



Physical Therapy  
UNIVERSITY OF TORONTO  
**PT LINK NEWSLETTER**

January/February 2011: Volume 6, Number 1

IN THIS ISSUE:

[www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

- ✚ Message from the Chair
- ✚ PT Profiles
- ✚ Departmental News
- ✚ Honours and Awards
- ✚ Publications
- ✚ Courses/Presentations/Events
- ✚ Other News



## MESSAGE FROM THE CHAIR



It has been a busy start to 2011 for all of us, and momentum continues to build as we begin to shape the outcome of our Strategic Planning efforts into concrete actions to carry us forward.

Below is the Executive Summary of our Strategic Planning Process Report. To view our Strategic Plan, as well as the Report, please click on the links on our home page (scroll down under 'Welcome') <http://www.physicaltherapy.utoronto.ca/site3.aspx>. If anyone is interested in participating in our Strategic Planning process as it rolls out, we would be pleased to hear from you!

### *Department of Physical Therapy Strategic Plan - Executive Summary*

*In 2010, the Department of Physical Therapy at the University of Toronto engaged in a robust engagement and planning process to set a direction for the future. After setting initial directions at an internal retreat in April, the faculty and staff of the department interviewed over 120 stakeholders from across the university, research centres, clinical settings, associations, regulatory bodies and patient groups to uncover insight into the direction to take the department into the future.*

*Eighty faculty, staff, clinicians and other stakeholders came together at a planning summit in October 2010 to reaffirm the vision and mission of the department and to set clear bold intentions for the coming five years. The group created a clear intention for the department to be a visionary assertive leader in the health system and rehabilitation sector, supporting the promotion of mobility and function through education and research.*

*The group also affirmed a desire over the next five years to:*

- 1. Review the curriculum to ensure we meet the changing and future needs (10-15 years) of key populations using emerging research and technologies and preparing students to be advocates for patients and the profession*
- 2. Clarify and enable the role of PTs in advocating for patients and the profession*
- 3. Consolidate a translational research program that informs and drives PT practice, education and policy*
- 4. Continue to foster a robust community that is aware of and integrated with resources, research opportunities, learning opportunities, and the expertise within our program*

*In the coming year, four innovation teams will be meeting to move each of the key agenda items forward and create clear plans to bring our vision to life.*

The focus of one of our Innovation Teams is a review of our curriculum. We are undergoing a voluntary **curriculum review** to reflect on what we are doing and what changes might be appropriate to take advantage of technology, address the needs of learners and to meet the health care challenges of the future. We will be holding a curriculum renewal retreat in February over three days, and this will include looking at innovative teaching methods and models.

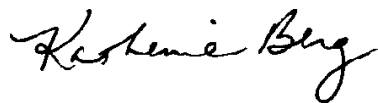
We also held our annual Department of Physical Therapy **Recognition and Exceptional Achievement Awards ceremony** at Hart House on January 20<sup>th</sup>. We had our largest attendance yet with over 170 attendees, and there was a great sense of community and energy throughout the event. For the list of award winners, please see our Awards and Honours section below.

### **Mark your calendars!**

Following are some upcoming events of interest:

- **Rehab Rounds – February 3<sup>rd</sup>, 2011:** (12pm – 1pm) **Janet Parsons**, 'Film-based research methods and rehabilitation science: New tools for inquiry, knowledge translation and public engagement'.
- **Rehab Rounds – February 24<sup>th</sup>, 2011:** (12pm – 1pm) **Professor Rich Simpson**, Associate Professor, University of Pittsburgh – 'Using Technology to Motivate Participation in Occupational, Physical and Speech/Language Therapies' (**For full schedule, see events section below**)
- **May 11<sup>th</sup>, 2011:** Rehab Sector Research and Clinical Education Day

If you have any comments or feedback, please let us know at [pt.chair@utoronto.ca](mailto:pt.chair@utoronto.ca).



Katherine Berg  
Chair, Department of Physical Therapy

## PT PROFILES

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### SARA MCEWEN – PROFILE OF A RESEARCHER



Dr. Sara McEwen is a physiotherapist and a scientist. She obtained a BSc(PT) from McGill University (1990), a Masters in Rehabilitation Science from McGill (1996) and a PhD in Rehabilitation Science from the University of Toronto (2009). She has worked as a physiotherapist, educator, and researcher. Presently, she is a research scientist at St. John's Rehab Hospital, and she holds appointments as Assistant Professor in the Department of Physical Therapy at the University of Toronto, and as Research Associate, Cognitive Rehabilitation Research Group, Washington University, St. Louis.

Dr. McEwen's overarching research interest is in improving long-term meaningful outcomes for people with chronic conditions through better understanding the links between cognition and motor skill acquisition/motor performance. For her doctoral research, she examined the utility of

the Cognitive Orientation to daily Occupational Performance (CO-OP) treatment approach, originally designed for use with a pediatric population, and for use with adults with chronic stroke.

