



Physical Therapy  
UNIVERSITY OF TORONTO  
**PT LINK NEWSLETTER**

*December 2009: Volume 4, Number 10*

[www.physicaltherapy.utoronto.ca](http://www.physicaltherapy.utoronto.ca)

**Happy Holidays**



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## MESSAGE FROM THE CHAIR

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In this issue of PT Link, we continue to outline some of the activities of the Department, including committees, units and key partnerships. Our hope is to create a sense of community and encourage further collaboration. We will also highlight the physiotherapy status appointments committee, chaired by Dr. Stephanie Nixon.

Although it is hard to believe, my six months term as Acting Chair is coming to an end and I will be passing the reigns back to Dr. Katherine Berg at the end of December. It has been a real privilege to work in a different capacity with an incredibly dedicated group of faculty members and staff who are passionate and committed and go far beyond expectations. I have also had the privilege to work with the Chairs from Occupational Therapy and Occupational Science and Speech Language Pathology who have generously mentored and guided me. This short period as Acting Chair has given me an appreciation of the strengths of our Department and how we stand out among our peers both nationally and internationally. I believe that we are poised to continue to lead and excel nationally and internationally in physical therapy and rehabilitation in the future.

I look forward to returning to my other responsibilities in research, education and service. My graduate students and post doctorate fellows have been amazingly patient and supportive. Special thanks to Professor Cindy Ellerton who shouldered most of the responsibilities for Unit 1 and 2 during this fall and to Cindy Mallory for keeping me organized and on track.

***Mark your calendars!***

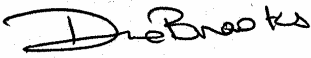
Following are some upcoming events of interest:

- **Rehab Rounds – Dates for 2009/2010: *See Events Section below.***

- **January 21<sup>st</sup>, 2010 pm:** Recognition & Exceptional Achievement Award Ceremony and Faculty Assembly. All are invited to an afternoon of sharing and collaboration. *Please see details in the Events Section below.*
- **April 28<sup>th</sup>, 2010:** Second Annual Rehab Sector Clinical Education and Research Day!
- **May 31<sup>st</sup> through June 2<sup>nd</sup>, 2010:** We will be going through accreditation by the Accreditation Council for Canadian Physiotherapy Academic Programs.

If you have any comments or feedback, please let us know at [pt.chair@utoronto.ca](mailto:pt.chair@utoronto.ca).

I would like to wish you all a very happy holiday season and the very best for the New Year!



Dina Brooks, PhD  
Acting Chair, Department of Physical Therapy

## DEPARTMENT OF PHYSICAL THERAPY COMMUNITY

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### STATUS ONLY APPOINTMENTS AND PROMOTIONS COMMITTEE

Teaching and research activities at the University of Toronto Department of Physical Therapy are fuelled by a large faculty comprised not only of individuals housed at 500 University Avenue, but also a large cadre of Status Only Faculty who have their home bases at hospitals, clinics and other locations.

**The purpose of the Status Only Appointments and Promotions Committee is to:**  
Review and recommend applications for status only faculty new appointments and renewals at the level of Instructor and Lecturer.

**Membership of the committee includes:**

Stephanie Nixon, Chair  
Brenda Barry  
Sharon Gabison  
JoAnn Piccinin

**Meeting schedule:**

The committee meets annually in the spring to review and recommend applications. The Chair meets on an ad hoc basis with her counterparts in OSOT and SLP to ensure harmonized procedures.

**A new online application system for 2010:**

In the past, applications for status only appointments have been submitted by e-mail or fax. The 2010 application process will be entirely online. Guidelines for 2010 applications will be available on the Rehabilitation Sector website by late December. Online applications will be welcomed starting at the end of January – watch for a webcast training on how to use the new system. The application deadline will be February 28, 2010.

## DEPARTMENTAL NEWS

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### DEPARTMENT OF PHYSICAL THERAPY RECOGNITION AWARDS 2009

We are now receiving nominations for the Department of Physical Therapy Recognition Awards! Each year, the Department of Physical Therapy acknowledges those individuals who have provided great learning environments, guidance, supervision, or have been inspirational to our PT students with **Department of Physical Therapy Recognition Awards**. Recognition award recipients can be faculty members, clinical instructors, small group facilitators, lab demonstrators, teaching assistants, or other educators. Recipients can also be an entire site/team. The nominators can be students, clinicians or faculty.

The Awards Ceremony will take place in conjunction with the PT Faculty Assembly, which will be held on **Thursday January 21st, 2010 between 12-1pm**. If you would like to nominate an individual or site/team for an award, please complete the nomination form at this link.

<http://tinyurl.com/PT-Recognition-Awards>

The deadline for nominations is **Monday December 7th, 2009**. We look forward to receiving your nominations!

