



Physical Therapy
UNIVERSITY OF TORONTO
PT LINK NEWSLETTER

April 2010: Volume 5, Number 4

www.physicaltherapy.utoronto.ca

IN THIS ISSUE:

- # Message from the Chair
- # PT Profiles
- # Departmental News
- # Honours/Awards
- # Courses/Presentations/Events



MESSAGE FROM THE CHAIR



Classes for both year one and year two students have ended and soon students will be off to clinic. This is a wonderful group of students, keen and intelligent. Thank you to everyone who will supervise them for the next weeks. You are helping guide their way to becoming the next generation of Physical Therapists. Thank you to all faculty and staff at 500 University who have worked hard and achieved many successes this past year.

Following are some departmental events coming soon:

- **May 6th: Rehab Rounds** – Kelly O'Brien, Lecturer, Department of Physical Therapy, will present on 'Assessing the Sensibility of a New HIV-Disability Questionnaire for Adults Living with HIV'.
- **April 28th: Second Annual Rehab Sector Clinical Education and Research Day.** The keynote speaker will be Dr. Samantha Nutt, Founder and CEO, War Child Canada. **Please see the 'Events' section below for event and registration information.**
- **June 29th: Special Rounds:** Hellen Myezwa, Lecturer from South Africa, will present on HIV and Disability
- **July 21st: Physical Therapy Student Poster Day**

Katherine Berg
Chair, Department of Physical Therapy

PT PROFILES

With the goal of creating a sense of community and to encourage further collaboration, we are continuing to outline some of the activities of the Department, including committees, units and

key partnerships. In this issue of PT Link, we highlight the Unit Management Committee chaired by Karen Yoshida.

UNIT MANAGEMENT COMMITTEE

The overall goal of the Unit Management Committee is to promote harmonization and communication among units and themes across the curriculum.

The Unit Management Committee's objectives are to:

1. Identify and discuss the day-to day operational issues within and across each of the teaching and clinical internship units.
2. Identify strategies and implement ways to address the day-to-day operational issues in order to enhance curriculum development and delivery within and across units.
3. Initially review unit and theme coordinator reports.
4. Communicate larger curriculum teaching and learning issues to the Executive Committee, faculty at Faculty meetings and to the Curriculum Committee.
5. Identify potential faculty development activities in terms of educational seminars, new technologies, and discussions of teaching innovations.

Membership of the committee includes:

Karen Yoshida, Chair – Health and Well Being Theme Leader
Robyn Davies – Unit 8 Co-coordinator
Cindy Ellerton – Unit 1&2 Co-coordinator
Kim Moody (Angie Andreoli, alternate) – Unit 5 Co-coordinator
Sharon Switzer-McIntyre – Unit 3 Co-coordinator
Ningsha Zong – Program Administrative Coordinator

Meeting schedule:

The committee meets monthly and when necessary, chairmanship rotates among the members. The Unit Management Committee gives regular reports at Executive Committee Meetings and Faculty meetings and minutes are circulated to all faculty.

DEPARTMENTAL NEWS

REHABILITATION AMONG THE RUBBLE

By Angie Andreoli and Mike Landry

Qa ou p6di nen fe ou va trouve nen sann.

What you lose in the fire, you will find in the ashes. Haitian Proverb

January 12, 2010 forever changed Haiti. At approximately 5:00 pm, a 7.0 magnitude earthquake shook the Port-au-Prince (PaP) region of the poorest country in the Western hemisphere. It lasted only 58 seconds; however, it caused what is likely to be the single largest loss of life in a single disaster in modern times. Moreover, the amount of disability that resulted from this single event is difficult to comprehend, but Haiti is now likely to have some of the largest rates of amputees per capita in the world.



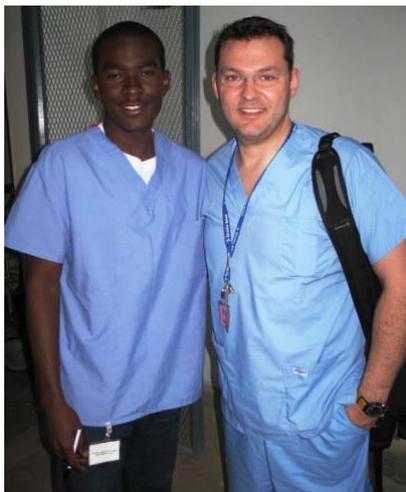
More than 3 months later, relief efforts continue as a sense of normalcy attempts to creep back into the broken streets, few of which are now cleared of rubble, if not rubbish. Yet, even as aid agencies settle in for the long haul, and as Haitians set about rebuilding what was lost, heavy rains over the next 3 months threaten to compound the crisis, putting the country's estimated 1.2 million displaced people at increased risk of floods, landslides, and outbreaks of infectious disease. But out of the rubble there is perhaps some optimism. People with disabilities are now such a large subset of the population that there is a broader understanding and awareness of their needs. More and more, the importance of rehabilitation is being recognized.