A current project is expanding on this work and investigating the use of a cognitive-oriented treatment approach in the early stages following a stroke. This work is highly relevant to both people living with stroke and the rehabilitation clinicians who treat them, in that it contributes information about a treatment approach designed to address personally meaningful functional goals, as well as retention, generalization, and transfer of skills learned. The approach uses *cognitive* strategies to facilitate *motor* skill acquisition, and shows great promise to improve real-life functioning in people living with stroke. To date, five peer-reviewed manuscripts have resulted from this work, including the winner of the Henry Stonnington Award for best review paper, awarded by Brain Injury Journal and Informed Healthcare (McEwen SE, Huijbregts MPJ, Ryan JD, Polatajko HJ. Cognitive strategy use in motor skill acquisition post stroke: A critical review. *Brain Injury* 2009; 23(4): 263-277).

Dr. McEwen is also the lead investigator on the Action to Enhance Rehabilitation in Oncology (AERO) project. In the first phase of the AERO project, researchers are endeavoring to establish a profile of patients admitted to specialized in-patient oncology rehabilitation, and to explore the factors associated with key rehabilitation outcomes, such as functional status and discharge destination. Future phases will build on this preliminary work to develop and evaluate oncology rehabilitation programs that strive to improve long-term meaningful outcomes for people living with cancer or the effects of cancer treatment.

## DEPARTMENTAL NEWS

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### DEADLINE IS FEBRUARY 28, 2011 FOR STATUS-ONLY AND ADJUNCT APPOINTMENT APPLICATIONS

The Department of Physical Therapy, Department of Occupational Science and Occupational Therapy, and the Department of Speech-Language Pathology are currently accepting applications for Status-Only and Adjunct Appointments for the term beginning **July 1, 2011**.

If you are interested in applying, please visit our website at <http://www.rehab.utoronto.ca/StatusOnly/>. The deadline for submitting your application is **February 28, 2011**. Please note that late applications will **NOT** be considered.

Should you have any questions, please refer to the "2011 Status-Only and Adjunct Guidelines" provided on the website or contact Simone Olivero at the applicable email address listed below:

Physical Therapy, email: [pt.statusappt@utoronto.ca](mailto:pt.statusappt@utoronto.ca)

Occupational Science and Occupational Therapy, email: [ot.statusappt@utoronto.ca](mailto:ot.statusappt@utoronto.ca)

Speech-Language Pathology, email: [slp.statusappt@utoronto.ca](mailto:slp.statusappt@utoronto.ca)

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### SUSAN JAGLAL APPOINTED TO MOH PANEL

Susan Jaglal has been appointed to the Rehab CCC Expert Panel of the Ministry of Health. The purpose of the panel is to re-think the delivery of rehabilitation and complex care across the continuum including community settings, hospitals, transitional and convalescent care settings and long-term care. Fundamental to this review is the establishment of a single, province-wide vision and conceptual framework to guide the development of new service delivery models for rehabilitation and CCC. The panel will make recommendations to the standing ER/ALC Expert Panel of the MOH. The project duration is 12 months.

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## THE LOSS OF TWO DEAR COLLEAGUES

### ESTELLE CUNNINGHAM

We are sad to report that Estelle Cunningham (4T6) passed away January 1, 2011. Estelle founded Brant 730 Physiotherapy in Burlington, Ontario, one of the first and most successful private practices in Ontario. For many years, she served as Chairman of the Board of Drugless Practitioners, the governing body for physiotherapists in Ontario and the precursor of the College of Physiotherapists of Ontario. She was honored by the Canadian Physiotherapy Association as a Life Member for her extensive work on many CPA and OPA committees.

Estelle will be remembered by her patients and her peers for her ready smile and witty comments. She will be missed by friends across Canada.

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### NANCY REID

It was with great sadness that we announce the passing of Nancy Reid on January 5, 2011 in her 75th year. Nancy was a physiotherapist who was known in the Toronto area as the Director of Rehabilitation Medicine at St John's Rehabilitation Hospital for many years. Nancy was very involved in Continuing Education at the University of Toronto, Department of Physical Therapy and was the person responsible for administering Manual Therapy Courses in the 80's and 90's. She contributed a great deal to the professional development of physiotherapists through her work in continuing education and in the clinical placement of students. Nancy will be greatly missed by colleagues, friends and family.

In memorium, donations in Estelle's or Nancy's memory can be made to the Department of Physiotherapy, at the following link:  
<https://donate.utoronto.ca/give/show/41>

When you enter your information under 'additional information' please specify either: Estelle C. Cunningham Student Award; or Nancy Reid Student Award.

