists, as well as other members of the health care team to discuss the roles they play in relation to physical therapists. Later in the week, the students will have an opportunity to share their clinical experiences with their classmates in their first small group session. We have sufficient offers for this session on September 10<sup>th</sup> 2009 and you should be receiving your information package for this session shortly.

## PUBLICATIONS, GRANTS & AWARDS

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### CONGRATULATIONS ADA TANG

**Ada Tang** has been awarded a Fellowship from CIHR. She will be pursuing post-doctoral training at the University of British Columbia under the supervision of Janice Eng.

**Tang A**, Closson V, Marzolini S, Oh P, McIlroy W, Brooks D. Cardiac Rehabilitation after Stroke - Need and Opportunity. *Journal of Cardiopulmonary Rehabilitation and Prevention* 2009; 29 (2): 97-104.

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### CONGRATULATIONS ANNE KUUS

On May 14<sup>th</sup> the Wightman-Berris Academy held their annual presentation of Individual Teaching Excellence and Anderson Awards which honour the best teachers from the health disciplines at Mount Sinai, and the University Health Network hospitals. All staff who teach or tutor University of Toronto programs in the health professions are eligible to be nominated. We would like to highlight the PT award winner, **Anne Kuus**, who works at the Toronto General Hospital on the Thoracic Surgery Service.

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### CONGRATULATIONS BARBARA GIBSON

**Barbara Gibson** is the recipient of a Canadian Child Health Clinician Scientist Program Career Award. The CCHCSP provides support for child health clinician candidates to develop their requisite knowledge and skills for a career as an independent scientist in child health research.

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### CONGRATULATIONS DINA BROOKS

Ontario Resp. Care Society (Ontario Lung Association) Grant entitled 'Balance impairment in COPD and the effect of traditional pulmonary rehabilitation'.

Applied Client Focused (Care to Know) Grant entitled 'Optimizing outcomes gained from pulmonary rehabilitation: the development of a community-based maintenance exercise program for individuals with COPD'.

Heart and Stroke of Canada Grant entitled 'Effect of cardiac rehabilitation for individuals after transient ischemic attacks'.

Harth, L, Stuart J, Montgomery C, Pintier K, Czyzo S, Hill K, Goldstein R, **Brooks, D**. Practice patterns of physical therapists in the management of patients hospitalized with an acute exacerbation of chronic obstructive pulmonary disease. *Canadian respiratory Journal* 2009: 16 (3): 86- 92.

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### CONGRATULATIONS ETHNE NUSSBAUM

Effects of Low Intensity Laser Irradiation During Healing of Skin Lesions in the Rat  
**Ethne L. Nussbaum**, PhD, Tony Mazzulli, MD, FRCPC, Kenneth P.H., Pritzker, MD, FRCPC, Facundo Las Heras, MD, Fang Jing, MSc (Statistics), and Lothar Lilge, PhD  
Lasers in Surgery and Medicine 41:372-381 (2009).

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### CONGRATULATIONS JOANNA PARKES

St. Michael's Hospital held its third annual Health Disciplines Education Recognition Event on May 26<sup>th</sup>, 2009. **Joanna Parkes**, PT, was the recipient of the Education Leadership Award. One of five awards presented, this award is given to an individual who has shown outstanding clinical support and leadership in Health Disciplines education.

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### CONGRATULATIONS JUDITH HUNTER

**Judith Hunter** was awarded Mentor-in-Training for CIHR Strategic Training Initiative (STIHR) "Health Applications of Cell Signaling in Mucosal Inflammation & Pain" CIHR Training Program: [www.cellsignals.ca](http://www.cellsignals.ca), CIHR Group: [www.cihrmatrix.ca](http://www.cihrmatrix.ca). This STIHR, partially funded Judi as a graduate student, and was just renewed as a CIHR-STIHR for another 6 years. Judi will be part of the mentor team giving her an opportunity to learn the art of mentorship from the best in the country.

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### CONGRATULATIONS MEGHAN MARCIL

**Meghan Marcil** received an award for Outstanding and Innovative/Unique Contribution to Clinical Education at the Toronto Rehabilitation Institute (TRI). This award was given to Meghan based on the exceptional experience she provided to students at the TRI.

