



Physical Therapy
UNIVERSITY OF TORONTO
PT LINK NEWSLETTER

April/May 2011: Volume 6, Number 3

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www.physicaltherapy.utoronto.ca

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MESSAGE FROM THE CHAIR



The Department continues to move forward at amazing speed on many fronts. All of our **Strategic Planning Innovation Teams** have been making progress and reporting back to our Executive Committee. Another Curriculum Retreat will be held May 18th, to continue the development of our renewed curriculum. In future issues of PT Link, we will highlight specific Teams and their progress. The Faculty of Medicine is also going through a Strategic Planning process, and we will continue to ensure our goals are in line with the overall The Faculty of Medicine plan.

As part of our curriculum reflection and innovation, and hastened by Mike Landry's departure at the end of June, we are holding a **Business Resource Management mini-retreat** on May 26th. The goal of this event is to review the curriculum mapping of business content delivered to students. More information is shown below under 'Department News'.



L to R: Aileen Davis, Cheryl Cott, Susan Jaglal

On May 3rd, the Department of Physical Therapy held its first annual **celebration of our full Professors**. The event, held at Hart House, honored Cheryl Cott, Aileen Davis and Susan Jaglal. There were ninety attendees, who enjoyed the opening remarks by Sarita Verma, Vice Dean, Faculty of Medicine; Tributes by Drs. Elspeth Finch, Jack Williams and Gillian



Above:
Dr. Elspeth Finch



Dr. Barnett Giblon, and Beverley Giblon

Hawker; as well as the Plenary Address by the three Professors entitled '*Musculoskeletal Rehabilitation – Are we Ready for the Future?*' The lecture was followed by a wine and cheese reception, attended by many key members of the PT community. The event was very successful, giving a chance to highlight the accomplishments of key members of our Department, as well as to bring together the PT community. We look forward to future celebrations!

I am very pleased to announce that **Drs. Dina Brooks and Virginia Wright have been approved by the office of the Provost for promotion.** Dina Brooks will be promoted to Full Professor, and Virginia Wright to Associate Professor, effective July 1st, 2011.



Dina is recognized internationally as a leader in cardiorespiratory rehabilitation through her research, teaching and creative professional activities, and she is one of the very few physiotherapists to hold a Canada Research Chair. Her outstanding mentorship was recognized by a national mentoring award from Canadian Physiotherapy Association. Dina also received the Enid Graham Award, most prestigious award given to a Canadian physiotherapist by the Canadian Physiotherapy Association (CPA). She is an internationally revered scholar, and a role model for junior faculty and research trainees.

Virginia is currently a Clinician Scientist, and Acting Director of Research at Holland

Bloorview Kids Rehab. She currently holds a Career Development Award through the Canadian Child Health Clinician Scientist Program, Canadian Institutes of Health Research Strategic Training Initiative. is well known for her work in measurement and outcomes research in paediatrics, and is considered to be the ‘face of Canadian pediatric physical therapy research’. Virginia has a growing reputation for her research and scholarly accomplishments, both nationally and internationally.



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We congratulate Dina and Virginia on this well-deserved recognition their dedication and talent!

There are two more **Rehab Rounds** scheduled for this year as follows:

- **June 2nd:** (12pm – 1pm) **Sharon Straus**, Director, Knowledge Translation Program, LiKaShing Knowledge Institute, St. Michael’s Hospital
- **June 9th:** (12pm – 1pm) **Dr. Lyn Turkstra**, Associate Professor in the Department of Communicative Disorders at the University of Wisconsin-Madison.

The Department has developed a **Website Committee** to review and renew our site: <http://www.physicaltherapy.utoronto.ca/site3.aspx>. If you have any comments or feedback, please let us know at pt.chair@utoronto.ca.

A handwritten signature in cursive that reads "Katherine Berg".

Katherine Berg
Chair, Department of Physical Therapy

PT PROFILES

THE *TIME* PROGRAM: BUILDING EXERCISE CAPACITY IN THE COMMUNITY

By Jo-Anne Howe and Karen Brunton, Clinical Educators-Physiotherapy, Toronto Rehab, Lecturers, University of Toronto, Department of Physical Therapy.

