



PT LINK NEWSLETTER

October 2009: Volume 4, Number 8

www.physicaltherapy.utoronto.ca

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MESSAGE FROM THE CHAIR

The Department of Physical Therapy at the University is a complex Department, as it includes not only our in-house faculty, but also more than 300 status appointment members, spread throughout many institutions across the GTA. We are part of the Rehabilitation Sector, which is made up of four departments:

- (1) Department of Physical Therapy,
- (2) Department of Occupational Sciences and Occupational Therapy
- (3) Department of Speech Language Pathology; and
- (4) Graduate Department of Rehabilitation Sciences.

The Rehabilitation Sector is housed within the Faculty of Medicine, which is one of many faculties within the University of Toronto. Other Faculties include Nursing, Engineering, Arts and Sciences, Law and Social Work. We also have strong collaborations and share faculty with many other fully and community affiliated facilities, both within our research and teaching streams. These layers add to the vibrant community that makes up the Department of Physical Therapy, also enhancing its richness and complexity.

Over the next few months, we will begin to outline some of the activities of the Department, including committees, units and key partnerships. Our hope is to create a sense of community and encourage further collaboration. In this issue of PT Link, we highlight the Admissions Committee chaired by Dr. Sharon Switzer-McIntyre.

Mark your calendars!

Following are some upcoming events of interest:

- **November 10th, 2009** is graduation day! There will be an event at 1pm to honor our graduates, to be held at The Royal Canadian Yacht Club, 141 St. George Street. This will be followed by Convocation at 6:00pm.
- **Rehab Rounds – Dates for 2009/2010: See *Events Section, Page 7.***

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Message from the Chair (Cont'd)

- **January 21st, 2010 pm:** Recognition & Exceptional Achievement Award Ceremony and Faculty Assembly. All Clinical Faculty are invited to an afternoon of sharing and collaboration. The Faculty Assembly will begin with an overview of the Department, including its organizational structure as well as a professional development presentation. This will be followed by a workshop, with details TBA.
- **April 28th, 2010:** Second Annual Rehab Sector Clinical Education and Research Day!
- **May 31st through June 2nd, 2010:** We will be going through accreditation by the Accreditation Council for Canadian Physiotherapy Academic Programs.

If you have any comments or feedback, please let us know at pt.chair@utoronto.ca.



Dina Brooks, PhD
Acting Chair, Department of Physical Therapy

PT VIEWS

ADMISSIONS

For this first issue of profiling committees and functions within the Department of Physical Therapy we thought beginning with the initial stage for any student to enter our Department was a logical place to start.

The purpose of the Admissions Committee is to:

- continuously review and develop the admissions process for selection of students
- be aware of the current literature regarding selection of candidates
- evaluate the effectiveness of the process

Membership of the Committee includes a diverse selection of individuals who represent various areas of Physical Therapy practice:

- Sharon Switzer-McIntyre -Chair
- Katherine Berg - Department Chair (ex-officio)
- Robyn Davies - Faculty member representative of teaching
- Cindy Ellerton - Faculty member representative of teaching
- Annette Marcuzzi - Clinical leader in Physical Therapy
- Ed Ziesmann - Clinical leader in Physical Therapy
- Sonia Pagura - Clinical leader in Physical Therapy
- Margaret Duffy - Physical Therapist in Private Practice
- Jodi McIlroy - Educational Consultant
- Katey Smith – Recent Graduate (outgoing)
- Tricia Jacques – Recent Graduate (incoming)
- Daniela Pirraglia – Student Liaison Officer

A profile of this year's applicant pool

We received a total of 879 applications for the 2009/2010 academic year. Of these 610 were female and 269 were male. The ages ranged from 20 years of age to 53 years of age with the mean being 23 years of age.

