



DEPARTMENT OF PHYSICAL THERAPY

University of Toronto PT LINK NEWSLETTER

September 2009: Volume 4, Number 7

www.physicaltherapy.utoronto.ca

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MESSAGE FROM THE CHAIR

It's hard to believe the summer has already passed us by! We will be welcoming our new class of 84 PT students, beginning classes on September 1st and are scheduled to graduate in November 2011.

This year brings us a new challenge, with the possibility of the H1N1 epidemic on the horizon. We have been engaged in many pandemic planning activities, at the university, faculty and departmental levels. A campus response and planning team led by Vice-President (Human Resources and Equity) Angela Hildyard is meeting regularly to assess the situation at the University of Toronto. The Faculty of Medicine also has three subcommittees: Communications, Student Support and Curriculum. Further, the Rehabilitation Sector has now formed a Pandemic Committee to ensure communication is as efficient as possible. Following are some of the preparations that our Department has made or is planning:

- The importance of protecting oneself will be emphasized to all students. This means washing hands often and thoroughly in warm, soapy water or using hand sanitizer, coughing and sneezing in the arm, keeping common surfaces and items clean and disinfected and staying home when sick.
- Faculty and staff will ensure they have backup, in case they become ill.
- Lectures will be tape recorded for students who are ill and miss class.
- Information on Pandemic Planning will be placed on our website and updated regularly.

The most crucial component of the plan is the 'stay at home policy'. Everyone will be advised to stay away from work or school until at least 7 days after the onset of illness or at least 24 hours after symptoms are gone, whichever is longer.

On another note, we are pleased to welcome Dr. George Mochizuki to the Department on a part-time basis. He has been teaching in the Unit 5 Neurophysiology course. George is a Scientist at the Sunnybrook Health Sciences Centre site of the Heart and Stroke Foundation Centre for Stroke Recovery where his research focuses on cortico-muscular interactions in post-stroke hypertonicity. He recently completed his Post-Doctoral Fellowship at the Toronto Rehabilitation Institute where he conducted research examining the role of the cerebral cortex in human balance *(Cont'd Page 2)*
Message from the Chair (Cont'd)

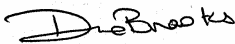
control. George earned his PhD in Neuroscience from the University of Western Ontario. [Welcome George!](#)

Mark your calendars! Following are some upcoming events of interest:

- **November 10th, 2009** is graduation day! There will be an event in the afternoon to honor our graduates, followed by Convocation at 6:00pm
- **Rehab Rounds – Dates for 2009/2010: (12pm – 1pm)**

Date	Speaker	Location
○ October 1 st	Cheryl Cott	Rm 132
○ November 5 th	Kathy McGilton	Rm 132
○ December 3 rd	Pascal van Lieshout	Rm 140
○ January 7 th	TBC	Rm 140
○ February 4 th	Joan Scannell	Rm 140
○ March 4 th	TBC	Rm 140
○ April 1 st	TBC	Rm 140
○ May 6 th	Kelly O'Brien	Rm 140
○ June 3 rd	TBC	Rm 140
- **January 21st, 2010 pm:** Date for the Faculty Assembly. All Status Faculty are invited to an afternoon of sharing and collaboration. We are currently working on a plan for the day which we will share with you in the next newsletter.
- **April 28th, 2010:** Second Rehab Sector Research and Clinical Education Workshop Day! Following last year's success with Andy Barrie as keynote speaker, another dynamic public speaker will once again enlighten us. There will also be an opportunity for poster viewing and networking.
- **May 31st through June 2nd, 2010:** We will be going through accreditation by the Accreditation Council for Canadian Physiotherapy Academic Programs.

If you have any comments or feedback, please let us know at pt.chair@utoronto.ca.