TIME, which stands for ‘Together in Movement and Exercise’, is a community-based exercise program for people with a range of conditions usually of neurological origin, such as stroke, MS or

brain injury. The rationale for the program is to assist individuals to take steps out of the health care system and re-integrate into local, community centers after discharge from rehabilitation.

The exercise program is a circuit station design for people who have reduced community mobility and ambulate for short distances often with assistive devices. Accordingly, the program exercises emphasize task-related training (for example, walking, step-ups and sit-to-stand), balance and strengthening especially of the core and legs. TIME has been running at two community centres in Toronto since the fall of 2007 and is in pilot phase at a third site.



Why is the TIME program unique?

The interesting innovation was the development of a partnership between a rehab facility, Toronto Rehab, and a municipal organization, City of Toronto Parks, Forestry and Recreation (PFR). The unique collaboration pools the strengths and resources of the two organizations. Toronto Rehab physiotherapists

- designed the evidence-based exercise program that is safe, doable and effective for the participants
- provide ongoing education and support for the fitness instructors and volunteers
- maintain program quality through site visits to guide and

problem solve with the instructors

- established the process for screening of the participants including a physician referral and telephone screen
- modify the exercise program as best practices evolve over time.

The community partner provides:

- space for the program
- human resources, that is, the fitness instructors who lead the exercise classes as well as their hiring, scheduling and performance management
- equipment, kept to a minimum to increase the feasibility of implementing the program in local rec centres
- expertise in community programming including participant registration, safety and emergency procedures.

How does the TIME program improve access to exercise?

TIME provides a much-needed option for exercise/fitness for clients living in the community after discharge from rehabilitation. As length of stay shortens even more, many therapists and patients grow increasingly concerned about how to maintain or even extend the benefits of rehab after they return home. To counteract the cycle of deconditioning, ongoing access to physical activity and exercise are essential. The partnership between health care and community recreation builds capacity for exercise and fitness as well as community re-engagement for clients living with mobility impairments.



Keeping it safe

When the pilot was implemented in the fall of 2007, our first priority was to evaluate the safety of the program. Would it be safe for community-based fitness instructors to lead exercise classes for people with neurological conditions without the direct supervision of the health care team? The results of the pilot evaluation were that in 293 attendances, there were two near-misses: a near-fall where the participant required steadying by the caregiver and a possible hypoglycemic episode. Since then, with 9 additional sessions running at the two sites and approximately 3400 attendances, there still have



not been any adverse events. The question then arises, how is the positive safety record maintained? The contributing factors likely include:

- the commitment and skill of all PFR staff involved
- the high instructor to participant ratio (1:4) plus volunteers and caregivers
- adherence by the instructors to the carefully crafted exercise program designed by physiotherapists
- provision of ongoing education to the instructors
- the use of admission screening tools before participants enter the program

The evolution of TIME

The program is not static and we continue to modify it. For example, more participants are now accepted into the program as the circuit stations have been modified to include more group work. As well, the functional inclusion criterion of ability to walk 10 metres with or without a walking aid has been maintained throughout but the diagnostic criteria have been expanded to include individuals with mobility limitations regardless of the underlying diagnosis.

A step-by-step Toolkit based on the TIME program has been published to enable health care professionals in other regions to implement a similar community-based exercise program. Contact renaud.marie-claude@torontorehab.on.ca for more information.

Contact howe.jo-anne@torontorehab.on.ca for any questions or comments about the TIME program.

"TIME demonstrates how you can take an evidence-based exercise class and partner with a municipal organization to provide universal community-based access to a regular exercise class for people with neurological conditions who wouldn't otherwise have opportunity."

Nancy Salbach, Assistant Professor, University of Toronto, Department of Physical Therapy

SHELLEY GAUTIER NAMED TO TEAM CANADA

In previous issues, we have reported on Shelley Gautier, a graduate of the Department of Physical Therapy program, who is currently competing her way toward the 2012 Paralympic games in London. ***Congratulations to Shelley, as she has now been officially named to Team Canada!*** Over the next several months Shelley will be racing her trike in Spain, Italy, Burlington, Quebec, Denmark and Guadalajara, Mexico. Our wishes are with you Shelley!!!