Cheques can also be sent to Julie Lafford, payable to the Department of Physiotherapy at:

Julie Lafford, Manager, Alumni Relations  
Faculty of Medicine, University of Toronto  
1 King's College Circle Rm 2306H  
Toronto ON M5S 1A8

## HONOURS AND AWARDS

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### DEPARTMENT OF PHYSICAL THERAPY EXCEPTIONAL ACHIEVEMENT RECOGNITION AWARD RECIPIENTS 2010

Congratulations to the following Exceptional Achievement Award Recipients, who are individuals who have made exceptional contributions to the Physical Therapy profession in the following categories:

**David Evans – Practitioner**

**Kelly Brewer - Professional Development**

**Anne Kuus – Education**

**Dr. Barbara Gibson – Research**

## 2010 DEPARTMENT OF PT RECOGNITION AWARD RECIPIENTS

### Faculty and Staff (Inter-departmental)

Cindy Ellerton  
Jo-Anne Howe  
Stephanie Nixon

### Teaching Assistants

Lisa Wickerson  
Marla Beauchamp  
Miriam Graneck  
Priscila Robles  
Rob Balogh  
Rosaleen Crooks  
Sara Guilcher  
Tania Janaudis Ferreira

### Lecturers/Lab Demonstrators

Agnes Makowski  
Alana Tintse  
Alishah Jamal  
Chris Skederidis  
Cynthia Danells  
Dana Rowe  
Danielle McCormack  
Erin Miller  
Glen Barnes  
Jennifer Neirinckx  
Josh Williams  
Kristy Whitney-Mahoney  
Krisztina Weinacht  
Linda Ngan  
Nancy Luong  
Nancy Botting  
Paulo Koeberle  
Shawn Brady  
Stephen Hall  
Sylvia Daniel

### Small Group Facilitators

Alan Le  
Alisha Morgan  
Anne Hu  
Carole Chebaro  
Cathy Zee  
Charlyn Roncesvalles  
Chaya Gottesman  
Christine Leger  
Chun Kim  
Colleen Dunphy  
Cynthia Benchetrit  
Dimple Mistry  
Elly Rocha  
Fatma Rajwani  
Glen Barnes  
Heather Kwok  
Heather Willis  
Irene Nicolakis  
Jean Brown  
Jennifer Ryan  
Jennifer Uyeno  
Josh Williams  
Julia Filinski  
Kaili Phillips  
Karen Ng  
Kary Cheong  
Kathy Mileski  
Kevin Humphrey  
Krista Rose  
Kristine Plourde  
Marci Janecek

### Small Group Facilitators (cont'd)

Melanie Alappat  
Menaka Thevathasan  
Nadia Iannetta  
Natasha Bhesania  
Raymond Kao  
Renee Haldenby  
Rose Cimolai  
Sabine Koszegi  
Stephanie Sollazzo  
Sylvie Robinson  
Tamara Baker  
Tina Sahota  
Tricia Beath  
Vanessa Ellis  
Vanessa Leung  
Vivien Poon  
Zia Poonjiaji

### Best Practice Advisors

Anne Scofich  
Avril Mansfield  
Carolyn McCullough  
Cynthia Danells  
Debbie Hébert  
Karen Brunton  
Karin Salzman  
Liz Inness  
Rebecca Gruber  
Stephen Hall  
Sylvia Quant  
Tanya Aggett  
Tracy Paulenko

### Clinical Instructors

Aileen Ho  
Barbara (Basia) Gorczyca Abel  
Betty Vukusic  
Brendan Hickey  
Bunmi Awoyemi  
Catharine Duncan  
Cheryl Foster  
Chris Henderson  
Daniela Soares  
Dennis Ng  
Erika Gamble  
Fariba Taheri  
Ingrid Otten  
Jaimie Coleman  
Jamil Lati  
Jennifer Neirinckx  
Joanna Parkes  
Katey Knott  
Keith Fernandes  
Kinny Quan Velanoski  
Marcia Dunn  
Moissei Zinguer  
Myrna Benderoff  
Shane Ho  
Sherry Harburn  
Shirlene Campbell  
Sylvia Chan  
Teresa Yeung  
Vanessa Ellis  
Vicki Hawkins  
Yusuf Bangee

### Centre Coordinators of Clinical Education (CCCEs)

Bunmi Awoyemi  
Denise Helm

### Centre Coordinators of Clinical Education (cont'd)

Ellen Newbold  
Myrna Benderoff  
Robyn Davies  
Ryan Leung

### Teams/Sites

*Amps Week Team (Unit 8):*  
Dellene Sakaguchi, Janet Body, Shirlene Campbell

*Bridgepoint Health Neuro Team on 3E and 7W:*

Alan Le, David Stoyanoff, Heather Kwok, Meagan Au, Roslyn Jang, Ryan Vergara, Shauna Humanen, Stephanie Lau

*Cardiorespiratory Team at The Hospital for Sick Children:*

Alison Hassall, Jamil Lati, Jennifer Agnew, Lauren Weinstock, Menaka Thevathasan, Monica Crozniak-Stern, Robin Deliva, Sejal Patel-Modi, Stephanie Dos Santos, Stephanie Sollazzo, Tamara MacAuley, Vanessa Mucci

*Cardiorespiratory Team at Toronto General Hospital:*

Agnes Brunne, Anna Michalski, Anne Kuus, Banshi Shah, Chaya Gottesman, Denise Helm, Gary Beauchamp, Leana Marchand, Marcia Dunn, Megan Tran, Moissei Zinguer, Naomi Eisenberg, Nathalie Côté, Sherry Harburn, Vijay Lakshmi, Vincent Lo