Dina Brooks, PhD
Acting Chair, Department of Physical Therapy

HONOURS AND AWARDS

CONGRATULATIONS TO ANISA DAUDJI (CLASS OF PT 2009)

Anisa Daudji was part of an interprofessional group that won the grand prize of the Knowledge Discovery Challenge competition. This is a national competition organized by the Aga Khan Development Network (AKDN), a group of development agencies that address developmental issues in regions of Asia and Africa. Anisa's group was comprised of a PT, pharmacy and 2 dentistry students who submitted a project proposal regarding the high maternal and child mortality rates in refugee camps in the Northern Areas of Pakistan. There were over 100 proposals submitted from across Canada. The proposals were judged by an international panel of judges that consisted of professors, World Bank employees, and senior members of the AKDN, who evaluated the proposals for their technical correctness, implementation feasibility, sustainability and quality. As part of their grand prize, their project will be implemented by the AKDN, the proposal will be presented in various conferences, and will be published in a booklet. They were also awarded a trip to Kenya where they had the opportunity to visit various developmental projects in the area and had the

opportunity to speak to members of the AKDN to see how their proposal will be implemented.

CONGRATULATIONS TO THE FOLLOWING MSCPT STUDENT RESEARCH PROJECT TEAMS ON THE RECENT COMPLETION OF THEIR OUTSTANDING STUDIES:

- Group 1. "Exploring Differences Between Resters and Non-resters in the Six-Minute Walk Test".** Students: Joseph Balsano, Munira Hudani, Samantha Roeland, Marco Visconti, Rebecca Wong; Advisors: Dina Brooks, Kylie Hill, Katie Sibley
- Group 2. "Inpatient Pulmonary Rehabilitation: The Relationship Between Anxiety, Depression and Clinical Outcome Measures of COPD".** Students: Maria Aganon, Lauren Barrett, Catherine Darling, Michelle Lee, Megan Towns; Advisors: Dina Brooks, Kylie Hill
- Group 3. "A Land of Opportunity: A SWOT Analysis of Physiotherapy in Kuwait".** Students: Leah Glassman, Patrick Jadan, Lauren MacArthur, Meghan Macpherson; Advisor: Mike Landry
- Group 4. "Hoping and Coping: South Asian Immigrant Mothers' Perspectives of Disability".** Students: Anisa Daudji, Sarah Eby, Chia Foo, Fahreen Ladak, Cameal Sinclair; Advisors: Barbara Gibson, Mike Landry, Kim Moody
- Group 5. "Capturing Time Spent on Clinical Education During Physiotherapy Internships".** Students: Carla MacNeil, Lisa Pisonneault, Alla Yakerson, Katherina Zygouras; Advisors: Brenda Mori, Debbie Hebert, Sharon Switzer-McIntyre
- Group 6. "Assessment of the Postural Control Strategies Used to Play Two Wii Fit Videogames".** Students: Cheryl Glazebrook Passmore, Andrew Kim, Allyson Martin, Anna Michalski, William Wong; Advisors: Karl Zabjek, Ricardo Torres-Moreno, Nancy Salbach, Kim Moody, Bryan Steinnagel, Jan Andrysek
- Group 7. "A Step in the Right Direction: How Does Curb Negotiation Affect Dynamic Stability?".** Students: Katherine Norrish, Kathleen O'Reilly, Kristin Whitney, Rachel Campbell, Kristen MacDonell; Advisors: Karl Zabjek, Dr. Reinhard Zeller, Dr. Unni Narayanan, Dr. Shirley Tse
- Group 8. "Community Balance and Mobility Scale: Age-Related Reference Values".** Students: Heather Clegg, Sharon Fernandes, Dana Parsley, Tyler Welch, Kathryn Zbarsky; Advisors: Jo-Anne Howe, Liz Inness, Josh Williams, Bill McIlroy, Susan Jaglal
- Group 9. "Canadian University Physical Therapy Program Perspectives of Patellofemoral Pain Syndrome (PFPS)".** Students: David Jossa, Paul Matthew Gallo, Holly McEnaney, Courtney Pigott, Sherry Stevenson, Advisors: Judi Laprade, Euson Yeung, Robyn Davies, Barbara Gibson