DEPARTMENT NEWS

A CALL FOR RESEARCH PROJECTS!

Department of Physical Therapy, University of Toronto
MScPT Research and Program Evaluation for Physical Therapy Practice

DEADLINE: Friday May 27, 2011

The Department of Physical Therapy is preparing for the 2011/2012 Research Component of the MScPT Program and invites physical therapists with a Professional or Research Masters or PhD to participate as research advisors to one of 19 student groups. Each group will be comprised of approximately five students. Research advisors will be paired with an established researcher (PhD) from the Graduate Department of Rehabilitation Sciences, referred to as the faculty advisor, who has experience with graduate student supervision.

INVITATION TO PARTICIPATE IN
OUR BUSINESS RESOURCE
MANAGEMENT
DISCUSSION FORUM

Date: Thursday May 26, 2011 -
3:30 to 5:00 p.m.

Location: 500 University Avenue,
Room 841

Dear Colleagues,

As we move through our curriculum renewal process, it is time for us to reflect on the curriculum within the Business Theme.

This discussion forum is an opportunity to hear from physical therapy clinicians, administrators, managers, business owners and leaders about the business related competencies you feel are essential for entry-level physical therapists to demonstrate to thrive in our current health care environment.

At this forum we will review the curriculum mapping of the current business content delivered to students, and seek your input on what innovations, changes, or enhancements you would recommend.

Your feedback is an essential component of our review process.

Please join us on
Thursday May 26th from 3:30 – 5pm.

RSVP: pt.chair@utoronto.ca

The content of the research component of the MScPT program, entitled "Research and Program Evaluation for Physical Therapy Practice", is amortized over three Units (Units 6, 10 and 12). In Unit 6 (September 19, 2011 – October 7, 2011), the student groups will develop the research protocol and submit the protocol for Ethics approval. The role of the research advisor is to facilitate this process with the support of the faculty advisor and a teaching assistant. Due to the short duration of Unit 6, advisors are expected to meet weekly with students and review the final ethics protocol with a quick turnaround time of 1-2 days. To enable effective communication, we recommend a maximum of three advisors (not including the faculty advisor).

Students will work on their projects throughout Units 8A (January 2, 2012 – April 6, 2012) and 8B (May 21, 2012 – June 15, 2012) having Mondays as protected research time. Throughout this period, advisors maintain contact with students through email, phone and meetings as the project requires. In Unit 10 (June 18, 2012 – July 20, 2012), the groups will analyse their data and complete a draft of a manuscript for publication and a poster. Advisors facilitate data analysis and review drafts (no more than 2 drafts) of the manuscript and the poster. Faculty provide guidance and support in the analysis and write-up phase. Formal presentations and submission of the final manuscript will occur in Unit 12 (July 23, 2012 – July 27, 2012).

Potential projects for the MScPT Research Component must be relevant to physical therapy and can include:

- Chart Reviews
- Surveys
- Program Evaluation
- Pilot Studies (Quantitative or Qualitative)
- Qualitative Studies (example: focus groups or in-depth interviews)
- Secondary Data Analysis
- No Literature or Systematic Reviews

University of Toronto T-Space Initiative

T-Space (<https://tspace.library.utoronto.ca>) is University of Toronto (U of T) open access web space devoted to showcasing and preserving scholarly work accomplished at U of T. The Department of Physical Therapy posts the scholarly products of each MScPT research project, including abstracts, conference citations and published articles, on T-Space. This effort is to raise the profile of the research accomplishments made possible through successful collaboration among faculty, students, and the clinical community.

Online Project Submission

To submit a project:

1. Click on the following link: <http://app1.rehab.utoronto.ca/ptresearchproject>. If the website does not open automatically, then cut and paste the URL into your Internet browser.
2. Create an account to obtain a username and password. If you created an account last year, your same username and password will still apply.
3. Once you logon, click "Submit a new project" and complete the online form. You may wish to circulate a draft of your project description in Word with co-advisors and when ready to submit, cut and paste into the online form. You may save your project on the online form and revise at any time using the "Save" button. When you are ready to submit the final version, click "Submit".
4. **New this year:** Links to examples of a qualitative and quantitative project outline are included on the website to provide a guide to the level of detail to include in the outlines.

