In 2013 the Department of Physical Therapy continues to make progress on many fronts, thanks to the hard work of our talented faculty and staff. The admissions process for September 2013 year has begun, and we have received 1139 applications from a very talented pool of students. In March we will be sending out invitations to faculty and clinicians to ask for assistance with CAPs. The Department of Physical Therapy held its Annual Awards Ceremony on January 24th. Please join in me congratulating over 100 individuals who have made outstanding contributions to the Department of Physical Therapy curriculum in 2012. Recipients of the Exceptional Achievement Awards included: Angelo Papachristos - Practitioner category; and Annette Marcuzzi – Education category. The Physical Therapy Alumni Association presented Anita Gross with the Alumni Achievement Award for her exceptional contribution to the profession of Physical Therapy.

The Awards Celebration was followed by a session for the community entitled: ‘Department of Physical Therapy Curriculum Innovation: a Dialogue’. This was an opportunity for the Department to provide an update on one of our Strategic Directions, our curriculum renewal project. The valuable feedback we received from attendees will help shape our plan as we move forward. Both events were very successful, with 140 attendees for the Awards Ceremony, and over 60 for the Faculty Curriculum session.

We look forward to welcoming our alumni at the Spring Reunion which will be held May 31st and June 1st. Karl Zabjek and Sunita Mathur will again be opening their labs in the basement to host visitors.

We are very pleased to welcome Kara Patterson, who was the successful candidate from our search which began last Spring. Dr. Patterson’s first day was January 7th and she is our new Assistant Professor, tenure-stream, in the field of neuro-rehabilitation. The main focus of her teaching is developing and overseeing the neurological practice curriculum of the MScPT program.

If you have any comments or feedback, please let us know at pt.chair@utoronto.ca
In 2009, the National Physiotherapy Advisory Group released the Essential Competency Profile for Physiotherapists in Canada. Since its release, the Essential Competency Profile has been an influential document in grounding the physiotherapy profession and physiotherapy education. The Essential Competency Profile describes the seven essential competencies required for physiotherapists during the start of and throughout their careers and includes the central, integrative role of expert, as well as the roles of collaborator, communicator, manager, scholarly practitioner, professional and advocate.

The Advocate Role

The advocate role has been identified as a core competency in a number of health care professions including physiotherapy, occupational therapy, medicine and nursing. Within the Essential Competency Profile, the advocate role is described as “physiotherapists responsibly using their knowledge and expertise to promote the health and well-being of individual clients, communities, populations and the profession”. While the importance of advocating in physiotherapy is widely accepted, the means of developing and evaluating this competence among students and professionals are less well understood.

Identifying Essential Attributes For Successful Advocacy

In 2012, a University of Toronto MScPT student research group sought to better understand the advocate role by first attempting to identify essential attributes required for successful advocacy in physiotherapy practice. The authors explored the perspectives of leading Canadian physiotherapy advocates through semi-structured interviews and identified eight crucial attributes necessary for success in the advocate role. Among these attributes included five existing Essential Competency Profile roles: collaboration, communication, scholarly practice, management and professionalism. Participants identified that successful advocacy requires effective communication and collaboration with clients and other members of the health care team. Advocacy also requires that individuals support their arguments with appropriate evidence, efficiently manage their time and resources and maintain high-standards of professionalism. In addition, participants identified the attributes of passion, perseverance and humility. Successful advocates are passionate about their cause, commit to moving it forward and put the agenda of others ahead of their own. Participants highlighted the importance of not only possessing these eight attributes but being able to tailor and integrate these traits based on the specific advocacy setting.

Moving the Advocate Role Forwards

These findings highlight the important relationship that exists between all of the Essential Competency Profile roles. Much in the same way that the expert role is modeled as an integration of the other six Essential Competency Profile roles, the authors suggest that success in the advocate role requires the same ability to draw on and integrate the Essential Competency Profile...
roles of communication, collaboration, scholarly practice, management and professionalism, as well as the additional attributes of passion, perseverance and humility. Understanding the relationship among the Essential Competency Profile roles is a crucial first step in developing an understanding of how the advocate role may be successfully developed among physiotherapy students and practitioners and how competence in this role may be evaluated. In addition, developing a better understanding of the advocate role may provide some valuable insight into understanding the nature of the other essential competencies as well.

Kerri Kelland, MScPT
Stephanie Nixon, PhD, PT

For further details on this study, please note that this research will be included in the Congress 2013 Book of Abstracts.