Based on advice from Ontario Rehabilitation Program Application Services (ORPAS) the Admissions Committee decided to utilize the 4.0 GPA scale in the admissions process. The cut-off to receive an invitation to the Computer Assisted Profile (CAP) was 3.59 (which is equivalent to approximately an A- average); 330 applicants were invited to write the exam. Of these 247 were female and 83 were male. The ages ranged from 20 years of age to 38 years of age with the mean being 23 years of age.

Final Class of 2009/2010

The final class of 2009/2010 (to graduate in 2011) is comprised of 84 new admits. Of these new admits 59 were females and 25 were males. The ages ranged from 20 to 28 years of age with the mean being 23 years old.

Institution (Final class; n=84)	Total Students
BROCK UNIV	3
CARLETON UNIV	1
DALHOUSIE UNIV	1
LAKEHEAD UNIV	1
LAURENTIAN UNIV	3
MCGILL UNIV	2
MCMASTER UNIV	11
MEMORIAL UNIV OF NFLD	2
QUEENS UNIV	5
STATE UNIV OF NEW YORK AT BUFFALO	1
UNIV OF GUELPH	4
UNIV OF OTTAWA	8
UNIV OF SASKATCHEWAN	1
UNIV OF TORONTO*	14
UNIV OF WATERLOO	7
UNIV OF WESTERN ONTARIO	11
UNIV OF WINDSOR	2
WILFRID LAURIER UNIV	2
YORK UNIV*	5
Grand Total	84

DEPARTMENTAL NEWS

Department of Physical Therapy Recognition Awards 2009

We are now receiving nominations for the Department of Physical Therapy Recognition Awards! Each year, the Department of Physical Therapy acknowledges those individuals who have provided great learning environments, guidance, supervision, or have been inspirational to our PT students with **Department of Physical Therapy Recognition Awards**. Recognition award recipients can be faculty members, clinical instructors, small group facilitators, lab demonstrators, teaching assistants, or other educators. Recipients can also be an entire site/team. The nominators can be students, clinicians or faculty.

The Awards Ceremony will take place in conjunction with the PT Faculty Assembly, which will be held on **Thursday January 21st, 2010 between 12-1pm**. If you would like to nominate an individual or site/team for an award, please complete the nomination form at this link.

<http://tinyurl.com/PT-Recognition-Awards>

The deadline for nominations is **Monday December 7th, 2009**. We look forward to receiving your nominations!

Sincerely,
The Department of Physical Therapy Recognition Awards Committee

"Physical Therapy, HIV and AIDS - Resources and Links" on the WCPT Website:
www.wcpt.org/node/27542

Kelly O'Brien and Stephanie Nixon worked with colleagues from McMaster University and the Canadian Working Group on HIV and Rehabilitation (CWGHR) to prepare a resource section on PT and HIV for the World Confederation for Physical Therapy website. The information is intended to assist physical therapists who want to know more and to inform others about HIV and the benefits of physical therapy, wherever in the world they live.

HONOURS AND AWARDS

CONGRATULATIONS TO MARY SAURIOL!

Mary Sauriol was presented the Arbor Award at a reception at the home of David Naylor, University of Toronto President, on September 14th. The Arbor Awards were created by the University of Toronto in 1989 to recognize volunteers for outstanding personal service to the University. Mary received this award for her countless hours and dedication to the Department of Physical Therapy, serving on the alumni association board in a variety of roles, including nine years as President. She also hosted annual convocation events, and was the convenor for the annual alumni breakfast.



Left to right: David Naylor, President; Mary Sauriol, Department of PT; Chancellor Peterson.

The Department congratulates Mary on this well-deserved recognition of her devotion to the Department.

CONGRATULATIONS TO SHARON SWITZER-MCINTYRE!

Sharon Switzer-McIntyre received the 2009 Physical Therapy/Occupational Therapy Alumni Achievement Award in Physical Therapy, for her excellence in scholarly activity, therapeutic practice, political activity, education and administration.