We are receiving an increasing number of project outlines each year. Selection will be based on the quality of the project description, relevance to physical therapy, and the feasibility of the project in relation to the timelines of the MScPT research curriculum and the research capacity of the students. Priority will be given to projects submitted by the deadline.

The deadline for submission of projects is **Friday May 27, 2011**. Please contact Nancy Salbach at 416-946-8558 or nancy.salbach@utoronto.ca or Kelly O'Brien at 416-978-0565 or kelly.obrien@utoronto.ca to discuss the suitability of potential research proposals or other questions you may have.

UNIVERSITY OF TORONTO
DEPARTMENT OF PHYSICAL THERAPY

MScPT ADVANCED STANDING OPTION: 2011 - 2012

The University of Toronto's Master of Science in Physical Therapy (Advanced Standing Option) is a professional graduate degree program that allows eligible physical therapists with a BScPT from a Canadian university to acquire the master's degree. This 12-month program includes both online and on-campus courses – a hybrid model providing an enriched educational experience.

The focus of the MScPT Advanced Standing Option is on the integration of research to practice. The Department of Physical Therapy at the University of Toronto will consider applications from students who have completed a four-year undergraduate program BScPT degree or equivalent from a Canadian university with a minimum mid-B average. Applicants must be registered as independent practitioners with a relevant physiotherapy regulating body and/or have completed the PNE and are awaiting results.

Students have access to the University of Toronto's extensive collection of online resources to support learning in an environment that is distinguished by academic excellence and research.

Online applications must be completed and supporting documents (with the exception of letters of reference) received in the department by **11:59PM on June 3 2011**. Letters of reference will be received until **11:59PM on June 17 2011**.

For further information about the curriculum and application process visit:
www.physicaltherapy.utoronto.ca/prospect/advanced.htm

HONOURS AND AWARDS

CONGRATULATIONS TO GEORGE MOCHIZUKI!

George Mochizuki received a five-year NSERC Discovery Grant entitled 'Optimizing movement: understanding the role of central set in motor control'.

CONGRATULATIONS TO NANCY SALBACH!

Nancy Salbach has received CIHR Knowledge to Action Grant – 'Evaluating the uptake of a new evidence-informed e-resource module for rehabilitation professionals to enhance the care and treatment of people living with HIV and AIDS (PHAs). Nancy Salbach (CoPI), P Solomon (CoPI), L Dolan (Knowledge User CoPI), K O'Brien, C Worthington, L Baxter, G Blanchard, W Chegwidan, A Casey, K Duke, S Keby, T Tran, J Wu.

PUBLICATIONS

Ellerton C, Davis A, Brooks D. Preliminary Development and validation of a paediatric cardiopulmonary physiotherapy discharge tool. *Physiotherapy Canada* 2011; 63(1):34-44

Helen Razmjou, Aileen Davis, Susan Jaglal, Richard Holtby and Robin Richards. Disability and Satisfaction after Rotator Cuff Decompression or Repair: A Sex and Gender Analysis *BMC Musculoskeletal Disorders* 2011, 12:66doi:10.1186/1471-2474-12-66

Fait PE, McFadyen BJ, Zabjek K, Reed N, Taha T, Keightley M. All increasing task complexity and ice hockey skills of youth athletes. *Percept Mot Skills*. 2011 Feb;112(1):29-43.

Tung JY, Gage WH, Zabjek KF, Maki BE, McIlroy WE. Frontal plane standing balance with an ambulation aid: Upper limb biomechanics. *J Biomech*. 2011 Mar 31. [Epub ahead of print]

McLaren C, Edwards G, Ruddick S, Zabjek K & McKeever P. Kindergarten kids in motion: Rethinking inclusive classrooms for optimal learning. *Educational & Child Psychology*, 28 (1), March 2011.