Title: Unpacking the Advocate Role: Exploring How Physical Therapy Departments in Canadian Universities Can Further Develop the Advocate Role
Authors: Kerri Kelland, MScPT; Erica Hoe, MScPT; Michael J. McGuire, MScPT; Jane Yu, MScPT; Angie Andreoli, MSc, PT; Stephanie A. Nixon, PhD, PT

STUDENT COUNCIL UPDATE

PT students continue to hit the books hard while showing their commitment to a better community. Altogether, the PT students raised nearly $8,000 for the Movember fundraiser benefiting prostate cancer research. They also participated in the annual Festivus holiday potluck and skit night where over 400lbs of non-perishable donations were collected to benefit local marginalized populations. That’s not all, PT students know that charity starts at home and donated over $1,000 to their student council through various fundraising activities.

On the academic side, our students continue to shine. Mathew Hughes (PT2) received the prestigious Cardiorespiratory Division Award recognizing the achievements of entry-level physical therapy students who excel in both cardiorespiratory theory and clinical practice. Two top students from across the country who show a commitment and contribution to cardiorespiratory physical therapy are chosen for this award.

Although studying takes a considerable effort, UofT PT students are still fun-loving people who participate in student council events such as a theme week, semi-formal dance, and a number of intramural activities. The PT students have participated in a record number of intramural teams this fall including the following teams that made the playoffs in their division: Men’s and Women’s Volleyball, Men’s hockey, Women’s basketball, Women’s soccer, Women’s Football, Co-ed Volleyball, and Co-ed Ultimate Frisbee. Congratulations to the Men’s Soccer and Men’s Football teams who won championships in their divisions. Our students are looking forward to continued athletic success in the coming Winter term.

By Nadir Mawji, President, PT Student Council
DEPARTMENT NEWS

VISITORS TO ONTARIO INTERNATIONALLY EDUCATED PHYSICAL THERAPY BRIDGING PROGRAM (OIEPBP)

On November 28, 2012 representatives from the Federation of State Boards of Physical Therapy (FSBPT), Foreign Credentialing Commission on Physical Therapy (FCCPT) and the Commission on Accreditation in Physical Therapy (CAPTE) came to visit the Ontario Internationally Educated Physical Therapy Bridging Program (OIEPBP) here in the Department.

Our American Colleagues are in the exploratory stages of developing a Program looking to bridge the gap in the non-US trained physical therapist who is seeking licensure in the United States. The contingent had an action packed day of discussion with a variety of OIEPBP faculty and learners. They also observed classes in action and participated in an Information Session for Potential applicants in the evening.

This visit generated a great deal of praise from our colleagues regarding the innovative curriculum we have implemented and the integration with our Entry Level to Practice program. The OIEPBP continues to collaborate with our American Colleagues as they develop their framework for bridging in the United States.

HONOURS AND AWARDS

CONGRATULATIONS TO THE FOLLOWING INDIVIDUALS!!

Congratulations to Nancy Quinn and Shelley Gautier, who are each being honored with a Diamond Jubilee Medal by the Canadian Paralympic Committee, in partnership with the Government of Canada. Nancy graduated from the Graduate Department of Rehabilitation Science in 2007. Shelley, who graduated from our PT Program in the mid 1990’s, was a member of Team Canada at the 2012 Paralympic Games in London.

Congratulations to Jo-Anne Howe, who was selected to receive the Ontario Physiotherapy Association’s special award for Professional Contribution - External. The award is a symbol of appreciation for Jo-Anne’s contributions to increasing the awareness and respect of the physiotherapy profession through strong leadership, innovation, advocacy and communication.

THE 2012 DEPARTMENT OF PHYSICAL THERAPY EXCEPTIONAL ACHIEVEMENT AND RECOGNITION AWARDS

The Department of Physical Therapy hosted their annual Exceptional Achievement and Recognition Awards Ceremony on January 24th, 2013.

These awards provide an opportunity to acknowledge those who have made outstanding contributions to the Department of Physical Therapy curriculum. We were pleased to recognize over 130 individuals and teams for their outstanding contributions to the Physical Therapy curriculum. Congratulations to all the award recipients!
The Exceptional Achievement Awards recognize individuals who have made exceptional contributions to the profession of Physical Therapy in one of four major areas: Practitioner, Education, Research and Professional Development.