RESEARCH AND PROGRAM EVALUATION FOR PHYSICAL THERAPY PRACTICE PROJECTS: 2009-2010

(Units 6, 10 and 12)

Thank you to all the advisors for submitting outlines for the 2009 Call for Research Projects (Unit 6). Following is the list of the Research Projects for the upcoming 2009-2010 MScPT academic year.

Group 1 - A pilot project to determine the nature, extent and impact of pain in CABG patients 6 weeks after sternotomy

Students: Lana Klaiman, Christopher Jacob, Katherine Symes, Susan Awdishu, Gillian Casey

Advisors: Joanna Parkes, Patricia Fox, Lindsay Beavers, Rebecca Bunston

Site: St. Michael's Hospital

Group 2 - Academic honesty among PT students: A pilot study

Students: Jason Martin, Alexandra Davidson, Eli Montuno, Karen Iwasaki, Susan Jones

Advisors: Brenda Mori, Dina Brooks, Barbara Gibson, Zubin Austin

Site: Department of Physical Therapy, University of Toronto

Group 3 - Accessibility of publicly funded outpatient physiotherapy services in a specialized spinal cord rehabilitation centre

Students: Sarah Argent, Karen Ho, Tanya Switalsky, Sarah Nestor, Daniel Nightingale

Advisors: Josh Williams, Helen Morris, Craig Ganley, Nathan Wong, Melanie Alappat

Site: Toronto Rehabilitation Institute

Group 4 - Are the educational needs of the Total Joint Patient being met?

Students: Darryl Reid, Raymond Chan, Emily Johnson, Deonand Persaud

Advisors: Lynda O'Callaghan, Sara McConnell

Site: St. Joseph's Health Centre

Group 5 - Characterization of pulmonary rehabilitation programs pre and post lung transplantation

Students: Tania Trojette, Scarlett Wong, Rebecca Elliott, Kamil Dlugosz, Sakina Rashid

Advisors: Lisa Wickerson, Denise Helm, Dina Brooks

Site: University Health Network, Toronto General Hospital

Group 6 - Client perspectives on a small group gym program for adults with chronic illness

Students: Jennifer Avey, Stacy Foote, Samantha Plested, Courtney Hypes, Waleed Abdel-Razek

Advisors: Rebecca Gruber, Jan Goldstein Elman

Site: One Step Ahead Mobility Physiotherapy

Group 7 - Cognitive strategies to improve gait performance in people with stroke: Secondary analysis of videotaped data from three single case experiments

Students: Samantha Fernandes, Steven Procter, Rosemarie Harrison, Man Huangfu, Ashley McGrath

Advisors: Sara McEwen, Helene Polatajko, Maria Huijbregts

Site: Baycrest Centre for Geriatric Care and Department of Physical Therapy, UofT

Group 8 - Continuing education for manual and manipulative therapists in Canada: a survey of perceived needs

Students: Sherman Mok, Joyce Chau, Pamela Chadbourn, Rebecca Stehouwer, Bradley Robles

Advisors: Euson Yeung, Lianne Chan

Site: Department of Physical Therapy, University of Toronto

Group 9 - Development of a self report pre and post operative functional mobility screening tool for surgical oncology patients

Students: Elizabeth Hall, Maia Sluzar, Robyn Spencer, Ashley Rogers, Thomas Fee

Advisors: Vanessa Wheeler, Eleanor Weitzner, Deirdre Law, Nicole Cooper

Site: Sunnybrook Health Sciences Centre

Group 10 - Establishing the reliability of the Physiotherapy Intervention Strategy Rating Form within physiotherapy interventions for children and youth with Acquired Brain Injury (ABI)

Students: Priyanka Banerjee, Theresa Hunter, Trishna Kamath, Julia Ito, Megan Pfeifer

Advisors: Virginia Wright, Danielle Levac

Site: Bloorview Kids Rehab

Group 11 - Exploring gait patterns and potential predictors following Total Hip Replacement (THR)