COURSES/PRESENTATIONS/EVENTS

REHAB ROUNDS SCHEDULE – 2010/2011

Date	Speaker	Location
June 2 nd 12:00 – 1:00	Sharon Staus Associate Professor, Department of Medicine, UofT; Director, Knowledge Translation Program, LiKaShing Knowledge Institute, St. Michael's Hospital	Rm 132
June 9 th 12:00 – 1:00	Dr. Lyn Turkstra Associate Professor in the Department of Communicative Disorders at the University of Wisconsin-Madison	Rm 132

CENTRE FOR FACULTY DEVELOPMENT SPRING WORKSHOPS

To view upcoming workshops and to register, please go to:

<http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html>

For more information, contact Jackie McCaffrey, Project Coordinator at:
mccaffreyj@smh.toronto.on.ca (416) 864-6060 x6546

POST-STROKE LOCOMOTOR TRAINING – ICDR 2011 LECTURE DAY

Presented by the Philippine Working Group of the International Centre for Disability and Rehabilitation at UofT (ICDR)

Date: **May 14, 2011 (Saturday)**
 9am – 12noon

Keynote Lecturer: **Dr. Susan O’Sullivan**
 Author of the book “Physical Assessment and Rehabilitation”

Location: Earth Sciences Auditorium (University of Toronto), 5 Bancroft Avenue, Toronto

Registration: \$80.00 for professionals and non-students
 \$50.00 for students

For Registration Form and Information: jeffrey.andrion@utoronto.ca
 Jeffrey Andrion, The Holland Orthopaedic and Arthritic Centre
 Sunnybrook Health Sciences Centre

REGISTRATION NOW OPEN - 2011 ANNUAL NICE KNOWLEDGE EXCHANGE

We are pleased to announce that registration is now open for the Annual NICE Knowledge Exchange, taking place **May 19th, 2011** in Toronto.

Building on the success of last year's conference, this year's program features:

- Keynote Address:
 - Dr. Carole Estabrooks, Enhancing the Aging Experience through Global Knowledge Transfer
- Interactive Workshops:
 - Dr. Marnin Heisel, Mental Health of Seniors - Strategies that Work!
 - Scott Dudgeon, Living with Dementia - Addressing the Needs of Individuals and their Families
 - Elena Jara, Educate & Empower - Improving the Financial Literacy of Older Adults
 - Alison Leaney & Dr. Lisa Manuel, Intervention & Advocacy for the Prevention of Elder Abuse
- Extended Theme Team Presentations
- Beta site for the cutting-edge **Aging Application** - participate in a hands-on exploration of this exciting new app, which will be launched at the Exchange and will revolutionize aging and caregiving by providing access to leading experts and innovative management tools, anywhere, anytime.
- Scientific Director's Reception

Space is limited so register now at www.niceke.ca/

For more information, visit our conference website at www.niceke.ca/

Should you have any questions feel free to contact us at anke@nicenet.ca

MUSCULAR DYSTROPHY FUNDRAISER

May 25th, 2011

The PT Student Council is holding a screening of the award winning documentary film, "Darius Goes West". The film follows the life of a young man with Duchenne muscular dystrophy. The trailer can be viewed at: <http://www.dariusgoeswest.org/>

Location: McLeod Auditorium, Medical Sciences Bldg, Rm 2158

Date: May 25th, 2011, 7-9pm

RSVP to: dariusgoeswest.uoft@gmail.com

Admission is free. Donations will be accepted towards Duchenne muscular dystrophy research.

GO BACK TO SCHOOL FOR THE WEEKEND!! MAY 25 - 29TH

1. PHYSICAL THERAPY AND OCCUPATIONAL THERAPY ALUMNI PUB NIGHT

Friday, May 27th, 7:30 – 11:59pm

Event Details:

An informal gathering with light refreshments. Cash bar. O'Grady's on College (171 College St.)

