



Physical Therapy
UNIVERSITY OF TORONTO
PT LINK NEWSLETTER

January 2010: Volume 5, Number 1

www.physicaltherapy.utoronto.ca

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MESSAGE FROM THE CHAIR

Although I have enjoyed my Sabbatical, it is wonderful to be back! I would like to start by thanking Dina Brooks for the excellent job she did as Acting Chair. She took on the role with enthusiasm and dedication, and together with a dedicated faculty and staff, accomplished a tremendous amount during the past six months. Thank you to everyone for your support!

As we look forward, I am very excited about new directions this department will be taking, including creating and launching a Strategic Plan for the Department of Physical Therapy. This will help us to move ahead in a thoughtful and coordinated fashion, while continuing to achieve a vision of excellence and leadership in education, research and clinical practice. This plan will carry us forward over the next five years, developing specific achievable long and short-term goals, and will be in alignment with the vision, mission and values of the Faculty of Medicine and the University of Toronto. I know this will be a rewarding journey, helping to enhance our profile within the University, the community, as well as internationally.

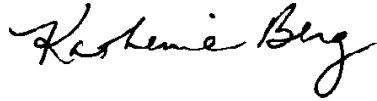
Preparation for Accreditation is coming along on schedule, and onsite visits from reviewers will take place May 31st to June 2nd. A special thanks to the Accreditation Team of Sharon Switzer-McIntyre, Dina Brooks and Ningsha Zhong.

Following are some departmental events coming soon:

- **January 20th:** Special Rehab Rounds – Linda Wilson, Principal Lecturer, School of Occupational Therapy, Dunedin, New Zealand, ***“Community focused health: participation and development in Aotearoa New Zealand”***, 500 University, Rm 132
- **January 21st:** Recognition & Exceptional Achievement Award Ceremony and Faculty Assembly. All are invited to an afternoon of sharing and collaboration. ***Please see details in the Events Section below.***
- **January 28th:** Special Rehab Rounds – Jan Robinson, Registrar and CEO of the CPO, ***“An update on Bill 179”***, 500 University, Rm 140
- **February 4th:** Joan Scannell, ***“Disc mechanics – clinical theories of predisposing risk factors and treatment investigated”***, 500 University, Rm 150

- **April 28th, 2010:** Second Annual Rehab Sector Clinical Education and Research Day.
<http://www.rehab.utoronto.ca/Research%20Showcase%20Invitation.htm>

I am proud to work with such a talented and dedicated group of faculty and staff, and look forward to an exciting and rewarding 2010!



Katherine Berg
Chair, Department of Physical Therapy

PT PROFILES

THE ACADEMIC PRACTICE LEADERS COMMITTEE

The Academic Practice Leaders (APL) Committee is comprised of the Physical Therapy Professional Practice Leaders (or those with similar titles) from hospitals within our catchment (the Greater Toronto Area) along with the Director of Clinical Education and Chair of the Department of Physical Therapy. This committee is co-chaired by Brenda Mori (Director of Clinical Education), and Steve Wong (Professional Practice Leader – Baycrest), a member of the committee.

The purpose of this committee is to support, promote and participate in the development of an Academic Physical Therapy framework in areas of research, education and clinical practice, through:

- networking with other hospitals and the University of Toronto
- promoting the linkages between academics, clinicians and researchers
- maintaining an awareness of relevant internal and external changes in health care delivery and policy and academic curriculum development, with a specific interest in Physical Therapy
- facilitating or recommending opportunities for building leadership skills within the Physical Therapy profession
- fostering a consultation model for purposes of accessing specialized Physical Therapy expertise in other facilities.

Last year, the committee collaborated to prepare a document regarding the hiring of Kinesiologists, the opportunities and challenges that may arise in health care settings where PTs and Kinesiologists are employed, and proposed some necessary steps for PTs and practice leaders to consider before the hiring occurs. The APL Committee also collaborated to share and enhance members' knowledge of Interprofessional Education opportunities and initiatives.

This year, the committee has started collaborating on gathering information and the discussion on the role of professional practice leaders across our catchment and strategies on how this can continue to be an effective role amongst all the changes currently happening in the hospitals and health care.

This committee meets on the second Thursday of the month from September to June. If you have any questions or would like to learn more about the committee, please don't

hesitate to contact our Co-Chairs Brenda (brenda.mori@utoronto.ca) or Steve (swong@baycrest.org).

DEPARTMENTAL NEWS

APPLICATIONS FOR STATUS ONLY APPOINTMENTS

The **Department of Occupational Science and Occupational Therapy, Department of Physical Therapy, and the Department of Speech-Language Pathology** will soon be accepting applications for Status-Only Appointments for the term beginning July 1, 2010.

If you are interested in applying, please visit our website at www.rehab.utoronto.ca and click on the **“Status-Only Appointments”** link.