*Hand Therapy Week Team (Unit 8):*

Catherine Sullivan, Marianne Williams, Mary Chang, Teresa Wesolowski

*Kick Physiotherapy Team:*

Carlo DiNardo, Sarah Colangelo

*Parkinson's SCS Group (Unit 5):*

Anita Mendelson, Hedda Zahavi, Myrna Benderoff, Olivia Espiratu, Tanya Aggett

*Spinal Cord Injury Week Team (Unit 5):*

Alexandra Ponikvar, Anne Hu, Chris Materny, Courtland Thompson, Fahreen Ladak, Farhana Jaffer, Heather Densmore, Heather Flett, Helen Morris, Jamie Young, Josh Williams, Kristi Plourde, Kristina Guy, Ksanya Povolotsky, Maria Gonzalez, Nathan Wong, Suzanne lafolloa, Sylvia Cooper, Trish Stapleford

*The Speakers Bureau at the Toronto*

*People with AIDS Foundation:*

Ed Argo, Ian Mahaffy, Kenneth Poon, Kyle Vose, Tara Jewel

*St. Michael's Hospital Physiotherapists:*

Cardiorespiratory PT Team, Inner City Health PT Team, Inpatient Mobility PT Team, Specialized Complex Care PT Team, Outpatient Mobility PT Team, Trauma/Neurosurgery PT Team

## CONGRATULATIONS TO WILLIAM MCILROY

Bill McIlroy was recently featured in *Neurorehab & Neural Repair*, as he has been recognized by the World Federation for NeuroRehabilitation and American Society of Neurorehabilitation for his outstanding contributions to neurorehabilitation research. (*Neurorehabilitation and Neural Repair* 24(9) 781-782).

## CONGRATULATIONS TO KATHERINE BERG

Katherine Berg is the University of Toronto site PI for a new Public Health Agency of Canada (PHAC) grant entitled '*Innovations in Data, Evidence and Applications for Persons with Neurological Conditions*' (ideas PNC). The \$1,470,690 grant was awarded to a national team of researchers, led by John Hirdes (Waterloo), Colleen Maxwell and Nathalie Jette (U of Calgary) – UofT co-investigators include A. Colantonio (OS/OT), D. Doran (Nursing) and K. Berg (Site PI).

## PUBLICATIONS

**Nicholls, DA, Gibson BE** (2010 - online) The Body and Physiotherapy. *Physiotherapy Theory and Practice*. Posted online on August 26, 2010.

**A. Daudji., S Eby T. Foo, F. Ladak, C. Sinclair, M.D. Landry, K. Moody, BE Gibson** (2010-online) Perceptions of Disability Among South Asian Immigrant Mothers of Children with Disabilities in Canada: Implications for Rehabilitation Service Delivery. *Disability & Rehabilitation*. Posted online on Jul 3, 2010.

**Fair, P., McFayden, B.J., Zabjek, K., Reed, N., Taha, T. & Heightley, M.** (2011). Increasing task complexity and ice hockey skills of youth athletes. *Perceptual and Motor Skills*, 112 (1), 29-43.

## COURSES/PRESENTATIONS/EVENTS

### REHAB ROUNDS SCHEDULE - 2010/2011

Date	Speaker	Location	Topic
February 3 <sup>rd</sup> 12:00 – 1:00	<b>Janet Parsons</b> PhD (Medical Science), UofT; MSc (Medical Science), UofT; BSc PT, UofT; BA (Sociology/ Anthropology), Carleton University	Rm 150	Film-based research methods and rehabilitation science: New tools for inquiry, knowledge translation and public engagement
February 24 <sup>th</sup> 12:00 – 1:00	<b>Professor Rich Simpson</b> Associate Professor, University of Pittsburgh	Rm 132	Using Technology to Motivate Participation in Occupational, Physical and Speech/Language Therapies

<p><b>March 3<sup>rd</sup></b> 12:00 – 1:00</p>	<p><b>Nancy White</b> Manager of Home and Continuing Care Development, CIHI</p>	<p>Rm 132</p>	<p>TBA</p>
<p><b>March 29<sup>th</sup></b> 12:00 – 1:00</p>	<p><b>Dr. Frank Kronenberg</b> Founder of Occupational Therapy without Borders</p>	<p>Rm 132</p>	<p>TBA</p>
<p><b>April 7<sup>th</sup></b> 12:00 – 1:00</p>	<p><b>Deirdre Dawson</b> PhD, OT Reg (ON) Senior Scientist, Kunin- Lunenfeld Applied Research Unit, Baycrest &amp; Associate Professor, OS/OT, UofT</p>	<p>Rm 132</p>	<p>TBA</p>
<p><b>May 5<sup>th</sup></b> 12:00 – 1:00</p>	<p><b>Luc De Nil</b> Professor and Chair, Dept of Speech-Language Pathology</p>	<p>Rm 132</p>	<p>Stroke-based Neurogenic Stuttering</p>
<p><b>June 2<sup>nd</sup></b> 12:00 – 1:00</p>	<p><b>Sharon Staus</b> Associate Professor, Department of Medicine, UofT; Director, Knowledge Translation Program, LiKaShing Knowledge Institute, St. Michael's Hospital</p>	<p>Rm 132</p>	<p>TBA</p>