2. PHYSICAL THERAPY AND OCCUPATIONAL THERAPY ALUMNI ANNUAL GENERAL MEETING AND BREAKFAST

Saturday, May 28, 9am – 12 noon

Event Details:

Breakfast, Annual Report 2009-2010, Address from current PT and OT Chairmen, Alumni Achievement Awards Presentation, Guest Speaker (Sunita Mathur - Recent Advances in Muscle Imaging in Rehabilitation), Pins and Medals Presentation and Building tours. Rehabilitation Sciences Building (500 University Ave.). Free.

3. UNIVERSITY OF TORONTO ALUMNI PRE-AGM BBQ

Saturday, May 28th, 11:30 – 2:00pm

Event Details:

Join us for lunch and take in the entertainment with other alumni, including our special guest, Professor David Naylor, President.

4. PERSONALIZED HEALTH CARE PANEL PRESENTATION

Saturday, May 28th, 2:30 – 5:00pm

Event Details:

Join our host, Dean Catharine Whiteside as she discusses with a panel of researchers, the outstanding advances being made at U of T in the field of personalized health care. Afterwards there will be reception, where alumni can mingle and reconnect with former

classmates and faculty members. Health Sciences Building (155 College Street at McCaul),
610 Auditorium

Register for these events: springreunion.utoronto.ca

Contact: Simone Olivero 416-978-1820 ptotalumni.facmed@utoronto.ca

General questions about Spring Reunion, contact: 1-888-738-8876 or
spring.reunion@utoronto.ca

CANADIAN BOBATH INSTRUCTORS ASSOCIATION

Treatment and Management of the Hemiplegic Shoulder and Upper Limb

A three day introductory course. The Bobath Concept.

Dates: Friday May 27th to Sunday May 29th, 2011

Location: William Osler Health Centre, Brampton Civic Hospital, Brampton, Ontario

Cost (HST included):

NSD members \$474.00

CPA/CAOT members \$508.00

Non members \$604.00

Lunch is not included in course fees.

Instructors

Libby Swain PT, MA, IBITA Instructor and Catherine Eustace PT, Advanced IBITA Instructor. The Canadian Bobath Instructors Association (CBIA) is a component of the Canadian Physiotherapy Association, Neurosciences Division, Bobath Special Interest Group.

This course is an introductory level course to expose the course participant to the treatment and management of the hemiplegic upper limb based on the principles of the Contemporary Bobath Concept and an understanding of human movement. The course will consist of lectures, patient demonstrations and practical sessions.

The following topics will be explored and discussed:

- Musculoskeletal review of the shoulder girdle and upper limb with respect to hemiplegia
- The painful hemiplegic shoulder; causes and intervention
- Neural control of upper limb function
- Plasticity and expectations for functional recovery of the upper limb
- Critical review of the current research findings with respect to upper limb recovery and treatment following stroke.

Course Objectives:

- The Course participant will gain an understanding of:
 - The relationship between musculoskeletal alignment and movement control.
 - The role of sensation and motor control of the hemiplegic upper limb.

- The relationship between plasticity and functional recovery of the upper limb..

Contact: admin@cbiaorg.com; <http://www.bobathcanada.com/>

THE SECOND FESTIVAL OF INTERNATIONAL CONFERENCES ON CAREGIVING, DISABILITY, AGING AND TECHNOLOGY (FICCDAT)

Location and Date: Toronto, June 5-8, 2011

This is an amazing event where six international conferences come together under one roof. You pay one registration and then attend sessions in all six conferences and events. You can also submit abstracts to as many of the six conferences as you like.

Visit www.ficcdat.ca for more information.
<http://www.ficcdat.ca/main.cfm?cid=1559>

MANAGEMENT OF THE NEUROLOGICAL UPPER EXTREMITY – AN INTERMEDIATE LEVEL NDT WORKSHOP

Date: June 17-18, 2011

Location: Toronto Rehab's University Centre - Auditorium, Toronto

This year, we will again offer the NDT/Bobath Certificate Course in the Management and Treatment of Adults with Hemiplegia. Successful completion of this 16-day course provides eligibility to apply for the NDT Certification Program.