We have just returned from two weeks at Hôpital Albert Schweitzer (HAS), an 80-bed hospital in a small community north of PaP called *Deshapelles*. In an unprecedented move, the Toronto Rehabilitation Institute sent a group of 4 clinicians, which also included Edith Ng, OT and Mandy McGlynn, PT (9T4) to help support rehabilitation efforts at HAS. Our team had three priorities: first, to provide service delivery in the areas of assessment/management of hand trauma, assessment of seating & wheelchair needs, and amputee care; second, to offer capacity building and education in these clinical areas; and three, to assess the broader rehabilitation needs in Haiti.



One specific area of rehabilitation need was regarding the large cohort of Haitians who suffered spinal cord injuries. In the two weeks following the earthquake, the HAS hospital treated over 1,000 earthquake victims. One of these people is Geoffrey.

Geoffrey is a 17 year old who sustained an incomplete SCI when his house collapsed on January 12th. Geoffrey has only one living relative, an aunt, after his parents and three siblings were killed. He was surgically stabilized on January 19th in PaP, and then transferred to HAS shortly after. Like many, he has no home and few supports. Geoffrey has no shoes.



Mike Landry with David, one of Haiti's 12 physical therapists

It was quickly evident to us, that even before the earthquake, the survival of people with SCI in Haiti was poor, considering there are no trained spinal surgeons, no neurosurgeons, and only a handful of orthopedic surgeons in the country. Currently, there are an estimated 200 people with SCI lying in hospital beds, many of whom are medically stable, but, receiving little to no care. Twenty of these patients are located at the Haiti Hospital Appeal in Cap-Haitien, the country's second largest city to the north.

Overall, this first experience in Haiti was a deeply personal one for us. The stories of survival, death, and moving forward with what remains are on one hand heartbreaking, and on the other hand, inspirational. Haiti has a long and tragic past filled with political corruption, failure of the international community to intervene, and resulting terrible poverty. Haitians will overcome this challenge, like they have so many times before. If we can provide some clinical and educational support to help build a better Haiti, - one that is inclusive of people with disabilities - than that is what we should do....and therefore, we shall.

UNIVERSITY OF TORONTO -- DEPARTMENT OF PHYSICAL THERAPY
MSCPT ADVANCED STANDING OPTION: 2010 - 2011

The University of Toronto, Master of Science in Physical Therapy, Advanced Standing Option is a professional graduate degree program that allows eligible physical therapists with a BScPT from a Canadian university to acquire the master's degree. This 12-month program includes both online and on-campus courses – a hybrid model providing an enriched educational experience.

The focus of the MScPT Advanced Standing Option is on the integration of research to practice. The Department of Physical Therapy, University of Toronto, will consider applications from students who have completed a four-year undergraduate program BScPT degree or equivalent from a Canadian university with a minimum mid B average. Applicants must be registered as independent practitioners with a relevant physiotherapy regulating body and/or have completed the PNE and are awaiting results.

Students have access to the University of Toronto's extensive collection of online resources to support learning in an environment that is distinguished by academic excellence and research. Online applications must be completed and supporting documents (with the exception of letters of reference) received in the department by **11:59PM on June 4 2010**. Letters of reference will be received until **11:59PM on June 18 2010**.

For further information about the curriculum and application process visit
www.physicaltherapy.utoronto.ca/prospect/advanced.htm

SHELLEY GAUTIER CARRIES TORCH FOR PARALYMPICS



The 2010 Paralympics Torch Relay took place on March 4th in Quebec City. Shelley Gautier, a former student in the Department of Physical Therapy, was honoured and proud to be selected as a Torch Bearer for this wonderful event at Laval University. She is one of four tricycle riders in Canada hoping to make it to the Paralympics in London in 2012, and Shelley hopes to be the first woman trike racer to represent Canada at these games.