Sincerely,  
The Department of Physical Therapy Recognition Awards Committee

## HONOURS AND AWARDS

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### CONGRATULATIONS TO DINA BROOKS!

Dina Brooks has been honored with the Enid Graham Memorial Lecture Award, which is the most prestigious award that the Canadian Physiotherapy Association (CPA) can bestow upon one of its members. The purpose of this award is to honor a member of the CPA who has provided outstanding leadership, and has also made a distinguished contribution to the profession. Dina will be presented the award at the CPA congress in Newfoundland next July.

### CONGRATULATIONS TO THE 2009 CONVOCATION AWARD RECIPIENTS!

**Canadian Physiotherapy Association Award:**  
*Lisa Pinsonneault*

**Canadian Physiotherapy Association - Paediatric Division Award:**  
*Megan Towns*

**The Canadian Respiratory Health Professionals / Cardiorespiratory Division of CPA Student Excellence Award:**  
*Lisa Pinsonneault*

**Carlos Melendez Memorial Award:**  
*Fahreen Ladak*

**C. Estelle Cunningham Book Prize:**  
*Maria Aganon*

**Central Toronto District – Ontario Physiotherapy Association Award:**  
*Patrick Jadan*

**Goldie Lewis Award:**  
*Holly McEnaney*

**The Heart and Breath of Physical Therapy Award:**  
*Anisa Daudji*

**Breathe in Life Research Poster Award:**  
*Nicole Benjamin, Shannon Littlejohn, Rochelle Chung, Andrea Sarginson, Robyn Ibey*

**Herta Leyss Scholarship in Physical Therapy:**  
*Cheryl Glazebrook*

**The Hospital for Sick Children Prize in Paediatrics:**  
*Christina Collier*

**Kathryn A. Falconer Memorial Book Prize:**  
*Michelle Lee*

**Molly Verrier Award:**  
*Rachel Campbell*

**Mary N. Sauriol Business Practice Prize:**  
*Kristen Whitney*

**Physical Therapy and Occupational Therapy Alumni Association (U of T) Award:**  
*Dana Parsley*

**Mount Sinai Hospital Book Prize:**  
*Hermina Vas*

**Mountain Challenge Book Prize:**  
*Meg Macpherson*

**The Physical Therapy Award for Excellence in Student Research:**  
*Maria Aganon, Lauren Barrett, Catherine Darling, Michelle Lee, Megan Towns*

**St. Michael's Hospital Trauma Physiotherapy Award:**  
*Lisa Pinsonneault*

**Toronto Cathay Lions Club Scholarship:**  
*Lisa Pinsonneault*

**Toronto Rehabilitation Institute Patient Quality of Life Award:**  
*Catherine Darling*

**University Health Network Book Prize:**  
*Lisa Chambers*

**The Physical Therapy Academic Excellence Award:**  
*Cheryl Glazebrook*

## PUBLICATIONS

Jill Hanass-Hancock & **Stephanie Nixon**. The Fields of HIV and Disability: Past, Present and Future. *Journal of the International AIDS Society*, 12:28, <http://www.jiasociety.org/content/12/1/28>

**Kelly O'Brien**, Aileen Davis, Carol Strike, Nancy Young & Ahmed Bayoumi. (2009) Putting episodic disability into context: a qualitative study exploring factors that influence disability experienced by adults living with HIV/AIDS. *Journal of the International AIDS Society*, 12: 30, <http://www.jiasociety.org/content/12/1/30>

Carrie Norman, Jacqueline L. Bender, Jaime MacDonald, Marcia Dunn, Scott Dunne, Bo Siu, Sander L. Hitzig, Alejandro R. Jadad, **Judith Hunter**. 'Questions that individuals with spinal cord injury have regarding their chronic pain: A qualitative study'. *Disability & Rehabilitation*, 2010, Vol. 32, No. 2, Pages 114-124.

PEER-REVIEWED PRESENTATIONS BY KELLY O'BRIEN, STEPHANIE NIXON AND OTHERS AT THE 2009 ONTARIO HIV TREATMENT NETWORK RESEARCH CONFERENCE, 16-17 NOVEMBER 2009:

Judy Gould, Cathy Cameron, **Kelly O'Brien**, Patty Solomon, Annette Wilkins & Elisse Zack. 'HIV And Aging: An Emerging Landscape For Consideration And Care'

Catherine Worthington, **Kelly O'Brien**, Elisse Zack, Eileen McKee & Brent Oliver. 'Enhancing Labour Force Participation For People Living With HIV In Canada: Scoping Review Results'

**Kelly O'Brien**, Rob Alexander, Ken King, James Murray, Meskerem Tebeje, Ahmed Bayoumi, Tarik Bereket, Marilyn Swinton, Geoff Norman & Patty Solomon. 'Developing A New HIV Disability Questionnaire: A Community-Integrated Approach'

Julie Hard, Patricia Solomon, **Kelly O'Brien**, Catherine Worthington & Elisse Zack. 'Interprofessional Mentorship As A Means To Build Capacity Among Rehabilitation Professionals And People Living With HIV In Ontario.'