Students: Steven Fleming, Kara Foley, Timothy Burgess, Alexander Singh, Clare Armstrong

Advisors: Karl Zabjek, Deborah Kennedy, Susan Robarts, Sonya Allin

Site: Sunnybrook Health Sciences Centre (The Holland Institute) and UofT

Group 12 - Identifying current mobility practice of physiotherapists treating acute neurological patients with external ventricular drains

Students: Amanda Calvin, Chelsea Hale, Benjamin Tobali, Kyle Wong, Amanda Rnic

Advisors: Catharine Duncan, Jean Brown, Christopher Hawke, Carol Heck

Site: University Health Network (Toronto Western Hospital)

Group 13 - Neurodevelopmental rehabilitation for toddlers with complex congenital heart defects

Students: Stephanie Gilmour, Nicole Stieber, Jacqueline Rainbow, Angela Morra, Stacy Robitaille

Advisors: Pat Longmuir, Brian McCrindle

Site: Hospital for Sick Children

Group 14 - The educational needs of workers related to the use of protective gloves in the workplace

Students: Lindsay Mooney, Amy Solheim, Daana Ajami, Kyle Rowley, Denise Gervais

Advisors: Sharon Switzer-McIntyre, Linn Holness

Site: St. Michael's Hospital and Department of Physical Therapy, UofT

Group 15 - The influence of a structured IPE component of a clinical placement on health professional students' perceptions of practicing in an interdisciplinary setting

Students: Alison Pinto, Samuel Lee, Samantha Lombardo, Mariam Salama

Advisors: Robyn Davies, Lawrence Jackson, Ruth Barker, Theresa Kay, Sandi Ellis, Laurel Young

Site: Sunnybrook Health Sciences Centre

Group 16 - The provision of weekend and evening physiotherapy in community hospitals in Ontario

Students: Christine Wrong, Andrea Jayawardena, Carolyn Ottensmeyer, Sanmeet Chattha, Kelly McBoyle

Advisors: Dina Brooks, Sunita Mathur, Cindy Ellerton

Site: Department of Physical Therapy, University of Toronto

Group 17 - What matters to patients?

Students: Amanda Joaquim, Staci Modde, Helen Yang, Vijay Sharma, Joanne Ukposidolo

Advisors: Cathy Evans, Beverly John

Site: Joseph Brant Memorial Hospital

Group 18 - "Poz-Brain"?: Exploring the experiences of people living with HIV-associated neurocognitive challenges

Students: Shannon Gallagher, Elyse Della Rossa, Sarah Biro, Manisha Sachdeva, Eryn Creamer

Advisors: Stephanie Nixon, Evan Collins

Site: Department of Physical Therapy, University of Toronto

PUBLICATIONS

Espiritu O, Schaeffer E, Bhesania N, Perera S, Dickinson E, Nussbaum E, Lai D. Physiotherapy Practice and Delegation Policies in Oxygen Administration: A Survey of Ontario Hospitals. *Physiotherapy Canada* 2009 61:163-172.

COURSES/PRESENTATIONS/EVENTS**REHAB ROUNDS – DATES FOR 2009/2010: (12pm – 1pm)**

Date	Speaker	Location	Topic
October 1 st	Cheryl Cott	Rm 132	Using social network analysis as part of an edumetric process in geriatrics, interprofessional teamwork and interagency collaboration
November 5 th (12:15 – 1:15)	Kathy McGilton	Rm 132	Making it happen: Rehabilitating Patients with dementia and/or delirium
December 3 rd	Pascal van Lieshout	Rm 140	Relationship between speech acoustics and face motion as a function of age and disease
January 7 th	Heather Carrahan	Rm 140	Simulation in Rehabilitation
February 4 th	Joan Scannell	Rm 140	Disc mechanics – clinical theories of predisposing risk factors and treatment investigated
March 4 th	Elizabeth Rochon	Rm 140TBC	
April 1 st	Susan Jaglal	Rm 140	Regional Osteoporosis Coordinator knowledge exchange trial (ROCKET)
May 6 th	Kelly O'Brien	Rm 140	Assessing the sensibility of a new HIV-disability questionnaire for adults living with HIV
June 3 rd	Pia Kontos	Rm 140	Brain injury rehab

