Message from the Chair

I would like to welcome the Class of 2015 which started their coursework on September 3rd. This year, we have 88 new students as well as one Advanced Standing student. Convocation for last year’s graduates will take place on November 13th, 2013. A reception for students and their families is being held at the Chestnut Conference Centre. The Class of 2013 also celebrated the Student Research Day on June 24th where students presented their group research projects which were completed under the supervision of a practitioner and a member of the academic faculty.

Excellent work, Class of 2013!

Katherine Berg,
Chair, Department of Physical Therapy
Honors and Awards

Congratulations to the following faculty members!

On July 1, 2013, Professor Aileen Davis became the Interim Director of the Toronto Musculoskeletal Centre (EDUC). This appointment follows Prof. Davis’s role as a member of the CIHR Institute of Musculoskeletal Health and Arthritis Advisory Board, The Arthritis Society’s National Board of Directors. She also served as Chair of the Scientific Advisory Committee and a member of the National Board of Directors. Prof. Davis is currently the Associate Editor of Osteoarthritis & Cartilage and a member of the Editorial Board of Arthritis Care and Research.

Dr. Barbara Gibson has been appointed to the Bloorview Kids Foundation Chair in Childhood Disability Studies. The joint Hospital-University chair is funded by the Holland Bloorview Kids Rehabilitation Hospital, the Holland Bloorview Kids Rehabilitation Hospital Foundation, and the University of Toronto. Dr. Gibson’s research focuses on the ways that health practices and policies affect the lives of children and youth. In addition to being a member of the Joint Centre for Bioethics at the University of Toronto, Dr. Gibson is Associate Editor of Physiotherapy Canada.

The Mississauga Academy of Medicine recognized Professor Carol Heck in its Excellent Awards. In the area of Faculty Teaching Awards, Prof. Heck won the award for Excellence in Small Group Teaching.

Professor Lynne Sinclair received an Honorary Bachelor Degree in Applied Studies from the Board of Governors of the Humber College Institute of Technology and Advanced Learning for her consulting work in Interprofessional Education. In her address to the Health Science graduates, Prof. Sinclair spoke about the value of lifelong learning and teamwork. She is the Innovative Program and External Development Lead and the past Associate Director at the Centre for Interprofessional Education, University of Toronto.
This month’s PT Profile features Dr. Richard K. Ladyshewsky, Full Professor of Leadership and Management at Curtin Business School at Curtin University in Western Australia. In addition to being a Registered Physical Therapist, he is a Fellow of the Higher Education Research Development Society of Australasia and Associate Fellow of the Australian Institute of Management and has been presented with an Australian Learning and Teaching Council National Awards for his contribution to programs that enhance learning.

Dr. Ladyshewsky completed his BMedRehab at the University of Manitoba and his MHSc at the University of Toronto. When he joined the School of Physical Therapy at the University of Toronto in 1989 he became interested in the idea of cooperative learning (as opposed to the traditional model of individual learning focusing on the student-teacher relationship). This interest eventually led to his PhD at Curtin University with a doctoral thesis demonstrating that students who engage in peer coaching significantly outperform those learning according to the traditional model. Since then, he has been leading the development of peer coaching in leadership and management education at the Curtin Graduate School of Business as well as Schools of Physical and Occupational Therapy internationally.

Expanding his study of ways to facilitate learning and community for students, Dr. Ladyshewsky more recently turned his attention to online learning. His school was one of the first in Curtin University to offer fully online courses, which it has now been doing for a decade. With five satellite campuses outside of Western Australia and with the university being situated in a geographically isolated area, online courses provide an excellent solution to the challenges travel poses for faculty and students alike.

It is the growing field of online education that has brought Dr. Ladyshewsky to Toronto as part of his research leave sabbatical which is focussing on information communication technology and learning. He is here consulting on online learning for the department’s Ontario Internationally Educated Physical Therapists Bridging (OIEPB) Program. Dr. Ladyshewsky will also be consulting with Royal Roads University in Victoria, British Columbia and the University of Manitoba. The first institution provides a considerable number of online courses while the latter is developing its online learning tools and both are looking to draw on his expertise. Additionally, he will visit Western University in London, Ontario to provide assistance with the Physiotherapy Educator Program, a fully online course that will now offer a module on peer coaching module for hospital based supervisors.