Contact: Conference Services at 416-597-3422 x.3693 or conferences@torontorehab.on.ca. For more information, please visit [http://www.torontorehab.com/Events/Corporate-Events/NDT-\(Bobath\)-Certificate-Course-in-the-Management-.aspx](http://www.torontorehab.com/Events/Corporate-Events/NDT-(Bobath)-Certificate-Course-in-the-Management-.aspx).

PHYSICAL THERAPY WORLD CONGRESS 2011

Date: June 20 – 23, 2011

Location: Amsterdam, Netherlands

The congress has a main scientific programme, planned over two years to reflect the best of world physical therapy, consisting of 140 sessions. Before, during and after the main congress, there are also education sessions and clinical visits, the satellite programme.

And then, there's a bustling social programme, allowing physical therapists to relax together and sample some of the best of Dutch culture.

For more information, and to register, visit: <http://www.wcpt.org/congress>

EHPIC 2011 - ADVANCING THE FUTURE OF HEALTHCARE THROUGH INTERPROFESSIONAL LEARNING

A certificate course for Health Professionals, Educators & Leaders

Sponsored by the Centre for Interprofessional Education, University of Toronto.

This course will enhance your natural leadership abilities to teach excellence in interprofessional Education (IPE), helping to build an IPE community of leaders in healthcare.

Objectives:

- Recognize and teach the importance of professional role understanding as an essential component for collaborative practice
- Experience and teach ways of effective team communication and the role of reflection in health care teams
- Practice skills in facilitating interprofessional teams particularly within an educational context
- Acknowledge professional attitudes and cultural values and recognizes their impact in the educational context
- Understand and develop a program to teach how collaborative practice is used to enhance patient-centered care
- Learn ways of evaluating the role of collaborators in educational contexts; and
- Define the current challenges facing educational leaders in moving IPE experiences forward at an institutional level and analyze these using an organizational framework.

Date: June 20-24, 2011

Location: The University of Toronto Conference Centre, Toronto, Ontario

For more information: The office of Continuing Education and Professional Development
416-978-2719 info-IPE1102-C@cepdtoronto.ca
www.cepdtoronto.ca

Abstract Submission: <http://events.cepdtoronto.ca/website/index/IPE1102-C>

Deadline to apply is April 1st, 2011!

THIRD NORTH AMERICAN CONGRESS OF EPIDEMIOLOGY

Date: June 21-24, 2011 – Sheraton Centre Montreal

Please visit the website to download the submission form. www.epicongress2011.org

Epidemiologic researchers, educators, and policy makers from academia, public health, government, and industry are invited to come together at the Third North American Congress of Epidemiology. The Congress aims to showcase and promote the diversity of study, practice and policy within epidemiology as a whole, and has no theme other than epidemiology. This meeting is held only once every five years and provides a unique opportunity to interact with a diverse group of epidemiologists from more than 20 professional societies. The meeting will include plenary addresses from visionary leaders; symposia addressing emerging issues cutting across topical fields; spotlight and poster sessions selected.

For more information: www.epicongress2011.org

NDT (BOBATH) CERTIFICATE COURSE IN THE MANAGEMENT AND TREATMENT OF ADULTS WITH HEMIPLEGIA

October 17-21, 24-28, and November 28-December 3, 2011

Location: Toronto Rehab's University Centre - Auditorium, Toronto

This intermediate level workshop **for PT and OT assistants** will build on NDT principles and handling skills presented in the NDT Introductory Course in the Management of Adults with Hemiplegia. The goal of the course will be to enhance the clinician's knowledge of thoracic and rib cage alignment and movement, scapulothoracic alignment and movement, their impact on upper extremity function as well as their contribution to commonly seen dysfunction such as pain, tone, oedema.

Contact: Conference Services at 416-597-3422 x.3693 or conferences@torontorehab.on.ca. For more information, please visit <http://www.torontorehab.com/Events/Corporate-Events/Management-of-the-Neurological-Upper-Extremity---A>.

FIRST ANNUAL SYMPOSIUM ON REGENERATIVE REHABILITATION

HOLD THE DATE: November 3, 4, 2011

Location: Pittsburgh, PA.