The right side of Shelley's body was left paralyzed by a mountain biking accident nine years ago. She suffered a severe head injury that left her in a coma for six weeks "I'm hopefully carving a way for other disabled people to get on a trike and go for a ride," she said.

Fifty-five Canadian athletes competed, along with over 1,300 other competitors from 43 countries.

CAP READING DAY VOLUNTEERS

The PT Department is looking for volunteers to help with **CAP Reading Day**. The Computer Administered Profile (CAP) is part of the admission process to the MScPT at U of T. This year, 343 top applicants will be invited to write the CAP, a two hour exam which represents the non-academic portion of the Admission process. The CAP is designed to assess personal characteristics/ attributes, life experiences, knowledge of the profession and critical thinking/problem solving skills. The scores of this CAP are combined with applicants' GPA to

determine who will be offered admission to the program. The input of the clinician is very important to the department, and therefore we need help from the community to score these exams. Marking guidelines will be provided to all readers. The CAP evaluations are read here at the Department of Physical Therapy, 500 University Avenue, and this year we have set our Reading Day for **Thursday April 29, 2010**. The following sessions are available: 9:00AM, 1:00PM, 5:00PM and 7:00PM. Refreshments are served at each session.

Please sign up by visiting our online registration page at <http://app3.rehab.utoronto.ca/ptcapreadingday/index.asp>. If you have questions, please email Daniela Pirraglia, the coordinator of CAP Reading Day, at ptstudent.services@utoronto.ca. We look forward to hearing from you!

A CALL FOR RESEARCH PROJECTS!

Department of Physical Therapy, University of Toronto MScPT Research and Program Evaluation for Physical Therapy Practice



The Department of Physical Therapy is preparing for the 2010/2011 Research Component of the MScPT Program and invites physical therapists with a Professional or Research Masters or PhD to participate as research advisors to one of 19 student groups. Each group will be comprised of approximately 5 students. Research advisors will be paired with an established researcher (PhD) from the Graduate Department of Rehabilitation Sciences, referred to as the faculty advisor, who has experience with graduate student supervision.

The content of the research component of the MScPT program, entitled "Research and Program Evaluation for Physical Therapy Practice", is amortized over three Units (Units 6, 10 and 12). In Unit 6 (September 20, 2010 – October 8, 2010), the student groups will develop the research protocol and submit the protocol for Ethics approval. The role of the research advisor is to facilitate this process with the support of the faculty advisor and a teaching assistant. Due to the short duration of Unit 6, advisors are expected to meet weekly with students and review the final ethics protocol with a quick turnaround time of 1-2 days. To enable effective communication, we recommend a maximum of three advisors (not including the faculty advisor).

Students will work on their projects throughout Units 8A (January 3, 2010 – April 1, 2011) and 8B (May 16, 2011 – June 10, 2011) having Mondays as protected research time. Throughout this period, advisors maintain contact with students through email, phone and meetings as the project requires. In Unit 10 (June 13, 2011 – July 15, 2011), the groups will analyze their data and complete a draft of a manuscript for publication and a poster. Advisors facilitate data analysis and review drafts (no more than 2 drafts) of the manuscript and the poster. Faculty provides guidance and support in the analysis and write-up phase. Formal presentations and submission of the final manuscript will occur in Unit 12 (July 18, 2011 – July 22, 2011).

Potential projects for the MScPT Research Component must be relevant to physical therapy and can include:

- Chart Reviews
- Surveys
- Program Evaluation
- Pilot Studies (Quantitative or Qualitative)
- Qualitative Studies (example: focus groups or in-depth interviews)
- Secondary Data Analysis
- **No Literature or Systematic Reviews**

University of Toronto T-Space Initiative

T-Space (<https://tspace.library.utoronto.ca>) is University of Toronto (U of T) open access web space devoted to showcasing and preserving scholarly work accomplished at U of T. The Department of Physical Therapy posts the scholarly products of each MScPT research project, including abstracts, conference citations and published articles, on T-Space. This effort is to raise the profile of the research accomplishments made possible through successful collaboration among faculty, students, and the clinical community.

Online Project Submission

To submit a project:

1. Click on the following link: <http://app1.rehab.utoronto.ca/ptresearchproject>. If the website does not open automatically, then cut and paste the URL into your Internet browser.
2. Create an account to obtain a username and password. If you created an account last year, your same username and password will still apply.
3. Once you logon, click "Submit a new project" and complete the online form. You may wish to circulate a draft of your project description in Word with co-advisors and when ready to submit, cut and paste into the online form. You may save your project on the online form and revise at any time using the "Save" button. When you are ready to submit the final version, click "Submit".

