



Community of Support (COS)

Our Mission

Our goal is to increase diversity in healthcare by supporting students who are underrepresented in healthcare fields at every stage of their journey.

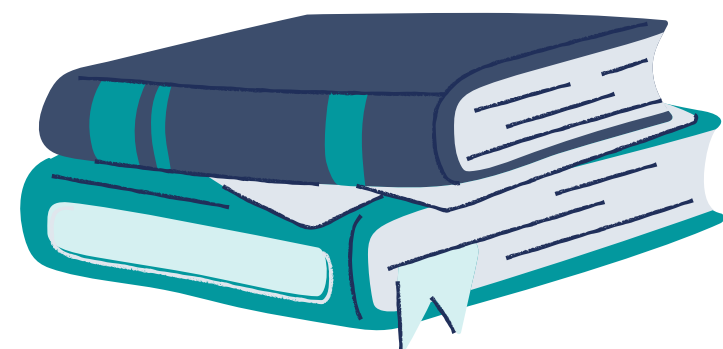
Who Is Eligible?

The Community of Support program supports prospective health professions students who are Indigenous, Black, Filipino, socioeconomically disadvantaged, or who identify as having a disability.

What Do We Do?

The following pages list some of our programs and services. Some others include:

- CASPer Prep: explore strategies to help you prepare for writing CASPer
- Webinars: online seminars about topics such as physiotherapy (PT) practice
- Biostatistics Enrichment Project: learn how to analyze data from large populations



ADMISSION EVENTS

Prior to each application cycle, COS will hold webinars focused on the admission process, student life, what the COS program can do for you, application advice, and demystifying the Computer Administered Profile (CAP). Potential applicants will have the opportunity to ask questions of our panelists which will include administrators, current students, and physiotherapists.



COS SIGN-UP

https://www.mentorcity.com/en/sign_up?invitation_token=a7f3b0aab047db889569bc4d48effa21

MENTORSHIP

In collaboration with the Masters of Science Physical Therapy program at the University of Toronto, the Black PT Association, and the Ontario Internationally Educated Physical Therapy Bridging Program Alumni Association, this student mentorship program provides COS members applying to PT with a mentor to guide the application process and provide feedback before it is submitted. The following assistance will be provided, depending on mentor availability:



- Sharing information on career paths
- Providing guidance, motivation, and role modeling

JOB SHADOWING

This program provides COS students with early exposure to a range of PT settings.

The program includes:

- A 1–2-hour assessment and/or treatment session
- An opportunity to debrief with a physiotherapist following the session
- A discussion about practice, practice setting, and the PT journey



RASI

Research Application Support Initiative (RASI) is a program designed to help COS members with research interests through:

1. Providing information/workshops on how to create a good academic CV, professionalism in communicating with principal investigators, characteristics of a good referee, etc
2. One –to-one mentorship to help them develop research CVs and apply for research roles, graduate applications, and applications for thesis
3. A limited number of paid research roles



Credits: Initial design created by Stephen Wang