**The 2012 recipients were:**

Angelo Papachristos – Practitioner  
Annette Marcuzzi – Professional Development

**2012 DEPARTMENT OF PT RECOGNITION AWARD RECIPIENTS**

The Recognition Awards acknowledge individuals or sites who have provided an extraordinary learning experience for physical therapy students within the academic or clinical environment. The 2012 recipients are:

**Faculty and Staff (Inter-departmental)**
- Dina Brooks
- Jo-Anne Howe
- Euson Yeung

**Student**
- Ali Hassan

**Teaching Assistants**
- Sabrina Agnihotri
- Erin Miller
- Janet Njelesani

**Lecturers/Lab Demonstrators**
- Adrienne Agnello
- Jennifer Agnew
- Sashika Bissoon
- Sylvia Davidson
- Carol Fancott
- Alison Hassall
- Katey Knott
- Vincent Lo
- Erin Miller
- Mika Nonoyama
- Blythe Owen
- Krisztina Weinacht

**Clinical Instructors (Continued)**
- Rebecca Bunston
- Debbie Childerhose
- Rose Cimolai
- Jaimie Coleman
- Klara Danes
- Diana Dilorio
- Kerry Doherty
- Richard Duarte
- Cathy Duncan
- Marcia Dunn
- Brenda Elliott
- Amanda Feng
- Ana Fereira
- Keith Fernandes
- Julia Filinski
- Kim Garland
- Kanwal Gill
- Pat Gornicz
- Christina Guthrie-Mayer
- Kristina Guy
- Sherry Harburn
- Peter Ho
- MQ Huangfu
- Jennifer Kochanowski
- Geoffrey Lau
- Stephanie Lau
- Christine Leger
- Louisa Leong
- Vanessa Leung
- Jean Liu
- Vincent Lo
- Andrew Lockwood
- Stephanie Lurch
- Leana Marchand
- Laura Mark
- Anna Michalski
- Erin Miller
- Mariam Mokhtarzada-Salim
- Karina Nguyen

**Teams/Sites**
- **Amputee Week Team:**
  - Janet Body, Shirlene Campbell, Dellene Sakaguchi, Beth Mahy, Zonsire Riondato, Stefania Lehkyj
- **Cardiac Rehabilitation Team - Women’s College Hospital:**
  - Debbie Childerhose, Mireille Landry, Stephanie Naulls, Faith Delos-Reyes, Jennifer Price
- **Cardiorespiratory Physical Therapy Team - Hospital for Sick Children:**
  - Jennifer Agnew, Blythe Owen, Monica Czosniak-Stern, Robin Deliva, Alison Hassall, Jamil Lati, Sejal Patel-Modi, Menaka Thevathasan, Stephanie DosSantos, Stephanie Sollazzo
- **ErinoakKids Physiotherapists and Physiotherapy Assistants**
- **Neuro ICE Team - Trillium Health Partners:**
  - Robin De Angelis, Iwona Nowak
- **The Parkinson’s SCS Team - Baycrest:**
  - Tanya Aggett, Debbie Mendelson, Steve Wong, Myrna Benderoff, Tina Wells Rowell, Samira Chaudhary, Daniel Galessiere, Hedda Zahavi, Laura Dinicolantonio,
2012 DEPARTMENT OF PT ACKNOWLEDGEMENT RECIPIENTS

The Department of Physical Therapy at the University of Toronto would like to thank and acknowledge the contributions made by individuals who have assisted in various aspects of teaching and service in the MScPT curriculum.