**REHABILITATION RESEARCH PRESENTATIONS**

**Schedule for Feb 2011 – Apr 2011**

**Time: Thursdays, 3:00 to 5:00 pm**

**Location: Rehab Science Building 500 University Avenue**

Course Faculty Professors Dina Brooks and Katherine Berg

Tel.: (416) 978-0173 (Berg) and (416) 978-1739 (Brooks)

Email: [katherine.berg@utoronto.ca](mailto:katherine.berg@utoronto.ca) or [dina.brooks@utoronto.ca](mailto:dina.brooks@utoronto.ca)

Date and Room	Presenter and Topic	Co-coordinator Present
Feb 3rd Rm 140	<ul style="list-style-type: none"> <li>• "Brain Injury and Impaired Sleep Function". <i>Tatyana Mollayeva</i></li> </ul>	Dina Brooks
Feb 17 <sup>th</sup> Rm 140	<ul style="list-style-type: none"> <li>▪ "Non-invasive examination of muscle composition in people with chronic obstructive pulmonary disease". <i>Priscila Robles-Ribeiro</i></li> <li>▪ "Changes in life attitude after Traumatic Brain Injury(TBI) and their relationship to Community Integration." <i>Erxun Li</i></li> </ul>	Katherine Berg
Mar 3rd Rm 150	<ul style="list-style-type: none"> <li>▪ "Assessment in clinical education for physical therapy students". <i>Brenda Mori</i></li> <li>▪ "Designing a simple, touch-screen technology to help caregivers interact with smart home technologies for</li> </ul>	Katherine Berg

	older adults with dementia". <i>Amy Hwang</i>	
Mar 17th Rm 150  <b>2-4pm</b>	<ul style="list-style-type: none"> <li>▪ "Regenerating Central Nervous System Axons, One Eye at a Time". <i>Mark Magharious</i></li> <li>▪ "Exploring the experiences of children living with HIV using a disability framework". <i>Marianne Stevens</i></li> </ul>	Dina Brooks
Mar 31st Rm 150	<ul style="list-style-type: none"> <li>▪ "Identifying the factors that influence the systematic adoption of caregiver education and support programs by the health care system" . <i>Victrine Tseung</i></li> <li>▪ "Bandwidth Guidance and Motor Skill Learning". Camille William</li> </ul>	Katherine Berg
Apr 7 <sup>th</sup> Rm 140	<ul style="list-style-type: none"> <li>▪ "Effects of prenatal alcohol exposure on episodic memory development in late childhood and adolescence." <i>Sabrina Agnihotri</i></li> <li>▪ "Compensatory Stepping after Stroke". <i>Liz Inness</i></li> </ul>	Dina Brooks

#### CENTRE FOR FACULTY DEVELOPMENT WINTER WORKSHOPS

The Centre for Faculty Development is pleased to announce the schedule for their Winter workshop series.

To view upcoming workshop and to register, please go to:

<http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html>

**For more information**, contact Jackie McCaffrey, Project Coordinator at:  
[mccaffreyj@smh.toronto.on.ca](mailto:mccaffreyj@smh.toronto.on.ca) (416) 864-6060 x6546

#### MILD TRAUMATIC BRAIN INJURY: CHALLENGES AND CONTROVERSIES IN RESEARCH

**Date:** Friday February 4, 2011

**Location:** Park Hyatt, 4 Avenue Road, Toronto.

**For more information:** Toronto Rehabilitation Institute, Conferences Services  
 Phone 416-597-3422 x 3693 Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.torontorehab.com/mild-brain-injury-registration>

#### 2011 INAUGURAL GERIATRICS SYMPOSIUM – REPORT CARD ON ELDER CARE: MAKING THE GRADE

**Date:** Friday February 25, 2011

**Location:** Sutton Place Hotel, 955 Bay Street, Toronto.

**For more information:** Toronto Rehabilitation Institute, Conferences Services  
 Phone 416-597-3422 x 3693 Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.torontorehab.com/geriatrics-symposium-registration>



## KNOWLEDGE TRANSFER, EXCHANGE AND UTILIZATION WITHIN AND ACROSS INTER PROFESSIONAL TEAMS

The Mental Health Centre Penetanguishene Professional Practice Advisory Council is pleased to sponsor a one day educational event:

**Date:** March 1, 2011

**Registration Deadline:** February 23, 2011

**Location:** North Simcoe Sports & Recreation Centre, Midland, Ontario

**Cost:** \$100.00 including lunch: Student Fee: \$60.00

**Speakers:**

Jennifer Boyko, MHSc, PhD, Program Evaluator, Forensic Services

***Bricks and Mortar: Knowledge Translation Concepts, Evidence & Examples for Interprofessional Teams***

Sara Lankshear, President, Releve Consulting Services

***Knowledge Transfer doesn't just happen all by itself! Strategies for supporting those in Knowledge Transfer Roles***

Dr. Howard Barbaree, Forensic Psychologist and Professor, Law and Mental Health, Dept of Psychiatry, University of Toronto

***The Evidence Based Practices in Forensic Mental Health Project: Implementation of Evidence Based Practices in the Provincial Forensic Mental Health Programs***

The Rev. Dr. Glenn A. Robitaille, CPC, RPC, MPCP, Director of Spiritual and Religious Care

***Dialectical Behaviour Therapy (DBT) in a Forensic Psychiatric Setting***

This promises to be a stimulating and informative session with a number of excellent presenters lined up. We are targeting: Inter professional team members, community partners, members of professional practice committees, clinical educators, health care educators, and students.

