**HEALTHY DEVELOPMENT & AGING**

**AIM:** To develop effective health and well-being strategies for people with acute and chronic conditions across the lifespan. Examples include self-care tools and community-based exercise and dance programs.

**SOCIETY, POLITICS, ETHICS & CULTURE**

**AIM:** To examine and address the social, political, economic and cultural forces that shape health, disease, and disability. SPEC research is explicitly transdisciplinary, drawing on diverse knowledges, and critical scholarships.

**DIGITAL PHYSICAL THERAPY & REHAB**

**FUNCTION**

**HEALTH**

**WELL-BEING**

**AIM:** To determine physiological and biomechanical mechanisms that impair function. Examples include biomechanical modelling and clinical evaluations.

**BODY STRUCTURE & FUNCTION**

**AIM:** To build and test technologies that support health and advance physical therapy practice. Examples include online health coaching, physical activity apps, and assessment and educational tools.