Online learning has the benefit of increasing reflective practice, easing access to learning (especially for students who are working), and

(Continued on p. 4)
Technology and Education - An Interview with Dr. Richard K. Ladyshewsky Continued...

providing a network for students. Dr. Ladyshewsky stresses the importance of creating a community of practice where students are able to discuss the material and ask questions.

This format also increases the possibility of access for those whose lifestyle can’t accommodate the traditional educational model. Research has shown that academic performance rises when students have the opportunity to attend courses online. The challenge with online courses, says Dr. Ladyshewsky, is figuring out how to keep student satisfaction high.

Don’t be afraid of technology, advises Dr. Ladyshewsky. He also cautions that technology shouldn’t drive learning. When designing educational materials, we need to first look at what it is we are trying to achieve. Then we need to ask ourselves whether or not technology can let us achieve our goal in a better way. As an example, he refers to the benefits of an online component for a manual therapy course: posting lectures online, adding links to readings, providing a discussion forum, and digital assessment tools means that the time allotted for classes students attend in person could be devoted entirely to actual practice. Looking forward, Dr. Ladyshewsky expects to see continual growth in the development of blended programs where the majority of content will appear online and students attend in-person only when their physical presence is essential.

Departmental News

The Department would like to take this opportunity to announce that Cindy Mallory has accepted a new position as Assistant to the Dean at UTM. While we miss Cindy, we would like to take this opportunity to thank her for her many contributions to the Physical Therapy Department and wish her all the best in her new role.

Additionally, we are very happy to announce that Linda Stone has accepted the position of Administrative Assistant to Chair and Information Officer and joined the department on August 19th. Linda comes to us from Victoria University, UofT, where she was most recently the Assistant to the Director at the Centre for Reformation and Renaissance Studies. Her extensive experience includes Administrator, Event Coordinator, Library Supervisor, Publications Manager and more and we are excited she has joined our administrative team!

Linda can be reached via:
Email: pt.chair@utoronto.ca  Tel: 416-978-2769  Office: Room 872

We would also like to take this opportunity to thank the PT staff for all their assistance and extra work during this transition.
Publications


http://www.ajod.org/index.php/ajod/article/view/50


Nancy M. Salbach, Dina Brooks, Julia Romano, Lynda Woon and Thomas E. Dolmage. “Cardiorespiratory Responses During the 6-Minute Walk and Ramp Cycle Ergometer Tests and Their Relationship to Physical Activity in Stroke”. Neurorehabil Neural Repair. Published online 6 August 2013. DOI: 10.1177/1545968313498826
http://nnr.sagepub.com/content/early/2013/08/06/1545968313498826
Hello from the 2013-2014 Physical Therapy Student Council!

Since being elected in July, this year’s council has been hard at work planning the orientation of the incoming class of 2015. We are very excited to introduce the first year students to the Faculty of Medicine, University of Toronto, and the beautiful city of Toronto. This year features a tour of Toronto, a trip to a Blue Jays game, and a day on Toronto Island. We are looking forward to the many events we have planned for this year and getting more involved in the community to promote the profession of Physical Therapy.

Ryan Wells
Physical Therapy Student Council President

PT/OT Alumni Evening – Dinner & Show!

The PT/OT Alumni is holding an event at the Famous PEOPLE Players Dinner Theatre. Join us for a three course dinner and show!

Location: 343 Evans Avenue, Toronto (free parking)
Date & Time: 6:30 p.m. – 10 p.m. on Friday, October 25, 2013
Cost: $75/per person

To attend this event, please complete the following steps:

RSVP to the Alumni Office by email at ptotalumni.facmed@utoronto.ca or by phone at 416-978-1820.

Mail a cheque ($75/per person) to Diane Gasner (722 – 80 Front Street East, Toronto, M5E 1T4) by October 1, 2013.
Recent Events

The first ever **International Forum on HIV and Rehabilitation Research** was held in Toronto on **Thursday June 13th - Friday June 14th, 2013**. Over 100 participants, including people living with HIV, researchers, clinicians, representatives of community organizations, and policy makers from the Canada, UK, Ireland and the USA attended the Forum with the aim to translate research evidence knowledge on HIV, disability and rehabilitation. The Forum was collaboration between the Canada-UK HIV and Rehabilitation Research Collaborative (CUHRRC) and Canadian Working Group on HIV and Rehabilitation (CWGHR). The event was funded by a Dissemination Grant from the Canadian Institutes of Health Research (CIHR), HIV/AIDS Research Initiative, and supported by the Public Health Agency of Canada, the Ontario HIV Treatment Network, and the University of Toronto.