For more information:

Ms. Deborah Sibbald, Event Coordinator

[dsibbald@mhcp.on.ca](mailto:dsibbald@mhcp.on.ca) 705-549-3181 ext: 2783

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## NDT INTRODUCTORY COURSE IN THE TREATMENT OF ADULTS WITH HEMIPLEGIA

**Date:** Tuesday, March 1 – 5, 2011

**Location:** Toronto Rehabilitation Institute, Lyndhurst Centre, 520 Sutherland Drive, Toronto

**For more information:** Toronto Rehabilitation Institute, Conferences Services

Phone 416-597-3422 x 3693 Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.torontorehab.com/Events/Corporate-Events/NDT-Bobath-Introductory-Course-in-the-Treatment-of.aspx>

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## CAREGIVING BEST PRACTICES DAY FOR PROFESSIONALS

Baycrest, Circle of Care and Family Caregiver Connections are pleased to present Caregiving Best Practices Day. The purpose of the day is to showcase innovative caregiving initiatives implemented by different organizations across the GTA and beyond. Speakers will share knowledge, experience and evidence based research, with a focus on innovation, best practices, diversity and technology.

### Who should attend?

Researchers, clinicians, health professionals, fellows, residents and students in the areas of gerontology, home care, social services, and all other professionals working with family caregivers.

**Date:** Friday, March 4<sup>th</sup>, 2011

**Time:** 8:30am – 4:00pm

**Cost:** \$60.00 / Students \$30.00

**Location:** Joseph E. and Minnie Wagman Centre, 55 Ameer Avenue, Toronto

**For more information:** Brenda Quek 416-785-2500 x 2843 [bquek@baycrest.org](mailto:bquek@baycrest.org)

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## GTA REHAB NETWORK

**Date:** March 7, 2011

**Location:** 89 Chestnut Street, Toronto

**For more information:** Toronto Rehabilitation Institute, Conferences Services  
Phone 416-597-3422 x 3693 Email:  
[conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.gtarehabnetwork.ca/bpday.asp>

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## CLINICAL ORTHOPAEDIC UPDATE FOR HEALTH PROFESSIONALS

The Bahen Rehabilitation Program is excited to offer this Clinical Orthopaedic Update for Health Professionals. Join our Orthopaedic Surgeons, Plastic Surgeons and Allied Health Team members in addressing current musculoskeletal practices and guidelines.

The day will be comprised of multiple podium presentations by members of our orthopaedic team and will cover current topics in the assessment and treatment of orthopaedic conditions.

**Date:** Saturday March 5, 2011

**Time:** 8:30 – 4:30pm (continental breakfast & Registration 7:45am)

**Location:** Southlake Regional Health Centre, Newmarket

**Fees:** **\$150.00** (by Feb 19<sup>th</sup>) **\$175.00** (after Feb 19<sup>th</sup>)

**Topics:**

- Surgical management of bicep tears
- Clinical assessment and management of common knee injuries
- The shoulder complex – when do shoulders really need surgery
- Metastatic bone disease: approach and surgical options
- New trends in the treatment of Dupuytren's contractures

This learning opportunity is open to Family Physicians, Occupational Therapists, Physiotherapists and Rehab Assistants.

**Contact:** [mvanbemmel@southlakeregional.org](mailto:mvanbemmel@southlakeregional.org) 905-895-4521 ext. 2401  
Southlake Regional Health Centre, Newmarket

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**IMPROVING YOUR CLINICAL PRACTICE: A WORKSHOP ON APPLYING EVIDENCE AND CLINICAL REASONING TO YOUR PRACTICE**

**Date:** March 26 & 27, 2011

**Instructors:** Lenerdene Levesque FCAMT, Erik Thoomes

**Location:** East Toronto Orthopaedic and Sports Injury Clinic

**Fee:** \$550.00 incl HST

**Course description:** Through the use of case studies and facilitated group exercises, participants will be encouraged to think critically and to integrate current evidence into their clinical practice. This practical workshop will assist clinicians in utilizing relevant and evidence-based tools to enhance their practice.