The deadline for submission of projects is **Friday June 25, 2010**. Please contact Nancy Salbach at 416-946-8558 or nancy.salbach@utoronto.ca or Kelly O'Brien at 416-978-0565 or kelly.obrien@utoronto.ca to discuss the suitability of potential research proposals or other questions you may have.

HONOURS AND AWARDS

CONGRATULATIONS TO ONTARIO PHYSIOTHERAPY ASSOCIATION (OPA) AWARD WINNERS BRENDA MORI, MIKE LANDRY AND NANCY SALBACH!

The following special awards were presented at the OPA Awards Dinner on March 26th:

Brenda Mori was selected as the winner of the Special Award for Education. This award recognizes individuals who have a history of educational excellence and commitment to professional development, who have been involved in the development of innovative programs that influence education in physiotherapy.

Mike Landry was awarded the Special Award for Professional Contribution – External. This award is presented to individuals who demonstrate strong leadership and who go above and beyond in the areas of integrity, professionalism, innovation, advocacy, accountability and communication. In addition, award winners are those who inspire others to be better physiotherapists.

Nancy Salbach was honored with the Special Award for Research. This award is given to individuals who have demonstrated leadership in scholarly activities, been successful in gaining research grants, and have also made significant contributions to research through peer reviewed work that has been published in a professional journal(s).

CONGRATULATIONS TO BARBARA GIBSON!

Barbara Gibson has received a CIHR Catalyst Grant: Methods and Measures for Gender, Sex and Health entitled “Becoming Men: Advancing methods and frameworks for understanding the intersection of gender and disability for disabled young men”: Barbara Gibson, Brett Smith B, Sally Lindsay, Karen Yoshida.

CONGRATULATIONS TO STEPHANIE NIXON!

Stephanie Nixon was awarded a CIHR Catalyst Grant: Health Equity entitled “Canadian HIV and Disability Research in a Global Context: Mobilizing Leadership and Innovation”: Stephanie Nixon; Debra L. Cameron; Sarah Flicker; Jill Hanass-Hancock; Francisco Ibanez-Carrasco; Janet Parsons; Patricia Solomon; Karen Yoshida.

ANN COLLINS WHITMORE STUDENT COMPETITION – CONGRATULATIONS!

The research project “Inpatient Pulmonary Rehabilitation: The Relationship Between Anxiety, Depression and Clinical Outcome Measures in People with COPD” submitted by the following students has been identified by PFC’s Scientific Awards Committee and approved by PFC’s Board of Governors as one of the top three projects in the 2010 Ann Collins Whitmore Student Competition.

Isabel Aganon, Lauren Barrett, Catherine Darling, Michelle Lee, Megan Towns, Kylie Hill

One member of the team will be given \$1500 in travel funds to attend Congress 2010 in St. John’s, Newfoundland this coming July to present their project.

COURSES/PRESENTATIONS/EVENTS

BUILDING BRIDGES III: CONNECTING THE DOTS?

Best Practice, Research, Knowledge Translation and Policy for Wound Care

This conference is the third in our series of building bridges theme for safer wound health care. Acknowledging that the knowledge translation (KT) process occurs in a complex social system of interactions among stakeholders, we will explore a *Knowledge to Action* model described by Graham et al. (2006). This knowledge creation funnel (inquiry, synthesis and tools) will be demonstrated throughout the conference.

Date: April 16-17, 2010

Location: White Oaks Conference Resort and Spa, Niagara-on-the-Lake

For more information: wconference2010@smh.toronto.on.ca
Phone: 416-864-6060 x 2081

Website: www.stmichaelshospital.com/buildingbridges.php

THE ART AND SCIENCE PROGRAM: FUNDAMENTALS OF WOUND MANAGEMENT
Presented by Molnlycke Health Care – Hosted by Southlake Regional Health Centre

This is a comprehensive, educational program designed for wound care clinicians in all the various health care delivery settings. The program purpose is to assist caregivers in gaining confidence and competence, both in administering direct wound care and in optimizing the potential for wound healing. It is a presentation of the art of care giving as well as the science that guides its delivery.