Chris Alappat  
Angie Andreoli  
Courtney Bean  
Tricia Beath  
Gary Beauchamp  
Lindsay Beavers  
Shawn Brady  
Sarah Brown  
Karen Brunton  
Meghan Buttle  
Kary Cheong  
Shaun Cleaver  
Nicole Cooper  
Nathalie Cote  
Lisa Da Cunha  
Cynthia Danells  
Sylvia Daniel  
Laura Desveaux  
Laura Di Nicolantonio  
Allison Drynan  
Doreen Durante  
Sarah Eby  
Naomi Eisenberg  
Ana Ferreira  
Isabel Frade  
Elizabeth Frey  
Chaya Gottesman  
Miriam Granek  
Rebecca Gruber  
Anna Grunin  
Sara Guilcher  
Davis Hadley  
Stephen Hall  
Debbie Hebert  
Nga Nguyen  
John Pendlebury  
Lisa Pinsonneault  
Kinny Quan Velanoski  
Fatma Rajwani  
Joanna Schechter  
Paula Shing  
Anna Marie Sneath  
Degen Southmayd  
Erika Szego  
Kathy Tossios  
Peta Turner  
Varda Van Osnabrugge  
Krista Johnston  
Sukhvinder Kalsi-Ryan  
Raymond Kao  
Abi Kavanaugh  
Usman Khan  
Meaghan Kinlin  
Anne Kuus  
Eleanor Latta  
Ryan Leung  
Jordan Lewis  
Samantha Lombardo  
Mai Ly  
Jamie MacDonald  
Melanie MacKinnon  
Rodrick MacKinnon  
Shelley MacRae  
Avril Mansfield  
Annette Marcuzzi  
Meghan McCormack  
Carolyn McCullough  
Polyana Mendes  
Lisa Menezes  
Dimple Mistry  
Alisha Morgan  
Samira Mubareka  
Olivia Naftolin  
Jennifer Neirinckx  
Karen Ng  
Edith Ng  
Linda Ngan  
Irene Nicolakis  
Anita Osika  
Angelo Papachristos  
Tracy Paulenko  
Maggie Reaume  
Sheila Ritcey  
Sylvie Robinson  
Priscila Robles  
Elly Rocha  
Charlyn Roncesvalles  
Jessica Rosario  
Dana Rowe  
Andrea Ruby  
Patricia Ruiz  
Meghan Rumford  
Tina Sahota  
Leah Schwartz  
Farrah Schwartz  
Anne Scofich  
Bansi Shah  
Parag Shah  
Andrea Shattner  
Chris Skederidis  
Justin Soegandi  
Eleanor Solomon-Clarke  
Trish Stapleford  
Linda Sumiya  
Lynn Suter  
Leslie Taylor  
Menaka Thevathasan  
Kim Thornhill  
Alana Tintse  
Jennifer Uyeno  
Stephanie Vanneste  
Julie Vaughn-Graham  
Frank Wagner  
Amy Wainwright  
David Wang
PUBLICATIONS


COURSES/PRESENTATIONS/EVENTS

REHAB ROUNDS – UPCOMING DATES

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SAVE THE DATE!
UOFT ALUMNI SPRING REUNION

Date: May 29th to June 2nd, 2013

The 2013 event will be for the graduating classes ending in 3 or 8.

The PT and OT Alumni are planning an event on the evening of Friday, May 31st, as well as a Breakfast Meeting and Awards Presentation on Saturday morning, June 1st from 9.30 to 12.00 noon. Further details will be announced soon!
CENTRE FOR FACULTY DEVELOPMENT SPRING WORKSHOPS

The Centre for Faculty Development is pleased to invite you to its winter/spring workshops as outlined at: http://www.cfd.med.utoronto.ca/programs/upcoming-workshops.html

For more information, contact Jackie McCaffrey, Project Coordinator at: mccaffreyj@smh.toronto.on.ca (416) 864-6060 x6546

CARDIORESPIRATORY PHYSICAL THERAPY AND EARLY MOBILITY SKILLS IN ACUTE CARE

Course Title: Cardiorespiratory and Mobility Skills Course

Location: Toronto General Hospital

Date: April 13-14, 2013

Cost: $350 Early bird until March 1st; $400 after March 1st

Course Objectives:
The two-day course is designed for graduate physical therapists & students who wish to establish and improve physiotherapy skills using evidence based practice approach with Cardiorespiratory patients. The program will review assessment techniques for the acute Cardiorespiratory patient through didactic and small group sessions. Oxygen Therapy and Safe Mobility for the Critical Care Patient will be reviewed in both lecture and lab format.

Contact: Therese Hawn therese.hawn@uhn.ca or 416-3404800 x4432

15-DAY BASIC BOBATH COURSE. IBITA CERTIFIED.

ASSESSMENT AND TREATMENT OF ADULTS WITH NEUROLOGICAL CONDITIONS.

Course Dates:
Session 1: April 26-29, 2013
Session 2: May 10-13, 2013
Session 3: June 21-24, 2013
Session 4: Sept 27-29, 2013

Location: Belleville General Hospital, Belleville ON

Course Instructor:
Julie Vaughan-Graham PT, MSc - Advanced IBITA Instructor

Course Description:
This is a clinical course including four instructor led clinical learning sessions, and a guided self-directed case report. This course utilizes lectures, practical sessions, patient demonstrations and patient treatment sessions to integrate theory and practical knowledge, with respect to the
Bobath concept, in the treatment of the patient with neurological dysfunction. This is a practical course for physiotherapists and occupational therapists.