- Group 10. "Physiotherapy and Trauma: A Profile of Level I Trauma Centres Across Canada"**. Students: Martha Aristone, Megan Fisher, Laurie Waechter, Katrina Young; Advisors: Nicole Cooper, Leslie Taylor, Mike Landry
- Group 11. "Development of a Challenge Module for the Gross Motor Function Measure for High Functioning Children with an Acquired Brain Injury: Bridging the Measurement Gap"**. Students: Nicole Benjamin, Rochelle Chung, Robyn Ibey, Shannon Littlejohn, Andrea Sarginson; Advisors: Virginia Wright, Gail Kirkwood, Nancy Salbach
- Group 12. "Test-Retest Reliability of Three Life Satisfaction Measures in Youth with a Stable, Non-Progressive Physical Disability"**. Students: Stephanie Bulk, Christina Collier, Daniella Colini, Dan Feng, Alicia Jury; Advisors: Virginia Wright, Nancy Salbach
- Group 13. "Spinal Cord Injury Walking Measures: Charting Consistency and Community Ambulation Capacity"**. Students: Megan Carere, Rachel Johnson, Shayda McCurdy, Jane Ormiston, Alissa Peterson; Advisors: Molly Verrier, Heather Flett, C. Craven
- Group 14. "Do the Manual and Manipulative Therapy Continuing Education Courses Meet the Learning Needs of Physiotherapists Across Canada?"**. Students: Daniel Carter, Kristin Green, Joelle Karam, Felicity Lam, Micaela Zettel; Advisors: Euson Yeung, Cathy Evans
- Group 15. "Functional Gains and Maintenance in Residents of Complex Continuing Care: Implications for Physical Therapy"**. Students: Lisa Chambers, Patricia Jacques, Akib Malik, Christa Mazzuca, Sharan Sandhanwalia; Advisors: Steve Wong, Clara Nisan, Maria Huijbregts, Katherine Berg
- Group 16. "Surgical Day of Coronary Artery Bypass Graft: Its Impact on Frequency of Physiotherapy Intervention and Patient Outcomes"**. Students: Jennifer Do, Tiphonie Ge, Kyla Marsden, Julie Reeves; Advisors: Pat Fox, Lindsay Beavers, Jaimie Coleman, Joanna Parkes, Katherine Berg
- Group 17. "The Presence of Upper Extremity Musculoskeletal Impairments in Patients with Hand-Arm Vibration Syndrome"**. Students: Laura Di Nicolantonio, Kateryna Goncharova, Matthew Laing, Melissa Pui, Hermina Vas; Advisors: Sharon Switzer-McIntyre, Ron House
- Group 18. "Physiotherapy Intervention in Obesity Management: a Consensus Study"**. Students: Elliot Alexander, Stephanie Rosenthal; Advisors: Cathy Evans, Susan Jaglal

COURSES/PRESENTATIONS/EVENTS

INTRODUCTORY PAEDIATRIC NDT COURSE

September 11, 12, 13, 2009

The objectives of this 3 day workshop are to:

- Develop a greater understanding of the required prerequisite sensory motor components and patterns of development for the first 12 months;
- Understand the typical postures and movement patterns demonstrated by children with abnormal tone;
- Increase awareness of selected functional consequences of abnormal tone, as related to typical motor development; and
- Understand the basic principles of Neurodevelopmental theory.

Barbara MacDonald is a paediatric occupational therapist, currently working at the Hospital for Sick Children, who has been working in paediatrics for over 30 years. She is certified in both Neurodevelopmental Treatment and NDT Baby Treatment.

Cost: \$500.00 **Location:** Hospital for Sick Children, Toronto, Ontario

For more information and to register: Krista Rose, PT 416-813-6755
krista.rose@sickkids.ca



5K FUN RUN IN SUPPORT OF DISABILITY PROJECTS IN KENYA

Sunday September 20, 2009:
Kortright Centre for Conservation: Woodbridge, ON
Check-in 10am – Run starts 10:30am.
Registration is \$30.00
Register online at:
www.kenyaworkinggroup.org

MAKING CLINICAL REASONING FUN – THEORY TO PRACTICE: OCT 23-24/09

This interactive two-day course is designed for physiotherapists who would like to integrate clinical reasoning skills and evidence-based practice into the management of their patients. Participants will acquire an understanding of various clinical reasoning models and their practical application and will participate in facilitated group exercises using case studies to enhance these skills.