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### CONGRATULATIONS STEPHANIE NIXON

**Stephanie Nixon** has been awarded the 2009 CWGHR Award of Excellence in HIV & Rehabilitation.

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### CONGRATULATIONS SUNITA MATHUR

**Sunita Mathur** was awarded the Dean's Fund New Staff Grant "Non-invasive examination of muscle composition in people with chronic obstructive pulmonary disease".

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### CONGRATULATIONS SUSAN JAGLAL

**Susan Jaglal** has been named Vice-President of the Canadian Society for Epidemiology and Biostatistics for a 2 year term 2009-2010.

## COURSES/PRESENTATIONS

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### APTA CREDENTIALLED CLINICAL INSTRUCTOR COURSE

Have you ever wanted to take a course to improve your skills as a clinical educator? If so, here is your opportunity. The American Physical Therapy Association (APTA) has developed an excellent course for clinical educators that the Department of PT would like to offer to our clinical educators. This 2 day course will be held on **Saturday September 26 and Saturday October 3, 2009 from 8:30-5:00 in room 140 at 500 University Avenue**. The course will be taught by Brenda Mori, a Credentialed Course Instructor Course Trainer. Individuals are required to attend and participate in the course for both days. The **registration deadline is Monday August 24, 2009**. Please see our website for additional course information and registration information. [http://www.physicaltherapy.utoronto.ca/events/upcoming/APTA\\_Credentialed\\_Clinical\\_Instructor\\_Course.htm](http://www.physicaltherapy.utoronto.ca/events/upcoming/APTA_Credentialed_Clinical_Instructor_Course.htm)

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### MAKING CLINICAL REASONING FUN – THEORY TO PRACTICE: OCT 23-24/09

This interactive two-day course is designed for physiotherapists who would like to integrate clinical reasoning skills and evidence-based practice into the management of their patients. Participants will acquire an understanding of various clinical reasoning models and their practical application and will participate in facilitated group exercises using case studies to enhance these skills.

Lenerdene Levesque is a co-owner of a private practice in Ottawa and is an instructor and examiner for the National Orthopaedic Division; Erik Thoomes is owner of a private practice in The Netherlands and an instructor and examiner at SOMT, the largest school for manual physiotherapy and sports physiotherapy in The Netherlands.

Date: October 23 and 24 2009                      Cost: \$400.00

Location: University of Toronto, 500 University Ave  
For Further Information: Events View - [www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

Contact: Allison Smith, Department Support    416-946-8641 and/or  
[pt.reception@utoronto.ca](mailto:pt.reception@utoronto.ca)

## CAREERS

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### CAREER OPPORTUNITY

#### Unit 5 Co-Coordinator (Neurological Physical Therapy)

**ALLOCATION:**            0.40 FTE  
**DEPARTMENT:**        Physical Therapy, University of Toronto

#### RESPONSIBILITIES:

- Curriculum planning – evaluate and develop curriculum material including but not exclusive to: setting the unit schedule; annual review of content in the lectures; labs and case studies; coordinating and liaising with faculty, community partners and guest speakers

- Lead and participate in a number of educational activities (e.g. lectures, labs, small groups)
- Supervise teaching assistants, lab instructors, Best Practice group advisors, Practical Skills Exam (PSE) examiners and small group facilitators
- Writing and marking of written tests and PSE
- Update and manage the unit website
- Manage day-to-day activities within the unit, including student issues as they arise
- Foster collaborative relationships within the Department, with clinical facilities and other departments at U of T, as well as beyond
- Be responsible for the overall organization and quality of Unit 5
- Work closely with other unit coordinators and advisors
- Serve on departmental committees as appropriate

**EXPERIENCE AND SKILLS:**

- Proven track record in teaching
- Excellent communication skills, both verbally and in writing
- Excellent organizational skills
- Must be a Physical Therapist with experience in neurological physical therapy
- Minimum Masters degree
- Must be currently working in a clinical environment

**DEADLINE:** September 15, 2009

**START DATE:** January 1, 2010

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Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the **15<sup>th</sup>** of each month in Word format to Cindy Mallory at [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca) with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

**Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.**

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.