**Kelly O'Brien**, Ahmed Bayoumi, Curtis Cooper, Sandra Gardner, Trevor Hart, Peggy Millson, Geoff Norman, Sean Rourke, Sergio Rueda & Patty Solomon. 'Exploring Relationships Between Dimensions And Contextual Factors Of Disability: Development Of A Measurement Model'

Sergio Rueda, Tsegaye Bekele, Janet Raboud, Alan Li, Murray Jose, Winston Husbands, Barry Adam, Jean Bacon, **Kelly O'Brien**, Anita Rachlis, Nicole Mittmann, John Cairney, Sean B Rourke & The OCS Study Team. 'Job Security Is Associated With Quality Of Life In Men Living With HIV: The OHTN Cohort Study.'

**Stephanie Nixon** & Jill Hanass-Hancock. 'HIV And Disability In A Global Context: Into The Spotlight At Last'

**Stephanie Nixon**, Marisa Castle, Michael Rogan & Sarah Flicker. 'Taking Seriously Our Obligations To Share Research Results: One Approach To Knowledge Transfer And Exchange With Adolescents'

## COURSES/PRESENTATIONS/EVENTS

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### PT FACULTY ASSEMBLY

**January 21, 2010, 11:30-4:30**  
**Mount Sinai Hospital – 18<sup>th</sup> Floor Auditorium**

*\*\* All University of Toronto Department of Physical Therapy Faculty are welcome! \*\**

#### Highlights:

- **Exceptional Achievements and Recognition Awards Ceremony**
- **Keynote Address by Julie Hard – “Rehabilitation: A World of Opportunity”**
  - Julie will present her inspirational address from the Helen Saarinen Lectureship, in which she uses her own journey as a physiotherapist working with people living with HIV in Canada and abroad to illustrate the opportunities that exist for all of us in global health.
- **Workshop by Jordan Lewis – “Don't Stop Believin’: A Journey into Coping with Ups and Downs as Health Care Providers”**
  - This dynamic, interactive and entertaining workshop will provide practical tools for physical therapists, both those working on the frontlines as well as those in other areas of the profession, who interface with clients and colleagues who may benefit from counseling.

Following is the link to register: <http://app1.rehab.utoronto.ca/ptfacultyassembly/>

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### REHAB ROUNDS – DATES FOR 2009/2010: (12pm – 1pm)

| <b>Date</b>              | <b>Speaker</b>      | <b>Location</b> | <b>Topic</b>   |
|--------------------------|---------------------|-----------------|--|
| December 3 <sup>rd</sup> | Pascal van Lieshout | Rm 140          | Moving Faces and Speech Sounds: How well can one predict the other?                        |
| January 7 <sup>th</sup>  | Heather Carnahan    | Rm 140          | Simulation in Rehabilitation   |
| February 4 <sup>th</sup> | Joan Scannell       | Rm 140          | Disc mechanics – clinical theories of predisposing risk factors and treatment investigated |
| March 4 <sup>th</sup>    | Elizabeth Rochon    | Rm 140          | TBC  |
| April 1 <sup>st</sup>    | Susan Jaglal        | Rm 140          | Regional Osteoporosis Coordinator knowledge exchange trial (ROCKET)                        |
| May 6 <sup>th</sup>      | Kelly O'Brien       | Rm 140          | Assessing the sensibility of a new HIV-disability questionnaire for adults living with HIV |
| June 3 <sup>rd</sup>     | Pia Kontos          | Rm 140          | Brain injury rehab   |

## CURRENT PT MANAGEMENT OF DIZZINESS

**Date:** 6:00 pm - 9:00 pm, **December 4<sup>th</sup>, 2009** and 9:00 am - 4:00 pm, **December 5<sup>th</sup>**

Course description: Vestibular rehab is an emerging branch of Physiotherapy which has gained significant popularity in the last 10 years. Vertigo is a common problem affecting up to 30% of adults at least once in their lives. Benign Paroxysmal Positional Vertigo is the most common cause of vertigo in an adult population. This problem can easily be treated by physiotherapists with simple bed-side maneuvers. This hands-on course will help you evaluate and treat most common causes of vertigo and dizziness. We will learn: Vestibular anatomy and physiology; Functional assessment of balance; Evaluation and Treatment of: Cervicogenic vertigo; Vertebrobasilar insufficiency; Meniere's Disease; Benign Paroxysmal Positional Vertigo.