Lenerdene Levesque is a co-owner of a private practice in Ottawa and is an instructor and examiner for the National Orthopaedic Division; Erik Thoomes is owner of a private practice in The Netherlands and an instructor and examiner at SOMT, the largest school for manual physiotherapy and sports physiotherapy in The Netherlands.

Date: October 23 and 24, 2009 Cost: \$400.00

Location: University of Toronto, 500 University Ave
For Further Information: Events View - www.physicaltherapy.utoronto.ca

Contact: Allison Smith, Department Support 416-946-8641 and/or
pt.reception@utoronto.ca

WASSER EDUCATION ROUNDS: WEDNESDAY, SEPTEMBER 16TH, 2009

Please join the Wasser Pain Management Centre on September 16th from 12 - 1 PM in room 1180 for Educational Rounds.

Title: Mind/Body Connection Speaker: Dr. Charles Argoff

Learning Objectives:

- Describe pathologic mechanisms that contribute to pain and dynamic processes that modify pain sensations;
- Discuss strategies for management of common co-morbidities, associated symptoms and their impact on a patient's functionality in fibromyalgia;
- Become familiar with recent updates in the treatment options for DPNP and fibromyalgia.



Below you will find information about Dr. Argoff along with a link to a website.

http://www.pain.com/sections/categories_of_pain/breakthrough/resources/expert_interviews/interview.cfm?id=44

Charles E. Argoff, MD is Professor of Neurology at Albany Medical College and the Director of the Comprehensive Pain Program of Albany Medical Center. He is board certified in pain medicine and neurology and is a member of the American Pain Society, the quality standards subcommittee of American Academy of Neurology, and the International Association for the Study of Pain.

PRACTICAL AND UP-TO-DATE PRINCIPLES OF CHRONIC NON-CANCER PAIN MANAGEMENT

Friday, Oct 16, 2009: MARS Auditorium, 101 College Street, Toronto, Ont.

Presented by the Inter-Urban Pain Association & The Comprehensive Pain Program, Toronto Western Hospital

By the end of the conference, participants will be able to:

- Describe the basic principles of chronic opioid management, including problems of misuse and addiction;
- Identify approaches to improve the mental health of chronic pain sufferers in the community;

- Critically interpret indications and effectiveness for trigger point blocks;
- Develop basic skills of interpreting investigations for chronic back and neck pain;
- Detect signs of transition of acute to chronic pain.

Cost: \$175.00 for practicing professionals; \$100.00 for trainees

For more information contact 416-603-5800 x2003 anna.kenyon@uhn.on.ca

CAREERS

CAREER OPPORTUNITY:

Unit 5 Co-Coordinator (Neurological Physical Therapy)

ALLOCATION: 0.40 FTE

DEPARTMENT: Physical Therapy, University of Toronto

RESPONSIBILITIES:

- Curriculum planning – evaluate and develop curriculum material including but not exclusive to: setting the unit schedule; annual review of content in the lectures; labs and case studies; coordinating and liaising with faculty, community partners and guest speakers
- Lead and participate in a number of educational activities (e.g. lectures, labs, small groups)
- Supervise teaching assistants, lab instructors, Best Practice group advisors, Practical Skills Exam (PSE) examiners and small group facilitators
- Writing and marking of written tests and PSE
- Update and manage the unit website
- Manage day-to-day activities within the unit, including student issues as they arise
- Foster collaborative relationships within the Department, with clinical facilities and other departments at U of T, as well as beyond
- Be responsible for the overall organization and quality of Unit 5
- Work closely with other unit coordinators and advisors
- Serve on departmental committees as appropriate

EXPERIENCE AND SKILLS:

- Proven track record in teaching
- Excellent communication skills, both verbally and in writing
- Excellent organizational skills
- Must be a Physical Therapist with experience in neurological physical therapy
- Minimum Masters degree
- Must be currently working in a clinical environment

DEADLINE: September 15, 2009

START DATE: January 1, 2010

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Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the **15th** of each month in Word format to Cindy Mallory at pt.link@utoronto.ca with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.