Date: April 27th, 2010: 8:30am - 4:00pm

Cost: \$95.00 – includes lunch and educational materials

Location: Medical Arts Building, Lecture Hall, 6th Floor, 581 Davis Drive, Newmarket

For more information: Judith Anderson 1-800-494-5134 ext. 6445
judith.anderson@molnlycke.com

REHAB SECTOR CLINICAL EDUCATION AND RESEARCH DAY
April 28th, 2010

You are invited to the second annual Clinical Education and Research Day. Following is the agenda for the day, as well as registration information:

Clinical Education: Expanding Possibilities

8:30 – 10:00am: Rehab Sciences Building, 500 University

- Learning Styles – Does learning style influence your teaching style? **(Room 140)**
- Clinical mentorship made easy **(Room 132)**
- Students – ya gotta love'em (or not): What the research says about why we take students **(Room 235)**

10:30 – 12:00pm: Rehab Sciences Building, 500 University

- Models of supervision – What works for you? **(Room 140)**
- Facilitating interprofessional education in the practice setting: Making it Work **(Room 132)**
- Promoting yourself and your educational endeavours in your institution **(Room 235)**

Research Showcase

Location: MacLeod Auditorium, Medical Sciences Building, 1 King's College Circle

1:00 – 3:00pm: Plenary Session

- Research Showcase
- Introduction and Welcome Remarks
- Keynote Speaker: Dr. Samantha Nutt, Founder & CEO, War Child Canada

3:00 – 4:30pm: Wine and Cheese

- Poster Session (Stone Lobby)

Registration for Clinical Education Workshop and Research Showcase:
<http://app1.rehab.utoronto.ca/rssresearchday/>

Registration Deadline: April 21, 2010

For more Information: Contact Simone Olivero at rehab.sector@utoronto.ca

REHAB ROUNDS – DATES FOR 2009/2010: (12pm – 1pm)

Date	Speaker	Location	Topic
May 6 th	Kelly O'Brien	Rm 140	Measuring and Modeling Disability in the Context of HIV: Updates on the Development of a New Questionnaire
June 3 rd	Pia Kontos	Rm 140	Brain injury rehab
June 29 th	Hellen Myezwa	Rm 132	HIV and Disability

For more information about Rounds, contact pt.chair@utoronto.ca

CERTIFICATE IN PAIN MANAGEMENT – UNIVERSITY OF ALBERTA

The Faculty of Rehabilitation Medicine at the University of Alberta is pleased to announce the offering of an interprofessional graduate level Certificate in Pain Management.

This is the first Interprofessional Certificate in Pain Management offered in Canada. The Director of the Certificate Program is Dr. Judi Hunter. This Certificate provides an opportunity for interdisciplinary groups to address many of the issue related to pain and the program is expected to attract professionals from medicine, nursing, occupational therapy, physical therapy,

pharmacy, psychology, social work and other related disciplines. The first course in the series, **REHAB 535: The Nature of Pain** will be delivered for the first time in **May 2010**. This course will be available for distance learning in fall 2010.

Eligible students include health care professionals who have met their College or Association requirements for practice in the province of Alberta (or jurisdiction of practice) and Faculty of Graduate Studies and Research (FGSR) requirements for entrance into Post-Baccalaureate Certificate Programs.

For more information <http://www.uofaweb.ualberta.ca/rehabmed/painmanagement.cfm>.

2010 LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Presented by the Philippine Working Group, International Centre for Disability and Rehabilitation, University of Toronto

Keynote Lecturer: David Magee, PT, PhD
Author of the book "Orthopaedic Physical Assessment"

Date: **Saturday, May 15, 2010: 9:00am – 12:00pm**

Location: OISE Auditorium (University of Toronto), 252 Bloor Street West, Toronto

Early Registration: \$60.00 for professionals; \$40.00 for students

Registration after March 31st: \$70:00 for professionals; \$50.00 for students

For More Information: lectureday@yahoo.ca

ALUMNI SPRING REUNION

The UofT Physical Therapy and Occupational Therapy Alumni Spring Reunion will be held on the morning of **Saturday, May 29th**. There will be a general meeting, including breakfast, as well as tours of the Rehabilitation Sciences Building.

The Honoured Years will be the graduating years which end in "5" or "0"; however, we also hope that graduates of all years will attend.

In addition, the UofT Alumni Association will sponsor a BBQ at Hart House at noon.