PRACTICAL AND UP-TO-DATE PRINCIPLES OF CHRONIC NON-CANCER PAIN MANAGEMENT

Friday, Oct 16, 2009: MARS Auditorium, 101 College Street, Toronto, Ont.

Presented by the Inter-Urban Pain Association & The Comprehensive Pain Program, Toronto Western Hospital

By the end of the conference, participants will be able to:

- Describe the basic principles of chronic opioid management, including problems of misuse and addiction;
- Identify approaches to improve the mental health of chronic pain sufferers in the community;
- Critically interpret indications and effectiveness for trigger point blocks;
- Develop basic skills of interpreting investigations for chronic back and neck pain;
- Detect signs of transition of acute to chronic pain.

Cost: \$175.00 for practicing professionals; \$100.00 for trainees

For more information contact 416-603-5800 x2003 anna.kenyon@uhn.on.ca

MAKING CLINICAL REASONING FUN – THEORY TO PRACTICE: OCT 23-24/09

This interactive two-day course is designed for physiotherapists who would like to integrate clinical reasoning skills and evidence-based practice into the management of their patients. Participants will acquire an understanding of various clinical reasoning models and their practical application and will participate in facilitated group exercises using case studies to enhance these skills.

Lenerdene Levesque is a co-owner of a private practice in Ottawa and is an instructor and examiner for the National Orthopaedic Division; Erik Thoomes is owner of a private practice in The Netherlands and an instructor and examiner at SOMT, the largest school for manual physiotherapy and sports physiotherapy in The Netherlands.

Date: October 23 and 24, 2009 Cost: \$400.00

Location: University of Toronto, 500 University Ave
For Further Information: Events View - www.physicaltherapy.utoronto.ca

Contact: Allison Smith, Department Support 416-946-8641 and/or
pt.reception@utoronto.ca

TORONTO REHAB 5TH ANNUAL RESEARCH DAY

Registrations and presentation submissions are now being accepted for Toronto Rehab's fifth Annual Research Day, from researchers, research students, clinicians and staff who are affiliated with Toronto Rehab.

NEW! Researchers have the option of submitting a digital media presentation instead of a standard poster. Talk to your Team Leader or contact [Conference Services](#) for more information.

The annual event features a morning "Minute Madness" style of presentation where the authors of each poster or digital media exhibit have precisely one minute to present their message to the audience. The technique continues to be a resounding success with more

than 100 presenters expected to give a one-minute overview of their project using humour, poetry and song to engage the audience. Later in the day, people will have the opportunity to visit different posters and digital media presentations for more detailed discussion.

Date: Monday, November 2 -- 9:00 a.m. – 3:30 p.m.

Location: Sheraton Centre, Dominion Ballroom, 123 Queen Street West, Toronto, Ontario

Free Registration: Presenters or attendees, please register online at <https://www.confmanager.com/main.cfm?cid=1917&tid=32>

For information regarding registration or poster submissions, please contact Conference Services at conferences@torontorehab.on.ca or call 416-597-3422 ext. 3693

ACTION ONTARIO INVITES YOU TO ATTEND

Neuropathic pain is the result of damage or disease to the nervous system. It has one face – that of suffering and distress – but its causes are many, including multiple sclerosis, diabetes, AIDS, cancer and nerve injuries. Unfortunately, people suffering from neuropathic pain often have difficulty receiving proper diagnosis and appropriate treatment. If these problems are to be addressed, Ontario must have a comprehensive strategy to deal with the many types of chronic pain, including neuropathic pain.