Applications will be accepted online starting January 25, 2010. **The deadline for submitting your application is February 28, 2010. Please note that late applications will NOT be considered.**

Should you have any questions, please refer to the 2010 Status-Only Guidelines provided on the website or contact Simone Olivero at the applicable email address listed below:

Occupational Science and Occupational Therapy, email: ot.statusappt@utoronto.ca

Physical Therapy, email: pt.statusappt@utoronto.ca

Speech-Language Pathology, email: slp.statusappt@utoronto.ca

NOTE:

There will be an information session to assist faculty with the application process as follows:

SESSION AND WEBINAR

Tuesday, January 26th, 2010: 12:10 to 12:50pm

Location: Rehabilitation Sciences Building, 500 University, Room 140

Or visit: <http://utrehab.na5.acrobat.com/howtoapply> just prior to the session.

The objective is to provide an overview of the 2010 Status-Only Appointment Guidelines available at <http://www.rehab.utoronto.ca/StatusOnly>; to introduce the new user-friendly online application process; and to respond to questions regarding Status-Only appointments.

For more information contact:

Simone Olivero at 416-978-4648 or rehab.sector@utoronto.ca

HONOURS AND AWARDS

CONGRATULATIONS TO SUNITA MATHUR!

Sunita Mathur received a lab infrastructure grant from the Canada Foundation for Innovation (CFI). This grant will allow Sunita to purchase new equipment for the Muscle

Function and Performance Lab located at 500 University Ave. The focus of her research lab is to evaluate muscle atrophy and develop new exercise-based strategies for improving muscle function in people with neuromuscular or cardiorespiratory disease.

CONGRATULATIONS TO NANCY SALBACH!

Congratulations to Nancy Salbach (Principal Investigator) and co-investigators Dina Brooks, Mark Bayley, Marilyn MacKay-Lyons, Alison McDonald, Ivan Silver, and Sara Guilcher on obtaining a Canadian Institutes of Health Research meetings, planning and dissemination grant to contribute to evidence-based health services delivery post stroke.

PUBLICATIONS

Yoshida, K.K. Odette, F. Hardie, S., Willis, H., Bunch, M. Women living with Disabilities and their experiences and issues related to the context and complexities of leaving abusive situation. In press Disability and Rehabilitation, Vol 31(22): 1843-1852. October 2009.

Parnes, P., Brooks, D., Cameron, D., Christie, N., Cockburn, L., Hashemi, G., **Yoshida, K.K.** Disability in Low Income Countries: Issues and Implications, Disability and Rehabilitation, Vol. 31(14): 1170-1180. June 2009.

Yoshida, K.K. Self, H. Renwick R. Forma L. King A.J. Fell L. Consumer values as a basis for future SCI practice models: application to women with SCI and the body. In press, Topics in SCI rehabilitation: Special Issue – SCI and Women. **(Invited and peer reviewed submission)** Vol 15(1): 1-14. August 2009.

*Rolfe, D.R., **Yoshida, K.K. (Primary supervisor of student)**, Renwick, R., Bailey, C., Negotiating Participation: How women living with disabilities address barriers to exercise, Health Care for Women International. 1096-4665, Vol. 30(8): 743- 766, 2009.

Yoshida, K.K. & Parnes, P. Brooks, D., Cameron, D. A Case study of the changing nature of an NGO's: a focus on disability and development. Disability and Rehabilitation, Vol 31 (8): 675- 683, 2009.

J Watt-Watson, M McGillion, **J Hunter**, M Choiniere, AJ Clark, A Dewar, C Johnston, M Lynch, P Morley-Forster, D Moulin, N Thie, CL von Baeyer, K Webber. A survey of prelicensure pain curricula in health science faculties in Canadian universities. Pain Res Manage 14(6) 439-444.

COURSES/PRESENTATIONS/EVENTS

PT FACULTY ASSEMBLY

January 21, 2010, 11:30-4:30
Mount Sinai Hospital – 18th Floor Auditorium

*** All University of Toronto Department of Physical Therapy Faculty are welcome! ***

Highlights:

- **Exceptional Achievements and Recognition Awards Ceremony**
- **Keynote Address by Julie Hard –“Rehabilitation: A World of Opportunity”**
 - Julie will present her inspirational address from the Helen Saarinen Lectureship, in which she uses her own journey as a physiotherapist working with people living with HIV in Canada and abroad to illustrate the opportunities that exist for all of us in global health.
- **Workshop by Jordan Lewis – “Don't Stop Believin’: A Journey into Coping with Ups and Downs as Health Care Providers”**
 - This dynamic, interactive and entertaining workshop will provide practical tools for physical therapists, both those working on the frontlines as well as those in other areas of the profession, who interface with clients and colleagues who may benefit from counseling.