**For more information:** contact [lelevesque@sympatico.ca](mailto:lelevesque@sympatico.ca) <<mailto:lelevesque@sympatico.ca>> or [david@mytorontophysio.com](mailto:david@mytorontophysio.com), or visit <http://www.easttorontophysiotherapy.com/courses.html>

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**CLINICAL SCHOLARSHIP: PROMOTING EVIDENCE-INFORMED INTERPROFESSIONAL PRACTICE IN CCC**

**Date:** Friday April 8, 2011

**Location:** Sutton Place Hotel, 955 Bay Street, Toronto.

**For more information:** Toronto Rehabilitation Institute, Conferences Services  
Phone 416-597-3422 x 3693 Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.torontorehab.com/Events/Corporate-Events/CCC.aspx>

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**IMPAIRED WOUND HEALING:**

**THE ROLE OF THE PHYSICAL THERAPIST IN WOUND MANAGEMENT**

**Dates:** Friday April 8<sup>th</sup> and Saturday April 9<sup>th</sup>, 2011

**Location:** University of Toronto, Dept. of Physical Therapy, 500 University Ave

This 2 day course will focus on pressure ulcers and lower extremity ischemic and venous-type ulcers. It will provide participants with the knowledge and skills needed for the management of people with chronic wounds. The course will include case studies, labs and lectures and will review evidence-based literature to identify the most appropriate treatment of wounds. Faculty will include physical therapists, a clinical nurse specialist and a dietitian. The approach will emphasize the need to address the whole patient including risk factors, prevention techniques, nutrition, wound assessment (staging and measurement) and principles of local wound care. The use of ultrasound, electrical stimulation, laser and UVC techniques will be practiced in a lab environment using realistic tissue models of different types of wounds.

Target Audience: Physical therapists. Occupational therapists and physical therapist assistants involved in wound care are welcome to attend.

**Learning Objectives**

Participants will be able to:

1. Identify the risk factors for wound development and for delayed wound healing
2. Take appropriate steps to reduce the risk for individual patients
3. Describe the cellular processes involved in tissue repair and identify factors contributing to delayed healing in different patient conditions
4. Appreciate the need for an interdisciplinary approach to manage chronic wounds.
5. Use different types of dressings to manage open wounds
6. Describe nutritional factors affecting wound healing
7. Assess and measure wounds (NPUAP staging, wound appearance, wound size)
8. Use therapeutic modalities effectively and safely to accelerate wound healing.
9. Critically appraise the research on therapeutic modalities commonly used by physical therapists in wound care.

**Instructors:**

*Ethne Nussbaum, PhD., M.Ed., BSc.PT* is an Associate Professor in the Department of Physical Therapy and is recognized internationally with numerous awards for excellence in teaching, for her research and writing (Silver Quill Award, 2008) and from Mount Sinai Hospital for staff distinction. Her practice and research focuses on wound management and effectiveness of electrophysical agents (EPAs).

*Pamela Houghton, PhD., HBSc., BScPT* is an Associate Professor in the School of Physical Therapy and Chair of the Graduate Program in Health & Rehabilitation Sciences in the Faculty of Health Sciences, University of Western Ontario. She leads an active research program that focuses on wound assessment tools and the effectiveness of EPAs to speed wound closure.

*Kathryn Kozell, RN, MScN, APN, CETN(C)* Clinical Nurse Specialist/Manager, Rachel M. Flood Program of Education for Ostomy and Wound Care, Mount Sinai Hospital Joseph and Wolf Lebovic Health Complex.

*Christine H. Fraser, RD., HBSc.* is a dietician at St Joseph's health Care, London Ontario and is a faculty member within the Masters of Clinical Science Degree in the wound healing field at University of Western Ontario.

**Fee: \$300 (before March 15<sup>th</sup>) \$325 (after March 15<sup>th</sup>)**

Enrolment is limited. We are not able to provide refunds unless the course is cancelled.

**For Further Information:** Events View - [www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

**Contact** – 416-946-8641 and/or [pt.reception@utoronto.ca](mailto:pt.reception@utoronto.ca)

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## 1<sup>st</sup> INTERNATIONAL CONFERENCE ON FACULTY DEVELOPMENT IN THE HEALTH PROFESSIONS

With the increasing complexity of academic health science centers, it is very important that health science schools address the professional development needs of their faculty members. Currently, there is no academic conference that specifically addresses the faculty development field for academic health science centers world-wide. We are hoping to fill this void with the 1st International Conference on Faculty Development in the Health Professions.

**Date and Location: May 10-13, 2011 - Toronto**

### **Who Should Attend? Individuals working or with an interest in:**

- Faculty development; Faculty affairs; Teacher training; Career development; Conducting research and scholarship in faculty development

### **Goals**

- Bring together international faculty development leaders / educators in the academic health sciences
- Share best practices and current research in faculty development
- Foster a global community of leaders in the field

### **Themes**

- Faculty development programs and innovations
- Research and scholarly activity in faculty development

### **Faculty Development Definition**

For purposes of this conference, faculty development is defined as the broad range of activities that institutions use to renew or assist faculty members in their multiple roles. Faculty development activities include programs to enhance teaching and education, research and scholarly activity, academic leadership and management, and faculty affairs, including faculty recruitment, advancement, retention, and vitality. The intent of these activities is to assist faculty members in their roles as teachers, educators, leaders, administrators and researchers.