Towards an Ontario Strategy, a symposium is being held during National Pain Awareness Week, will bring together patients, clinicians, researchers and other interested people to explore the possible shape an Ontario comprehensive pain strategy might take.

When: Tuesday, November 3, 2009 1:00 – 4:30 p.m.

Where: MaRS Auditorium, 101 College Street, Toronto

For more information, and to RSVP: email actionontarioadmin@gmail.com

8th ANNUAL ARTHRITIS DAY FOR PRIMARY PRACTITIONERS: PRACTICAL SOLUTIONS TO COMMON PROBLEMS -- OSTEOPOROSIS

Participants will learn an evidence based and current approach to investigation and management of osteoporosis. They will also learn an approach to prevent and deal with the fracture complications of osteoporosis. Small group sessions will give participants the opportunity to learn and improve clinical skills in the management of common musculoskeletal disorders.

Date: Saturday, November 14th, 2009 Cost: Allied Health Professionals \$65.00

Location: Paul Marshall Lecture Theatre, Ground Floor, Queen Wing,
St. Michael's Hospital, 30 Bond Street.

For Further Information on Program and to Register:

Rezi Roberts

Tel: 416 864 6060 ext. 6182

Email: robertsr@smh.toronto.on.ca

Fax: 416 864 3097

Website: <http://www.stmichaelshospital.com/>

A PERSPECTIVE ON CHRONIC DISEASE MANAGEMENT & THE IMPACT OF PHYSIOTHERAPY MANAGEMENT

Date: Monday November 16, 2009

Location: Toronto General Hospital

Cost: \$200, \$150 student rate

Description: This is a 1 day course designed for graduate physical therapists and students who wish to improve their knowledge of chronic diseases in patients during an acute medical event requiring hospitalization and re-evaluation of function. The course will highlight the impact of these conditions on physiotherapy management.

Contact: Therese Hawn at therese.hawn@uhn.on.ca or at 416-340-4800 x4432

CURRENT PT MANAGEMENT OF DIZZINESS

Date: 6:00 pm - 9:00 pm, **December 4th, 2009** and 9:00 am - 4:00 pm, **December 5th**

Course description: Vestibular rehab is an emerging branch of Physiotherapy which has gained significant popularity in the last 10 years. Vertigo is a common problem affecting up to 30% of adults at least once in their lives. Benign Paroxysmal Positional Vertigo is the most common cause of vertigo in an adult population. This problem can easily be treated by physiotherapists with simple bed-side maneuvers. This hands-on course will help you evaluate and treat most common causes of vertigo and dizziness. We will learn: Vestibular anatomy and physiology; Functional assessment of balance; Evaluation and Treatment of: Cervicogenic vertigo; Vertebrobasilar insufficiency; Meniere's Disease; Benign Paroxysmal Positional Vertigo.

Instructor: André Riopel BScPT, FCAMT

André has been teaching manual therapy and vestibular courses for 15 years. He has an advanced diploma in manipulative physiotherapy from the Auckland Technical Institute and a fellow of the Canadian Academy of Manipulative Therapists.

Location: The Physio Solution @ Seneca College (HWY 404 & Finch)

Residence: Available @ Seneca Residence & Conference Centre @ \$49.95 per night

Contact: Andy Wang PT, FCAMT, CAFCI, President of YRSD of OPA

The Physio Solution -- www.ptsolution.ca <<http://www.ptsolution.ca>>

416-491-5050 ext. 2969

anshyr@gmail.com <<mailto:anshyr@gmail.com>>

Cost: \$450 (Including parking two days @ Seneca College, light refreshment 5:30 pm on Friday night, continental breakfast, & pizza lunch)

Space is limited. Register early.

To unsubscribe please email pt.link@utoronto.ca and type "Remove" in the subject line.

Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the **15th** of each month in Word format to Cindy Mallory at pt.link@utoronto.ca with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.