Following is the link to register: <http://app1.rehab.utoronto.ca/ptfacultyassembly/>

REHAB ROUNDS – DATES FOR 2009/2010: (12pm – 1pm)

Date	Speaker	Location	Topic
January 20 th	Linda Wilson	Room 132	Community focused health: participation and development in Aotearoa New Zealand
January 28 th	Jan Robinson	Rm 140	An Update on Bill 179
February 4 th	Joan Scannell	Rm 150	Disc mechanics – clinical theories of predisposing risk factors and treatment investigated
March 4 th	Elizabeth Rochon	Rm 150	Speech therapy after stroke: behavioural and brain changes
April 1 st	Susan Jaglal	Rm 140	Regional Osteoporosis Coordinator knowledge exchange trial (ROCKET)
May 6 th	Kelly O'Brien	Rm 140	Assessing the sensibility of a new HIV-disability questionnaire for adults living with HIV
June 3 rd	Pia Kontos	Rm 140	Brain injury rehab

CERTIFICATE IN PAIN MANAGEMENT

Applications will be accepted for this program starting **January 15th, 2010**. The certificate is granted upon successful completion of three required graduate-level courses, as follows:

- The Nature of Pain (REHAB 535)
- Assessment and Management of Pain (REHAB 536)
- Integrating and Implementing Pain Management Models (REHAB 537)

Registration for the *Nature of Pain* will begin in February.

The Course Director is Dr. Judith Hunter, Assistant Professor in the Department of Physical Therapy at the University of Toronto and University of Alberta, and a member of the UT Centre for the Study of Pain.

The Course Facilitator is Iain Muir, Assistant Professor in the Department of Physical Therapy at the University of Alberta. Guest Faculty will include leaders in pain research, management and education from across Canada.

To begin the application process for graduate admission, visit the FGSR website at: <http://www.gradstudies.ualberta.ca/apply/onlineapplication.htm>

For more information contact:
Shawn Drefs, Certificate Programs Coordinator
Faculty of Rehabilitation Medicine
780-492-1587
sdrefs@ualberta.ca
<http://www.uofaweb.ualberta.ca/rehabmed>

SAVE THE DATES

**INTERNATIONAL CENTRE FOR DISABILITY AND REHABILITATION
UNIVERSITY OF TORONTO**

Thursday, January 28, 2010 -- 6PM–9PM

‘Celebrate a World of Opportunity’

Gala Evening in conjunction with the Shamba Foundation

Friday, January 29, 2010 -- 9AM–4PM

Symposium exploring international issues in sexuality and disability

Tickets on Sale December 3, 2009 – World Disability Day

For Further Information contact: icdr.info@utoronto.ca

5th FIFTH ANNUAL SURGICAL ONCOLOGY EDUCATION DAY – FEBRUARY 11TH, 2010

Registration is now open

The Oncology program at the Sunnybrook Health Sciences Center is proud to present this education day designed to share knowledge and research about topics that are relevant to the surgical oncology population. Topics for this year’s event include: treatment of Liver Metastases, Laryngeal Cancer, Brain Tumours, Breast Cancer interdisciplinary approach, Complex Fistulas, and a global perspective on Cancer. Our speakers are surgical and medical oncologists, nurses, speech language pathologists, occupational and physiotherapists, all of who work at Sunnybrook and the Odette Cancer Centre.

This event has become very popular over the years and books up quickly. It appeals to all health care professionals. Register before January 25, 2010 and pay the Early Bird price of \$40 (Sunnybrook staff) or \$75 (non Sunnybrook staff). Registration after this date will be

\$100. The final date for registration is February 1st. A light breakfast and lunch will be included.

If you have any questions, or to register please contact Nadine Walters at 416 480 6100 ext 7540, Room A230 at the Sunnybrook campus.

2010 LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Presented by the Philippine Working Group, International Centre for Disability and Rehabilitation, University of Toronto

Keynote Lecturer: David Magee, PT, PhD
Author of the book "Orthopaedic Physical Assessment"

Date: Saturday, May 15, 2010: 9:00am – 12:00pm

Location: OISE Auditorium (University of Toronto)
252 Bloor Street West, Toronto

Early Registration: \$60.00 for professionals; \$40.00 for students
Registration after March 31st: \$70.00 for professionals; \$50.00 for students

For More Information: lectureday@yahoo.ca

1ST CANADIAN STROKE CONGRESS LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Researchers in stroke rehabilitation have put together an exciting one-day rehab workshop to be held June 6th, 2010, as part of the 1st annual Canadian Stroke Congress. There will be keynote and guest speakers from across Canada (Janice Eng, Mark Bayley, Jill Cameron, Sharon Wood-Dauphinee, William McIlroy and Gail Eskes) and best practice workshops.

Keynote Address: "From Muscles to the Mind: Multi-System Benefits of Exercise in Stroke" Janet Eng, PhD, PT/OT, Vancouver

Date: June 6th, 2010

Location: Quebec City

For more information: www.strokecongress.ca

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Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

*Please submit content by the **15th** of each month in Word format to Cindy Mallory at pt.link@utoronto.ca with the following information:*

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.