For information about these events email the ptotalumni.facmed@utoronto.ca or <http://springreunion.utoronto.ca/>

1ST CANADIAN STROKE CONGRESS LECTURE DAY: MUSCULOSKELETAL ASSESSMENT: WHAT IS IMPORTANT?

Researchers in stroke rehabilitation have put together an exciting one-day rehab workshop to be held June 6th, 2010, as part of the 1st annual Canadian Stroke Congress. There will be keynote and guest speakers from across Canada (Janice Eng, Mark Bayley, Jill Cameron, Sharon Wood-Dauphinee, William McIlroy and Gail Eskes) and best practice workshops.

Keynote Address: "From Muscles to the Mind: Multi-System Benefits of Exercise in Stroke" Janet Eng, PhD, PT/OT, Vancouver

Date: June 6th, 2010

Location: Quebec City

For more information: www.strokecongress.ca

PATIENT SAFETY SYMPOSIUM: PAEDIATRIC PATIENT SAFETY INDICATORS: MOVING OUR DOTS

In preparation for Accreditation Canada 2010, this year's symposium will focus on enhancing awareness of the required organizational practices (ROPs) that organizations must have in place to enhance patient safety and to minimize risk. By highlighting presentations and activities underway throughout our organization, staff will have an increased awareness of ROPs focusing on the following patient safety areas: patient safety culture, communication, medication use, work life, infection prevention, fall prevention and other risks.

Registration for the event is free, however space is limited. Early registration is recommended. Please mark the date and join us in sharing and learning from our colleagues.

Date: June 11, 2010 8:00am – 4:00pm

Location:

Hollywood Theatre at The Hospital for Sick Children, 555 University Ave, 1st Floor

For more information: <http://guest.cvent.com/EVENTS/Info/Summary.aspx?i=514bf9dc-e913-4ec1-ab8b-e6f69052e333>

Contact: Rita Damignani at 416-813-7654, ext. 28022 li.conferences@sickkids.ca

CANADIAN WORKING GROUP ON HIV AND REHABILITATION

Breaking Barriers, Advancing Access

June 12-13, 2010

The Canadian Working Group on HIV and Rehabilitation (CWGHR) will host its Forum and Annual General Meeting in Toronto.

With a keynote address by Dr. Michel Landry of the Department of Physical Therapy, this will be a unique opportunity to come together and combine the valuable experiences and expertise of a wide range of partners. By collectively examining barriers, identifying best practices and developing innovative solutions and critical next steps, we can improve access to rehabilitation and enhance the daily lives of people living with HIV and other episodic disabilities.

For more information, and to register, visit the website at:

<http://www.hivandrehab.ca/EN/AGM2010/index.php>

EHPIC (EDUCATING HEALTH PROFESSIONALS IN INTERPROFESSIONAL CARE)

INTERPROFESSIONAL EDUCATION FACULTY DEVELOPMENT 2010

Advancing the Future of Healthcare Through Learning

A certificate course for Health Professionals

Sponsored by the Centre for Interprofessional Education, University of Toronto

June 14-18, 2010

The University of Toronto Conference Centre , Toronto, Ontario

For more information:

Brochure <http://files.cepdtoronto.ca/support_files/7944/IPE_2010_19Jan10_5PR_.pdf>

Website <<http://events.cmetoronto.ca/website/index/IPE1002-C>>

Office of Continuing Education & Professional Development

Faculty of Medicine, University of Toronto

500 University Avenue, Suite 650, Toronto, ON, Canada M5G 1V7

Phone: 416.978.2719 / 1.888.512.8173 Fax: 416.946.7028

E-mail: info+IPE01002-C@cepdtoronto.ca

Website: www.cme.utoronto.ca <<http://www.cme.utoronto.ca>>

CENTRE FOR FACULTY DEVELOPMENT SPRING WORKSHOPS

To view the current list of spring workshops being presented by the Centre for Faculty Development, please view their website at:

<http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html>

For more information, contact Jackie McCaffrey, Project Coordinator at:
mccaffreyj@smh.toronto.on.ca (416) 864-6060 x6546

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Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content by the 15th of each month in Word format to Cindy Mallory at pt.link@utoronto.ca with the following information:

Heading: (as listed above)

Title of content:

Submitted by: (name)

Removal date/expiration date:

Please note: As requested in our needs assessment performed prior to remodeling the newsletter, attachments will no longer be issued with upcoming newsletters.

For course information, please provide the title of the course, a brief description, the term it will be offered, and the website where more information on the course can be obtained.