**Instructor:** André Riopel BScPT, FCAMT

André has been teaching manual therapy and vestibular courses for 15 years. He has an advanced diploma in manipulative physiotherapy from the Auckland Technical Institute and a fellow of the Canadian Academy of Manipulative Therapists.

**Location:** The Physio Solution @ Seneca College (HWY 404 & Finch)

**Residence:** Available @ Seneca Residence & Conference Centre @ \$49.95 per night

**Contact:** Andy Wang PT, FCAMT, CAFCI, President of YRSD of OPA

The Physio Solution -- [www.ptsolution.ca](http://www.ptsolution.ca) <<http://www.ptsolution.ca>>  
416-491-5050 ext. 2969  
[anshyr@gmail.com](mailto:anshyr@gmail.com) <<mailto:anshyr@gmail.com>>

**Cost:** \$450 (Including parking two days @ Seneca College, light refreshment 5:30 pm on Friday night, continental breakfast, & pizza lunch)

Space is limited. Register early.

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## TEAM OPTIMIZE PRESENTS:

Following are two sessions by Dr. Peter Spitzer, presented by Toronto Rehabilitation Institute.

Dr. Peter Spitzer, Chief Investigator (E) SMILE Study, University of New South Wales  
Medical Director, Humour Foundation  
Visiting Medical Officer, Southern Highlands Private Hospital

Dr. Spitzer is Australia's most famous and first medical Clown Doctor (aka Dr Fruit-Loop). He is also the Medical Director, Co-founder and Inaugural Chairman of the Humour Foundation charity, a non-profit organization dedicated to promoting the health benefits of humour.

THE SMILE STUDY: IS THERE A PLACE FOR THE ARTS IN DEMENTIA CARE?

**Date:** Thursday, December 10, 2009: 10:00 - 11:00am  
**Location:** Lecture Theatre - University Centre, 550 University Avenue

THE LAUGHTER BOSS: ENGAGING HEALTHCARE STAFF IN THE DELIVERY OF THE ARTS

**Date:** Thursday, December 10, 2009: 2:00 – 3:00pm  
**Location:** Boardroom (N207) - Bickle Centre, 130 Dunn Avenue

If you have any questions, please contact the SPARC office at 416-597-3422, ext. 7854, [SPARC@torontorehab.on.ca](mailto:SPARC@torontorehab.on.ca)

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SAVE THE DATES

**INTERNATIONAL CENTRE FOR DISABILITY AND REHABILITATION  
UNIVERSITY OF TORONTO**

**Thursday, January 28, 2010 -- 6PM–9PM**

'Celebrate a World of Opportunity' Gala Evening in conjunction with the Shamba Foundation

**Friday, January 29, 2010 -- 9AM–4PM**

Symposium exploring international issues in sexuality and disability

Tickets on Sale December 3, 2009 – World Disability Day

For Further Information contact: [icdr.info@utoronto.ca](mailto:icdr.info@utoronto.ca)

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2010 LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Presented by the Philippine Working Group, International Centre for Disability and Rehabilitation, University of Toronto

**Keynote Lecturer:** David Magee, PT, PhD  
Author of the book "Orthopaedic Physical Assessment"

**Date:** Saturday, May 15, 2010: 9:00am – 12:00pm

**Location:** OISE Auditorium (University of Toronto)  
252 Bloor Street West, Toronto

**Early Registration:** \$60.00 for professionals; \$40.00 for students

**Registration after March 31<sup>st</sup>:** \$70.00 for professionals; \$50.00 for students

**For More Information:** [lectureday@yahoo.ca](mailto:lectureday@yahoo.ca)



## 1<sup>ST</sup> CANADIAN STROKE CONGRESS LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Researchers in stroke rehabilitation have put together an exciting one-day rehab workshop to be held June 6<sup>th</sup>, 2010, as part of the 1<sup>st</sup> annual Canadian Stroke Congress. There will be

keynote and guest speakers from across Canada (Janice Eng, Mark Bayley, Jill Cameron, Sharon Wood-Dauphinee, William McIlroy and Gail Eskes) and best practice workshops.

**Keynote Address:** "From Muscles to the Mind: Multi-System Benefits of Exercise in Stroke" Janet Eng, PhD, PT/OT, Vancouver

**Date:** June 6<sup>th</sup>, 2010

**Location:** Quebec City

**For more information:** [www.strokecongress.ca](http://www.strokecongress.ca)

### *About PT Link*

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*Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.*

*Please submit content by the 15<sup>th</sup> of each month in Word format to Cindy Mallory at [pt.link@utoronto.ca](mailto:pt.link@utoronto.ca) with the following information:*

*Heading: (as listed above)*

*Title of content:*

*Submitted by: (name)*

*Removal date/expiration date:*

***Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.***

*For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.*