**Course Pre-Requisite:**
Applicants must have completed a 3-Day Introductory CBIA Course or an NDTA Introductory Course.

**Contact:**
info@cbiaorg.com or visit www.bobathcanada.com for further details and registration

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**INTERNATIONAL FORUM ON HIV AND REHABILITATION RESEARCH**

The Canadian Working Group on HIV and Rehabilitation (CWGHR) is pleased to invite you to the **International Forum on HIV and Rehabilitation Research** to be held in Toronto, Canada on **June 13-14th, 2013** at the Li Ka Shing Knowledge Institute, St. Michael’s Hospital. This Forum will be held in partnership with the **CWGHR Annual General Meeting** and **CWGHR 15th Anniversary Celebration**.

The field of HIV and rehabilitation research is emerging, with Canada and the UK as leaders HIV rehabilitation research. Evidence suggests that rehabilitation has the potential to improve health and quality of life outcomes for people living with HIV. In industrialized countries, individuals are living longer and may be living with the health consequences of HIV, comorbidities and associated treatments. People living with HIV in the UK and Canada face similar issues, including challenges accessing rehabilitation services, social participation issues related to income and employment, and increasing concurrent health conditions faced by those aging with HIV.

At the Forum, speakers from Canada, the UK and Ireland will translate research evidence knowledge on HIV and rehabilitation generated through the **Canada-UK HIV and Rehabilitation Research Collaborative (CUHRRC)**, CWGHR, and other organizations engaging in HIV and rehabilitation research across key research priorities including:

- Aging with concurrent health conditions
- HIV and neurocognitive rehabilitation
- Access to and effect of rehabilitation
- Labour force participation and employment
- And many more!

Through this Forum, we will foster new research and clinical partnerships between Canada, Ireland and the UK, generate strategies for ongoing knowledge transfer and exchange nationally and internationally, discuss mechanisms to incorporate research into practice and policy, and identify new and emerging priorities in HIV and rehabilitation.

**SAVE THE DATES** now to join over 100 colleagues and participants on **June 13-14th, 2013**. Stay tuned, visit our website often, and join us on Facebook and Twitter (see below for links), as the official Forum Agenda and a confirmed list of speakers will be available soon.
For further information about the Forum, contact jlondon@hivandrehab.ca or (416) 513-0440 ext. 238.

This Forum is supported by a Dissemination Grant from the Canadian Institutes of Health Research (CIHR), HIV/AIDS Research Initiative, the Public Health Agency of Canada, The Ontario HIV Treatment Network, and the University of Toronto.

SAVE THE DATE!

EDUCATION SIG 5TH ANNUAL CHRONIC PAIN REFRESHER COURSE

Date: September 27—29, 2013

Location: Delta Chelsea Hotel, 33 Gerrard Street West, Toronto, Ontario

CLINICIANS OF ALL DISCIPLINES are welcome and will find sessions specific to their fields, as well as other fields of fields of practice in pain management, with the focus on application.

PARTICULARLY VALUABLE TO TRAINEES, recent graduates, and experienced practitioners, who will have the opportunity to interact with colleagues and discuss a variety of clinical issues at all meals and breaks.

CLINICAL RESEARCHERS will also find the sessions valuable, offering insight into a wide range of issues related to pain management. Faculty is drawn from Canadian pain practitioners and researchers, respected for their contributions to pain management.

OTHER NEWS

REHAB SCIENCES SPACE AVAILABLE FOR RENT!

Event space is available to rent in the Rehabilitation Sciences Building at 500 University Ave. The Rehabilitation Sciences Building is located just north of Dundas St, close to University Health Network, Hospital for Sick Children, Mount Sinai Hospital and the Toronto Rehabilitation Institute. We are also close to the Ryerson University Business School at Bay and Dundas, and the Ontario College of Art and Design on McCaul St.

We have two step-style classrooms with desks that seat up to 90 persons and a number of flat classrooms that seat from 40 up to 90. In addition, there are a number of small ‘break out” rooms available that can be used for groups of 12. We also have a computer lab with 44 desktop computers that can be used for testing or training. PT also has two clinical labs which provide great opportunities for practicing and teaching clinical skills. The building has a small café on the ground floor. You can view pictures of our facilities on the Rehab Sector web site, www.rehab.utoronto.ca.
For availability and rates, please contact Rehab Sciences at: 416-946-8554
Email: rehabsector.reception@utoronto.ca.

About PT Link

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