As you know, medical advances in the field of Regenerative Medicine are accelerating at an unprecedented rate. Biological technologies such as stem cell transplantation, scaffolds, and artificial devices are now being tested in clinical trials throughout the country, opening up a novel population of patients to clinicians and exciting new areas of investigation for rehabilitation scientists. As a field, physical therapists would benefit from a careful examination as to the implications of such advancements on our clinical practice, research agenda, and educational programs.

This conference has the goal of stimulating reflection and debate as to the emerging role of physical therapeutics in the field of regenerative medicine.

Who should attend? Program directors/ faculty members of Physical Therapy and Physiatry programs, Scientists and clinicians working in the fields of Regenerative Medicine and/or Rehabilitation, and graduate students with related interests are all welcome to attend.

More conference details to come! If you have any questions, contact Fabrisia Ambrosio ambrosiof@upmc.edu

PAIN MANAGEMENT: BRIDGING THE GAP FROM ACUTE CARE TO REHABILITATION AND INTO THE COMMUNITY

Date: Friday November 18, 2011

For more information: Toronto Rehabilitation Institute, Conferences Services
Phone 416-597-3422 x 3693 Email: conferences@torontorehab.on.ca

Website: <http://www.torontorehab.com/Events/Corporate-Events/Pain-Management-Across-the-Continuum--Bridging-the.aspx>

OTHER NEWS

MINISTRY OF HEALTH PUBLICATION: HEALTH HORIZONS NEWSLETTER

Health Horizons Newsletter is a planning tool prepared by the Health System Planning and Research Branch in the Health System Strategy Division. The April edition (Issue 13) featured the Department of Physical Therapy.

Some of the highlights in the April issue include:

- The impact of multiple chronic conditions on health care utilization among seniors in Canada and a new tool developed by Ontario researchers to predict mortality risk for stroke survivors.
- A recent report on cost drivers in the Canadian health care system.
- A focus on physiotherapy research in Ontario conducted by researchers at the University of Toronto's Department of Physical Therapy and its affiliated institutions and partners on human health resources, access, innovative service models, evidence-based practice and future directions in physiotherapy research.

Health Horizon is designed to provide MOH senior staff, researchers, and decision makers with a high-level survey of research news and developments in health systems around the world that can inform policy development and planning. The goal is to identify innovations and emerging trends that are relevant to Ontario's health system.

Following is an excerpt from the article. If you would like to receive a copy of this newsletter, please contact Cindy Mallory pt.chair@utoronto.ca. To be placed on the distribution list, please contact Uyen Quach at (416) 327-7657 or send an email to uyen.quach@ontario.ca.

FOCUS ON PHYSIOTHERAPY

Highlight: The University of Toronto's Department of Physical Therapy

The Physical Therapy Department at the University of Toronto is committed to the promotion, development and dissemination of knowledge related to physical therapy and rehabilitation science. Below are selected examples of Department activities contributing to these commitments.

Research

Faculty research interests include mechanisms of control, development of new treatments, evaluation of treatment effectiveness and health services research examining outcomes and health policy. With over 350 research and clinical faculty members in the Department, external research funding from various sources (e.g., CIHR, Ontario March of Dimes, Physiotherapy Foundation of Canada) exceeded \$3.3 million last fiscal year. Faculty research resulted in 142 peer-reviewed publications for that year.

Knowledge sharing

To disseminate recent studies on rehabilitation topics, the Department runs a monthly lecture series showcasing national (e.g., Quebec) and international (e.g., New Zealand, Denmark, Australia) research known as "Rehab Rounds". Previous presentations have included the development of measures to understand the rehab needs of patients with complex chronic disease conditions, rehabilitating patients with dementia and/or delirium and experiences of ward-based care and rehabilitation following prolonged critical illness.

Collaborations and Partners

Diverse partnerships are reflected in the over 150 clinical sites and partners; faculty appointments at over 20 Ontario health care organizations; and the over 20 research units/affiliations with the Department.

REHAB SCIENCES SPACE AVAILABLE FOR RENT!

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small 'break out' rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, www.rehab.utoronto.ca.

For availability and rates, please contact the Rehab Sciences Sector at: 416-946-8554

Email: rehabsector.reception@utoronto.ca.

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