### **This conference is being organized by:**

1. Centre for Faculty Development in the Li Ka Shing International Education Centre of the Li Ka Shing Knowledge Institute of St. Michael's Hospital, a joint program with the Faculty of Medicine, University of Toronto
2. Centre for Medical Education and Faculty Development, Faculty of Medicine, McGill University

**Contact Information:** Office of Continuing Education & Professional Development  
Faculty of Medicine, University of Toronto  
Phone: 416.978.2719 Fax: 416.946.7028  
[info.cepd@utoronto.ca](mailto:info.cepd@utoronto.ca) <http://www.facultydevelopment2011.com/>

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## POST-STROKE LOCOMOTOR TRAINING – ICDR 2011 LECTURE DAY

Presented by the Philippine Working Group of the International Centre for Disability and Rehabilitation at UofT (ICDR)

**Date: May 14, 2011 (Saturday)**  
**9am – 12noon**

**Keynote Lecturer: Dr. Susan O'Sullivan**

Author of the book "Physical Assessment and Rehabilitation"

Location: Earth Sciences Auditorium (University of Toronto), 5 Bancroft Avenue, Toronto

Registration: Early Registration: \$60.00 for professionals and non-students  
\$40.00 for students  
After March 31<sup>st</sup>: \$80.00 for professionals and non-students  
\$50.00 for students

**For Registration Form and Information:** [jeffrey.andrion@utoronto.ca](mailto:jeffrey.andrion@utoronto.ca)

Jeffrey Andrion, The Holland Orthopaedic and Arthritic Centre  
Sunnybrook Health Sciences Centre

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**EHPIC 2011 - ADVANCING THE FUTURE OF HEALTHCARE THROUGH  
INTERPROFESSIONAL LEARNING**

A certificate course for Health Professionals, Educators & Leaders

Sponsored by the Centre for Interprofessional Education, University of Toronto.

This course will enhance your natural leadership abilities to teach excellence in interprofessional Education (IPE), helping to build an IPE community of leaders in healthcare.

**Objectives:**

- Recognize and teach the importance of professional role understanding as an essential component for collaborative practice
- Experience and teach ways of effective team communication and the role of reflection in health care teams
- Practice skills in facilitating interprofessional teams particularly within an educational context
- Acknowledge professional attitudes and cultural values and recognizes their impact in the educational context
- Understand and develop a program to teach how collaborative practice is used to enhance patient-centered care
- Learn ways of evaluating the role of collaborators in educational contexts; and
- Define the current challenges facing educational leaders in moving IPE experiences forward at an institutional level and analyze these using an organizational framework.

**Date:** June 20-24, 2011

**Location:** The University of Toronto Conference Centre, Toronto, Ontario

**For more information:** The office of Continuing Education and Professional Development  
416-978-2719 [info-IPE1102-C@cepdtoronto.ca](mailto:info-IPE1102-C@cepdtoronto.ca)  
[www.cepdtoronto.ca](http://www.cepdtoronto.ca)

**Abstract Submission:** <http://events.cepdtoronto.ca/website/index/IPE1102-C>

**Deadline to apply is April 1<sup>st</sup>, 2011!**

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## THIRD NORTH AMERICAN CONGRESS OF EPIDEMIOLOGY

**Date:** June 21-24, 2011 – Sheraton Centre Montreal

**Abstract submission deadline is January 10, 2011.**

Please visit the website to download the submission form. [www.epicongress2011.org](http://www.epicongress2011.org)

Epidemiologic researchers, educators, and policy makers from academia, public health, government, and industry are invited to come together at the Third North American Congress of Epidemiology. The Congress aims to showcase and promote the diversity of study, practice and policy within epidemiology as a whole, and has no theme other than epidemiology. This meeting is held only once every five years and provides a unique opportunity to interact with a diverse group of epidemiologists from more than 20 professional societies. The meeting will include plenary addresses from visionary leaders; symposia addressing emerging issues cutting across topical fields; spotlight and poster sessions selected

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## PAIN MANAGEMENT: BRIDGING THE GAP FROM ACUTE CARE TO REHABILITATION AND INTO THE COMMUNITY

**Date:** Friday November 18, 2011

**Location:** TBD

**For more information:** Toronto Rehabilitation Institute, Conferences Services  
Phone 416-597-3422 x 3693 Email: [conferences@torontorehab.on.ca](mailto:conferences@torontorehab.on.ca)

**Website:** <http://www.torontorehab.com/Events/Corporate-Events/Pain-Management-Across-the-Continuum--Bridging-the.aspx>

## OTHER NEWS

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### **REHAB SCIENCES SPACE AVAILABLE FOR RENT!**

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small 'break out' rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, [www.rehab.utoronto.ca](http://www.rehab.utoronto.ca).

**For availability and rates, please contact the Rehab Sciences Sector at:**  
**416-946-8554**  
**Email:** [rehabsector.reception@utoronto.ca](mailto:rehabsector.reception@utoronto.ca).

## About PT Link

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To subscribe please email [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca) and type "Subscribe" in the subject line.  
To unsubscribe please email [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca) and type "Remove" in the subject line.

Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the **15<sup>th</sup>** of each month in Word format to Cindy Mallory at [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca) with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

**Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.**

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.