For more information about CUHRRC and the Forum, please go to [http://cuhrcc.hivandrehab.ca](http://cuhrcc.hivandrehab.ca).
Student Research Day Highlights!

The MScPT Research Day provides physical therapy students with a valuable learning experience and the opportunity to share their work with peers, faculty clinicians and alumni. It also offers faculty members the opportunity to support the University of Toronto’s physical therapy students in their scholarly endeavours. This year, the MScPT Student Research Day was held on July 24th 2013 in the Stone Lobby of the Medical Sciences Building. Our Research Day was highly successful and we would like to extend our gratitude to the entire faculty, the judges, and the students who participated in the event and contributed to its success.

The 21 posters were evaluated by our esteemed judges Sabrina Agnihoti, Julie Fraser, Laura Desveaux, Adam Jongsma, Priscilla Robles, Bi Marina Bastawrous, Tatyana Mollayeva mal Lakhani, Roula Markoulakis, Victrine Tseung, Dr. Judi Hunter, and Dr. Rebecca Renwick.

The Breathe in Life MScPT Student Poster Award winners for 2013 are:

Ryan Brijlal, Samantha Chung, Jonathan Lim Sze How, Nadir Mawji, and Min Tang for their poster entitled *Determining factors that affect discharge destination following lung transplantation* and

Anne-Marie Bourgeois, Allison Condren, Ellen McCurry, Giulia Mesaroli, and Peter Petropanagos for their poster: *Exploring the impact of International clinical internships on future physiotherapy career*

Congratulations to our students for their outstanding work!

We would like to extend a special thank you to our keynote speaker Agnes Makowski, MScPT, BScPT, Diploma Sport PT, FCAMT, CGIMS for her presentation, *Innovations in Sport Medicine & Why We Question.*

Next year’s MScPT Student Research Day will take place on July 23, 2014; we hope to see you there!
Seminar Series 2013

MYOFIBROBLASTS, CONNECTIVE TISSUE REMODELING AND FIBROSIS – ALL A MATTER OF STRESS!

Tuesday, October 8, 2013 at 3:00 pm

Lecture presented by Boris Hinz PhD

Laboratory of Tissue Repair and Regeneration, Matrix Dynamics Group, Faculty of Dentistry, University of Toronto

Fitzgerald Building

150 College Street, Room 103

Calls for Papers

International Association of Medical Science Educators Conference (IAMSE)

June 7 - 10, 2014

Nashville, Tennessee

Deadline for abstract submissions is September 30, 2013

http://iamse-news.blogspot.ca/2013/07/call-for-proposals-now-open.html

European Conference on Social Media (ECSM)

July 10-11, 2014

University of Brighton, UK

Deadline for abstract submission is December 19, 2013

http://academic-conferences.org/ecsm/ecsm2014/ecsm14-call-papers.htm
Core Foundations in Education Research (CoFER) Program - Accepting Applications

The Centre for Faculty Development is pleased to announce that the Core Foundations in Education Research Program is accepting applications for our next cohort to begin in January 2014. This certificate program is aimed at health professionals interested in further developing their understanding of the foundations of health professions education research.

The curriculum includes interactive workshops, education grand rounds and research coaching sessions. Participants will have 1 year to complete the coaching and assignment requirements and a maximum of 2 years to complete the workshop requirements in order to receive the Continuing Education Certificate of Completion. The deadline to apply for the 2014 cohort is October 11, 2013.

The First Step is the Biggest: Moving from an Idea to Action

December 16th from 1-4pm
Leaders: Zubin Austin and Karen Leslie

This workshop is for individuals who are planning to submit a proposal for funding to an upcoming education research grant competition or have an idea for a scholarly project that addresses an educational need. It will be of interest to those wishing to develop or refine a research question and proposal in a collaborative environment.

The Wilson Centre - Fellowship Program Call for Applications

The Wilson Centre is a world leader in advancing the education and practice of health care professionals through research. They support the education-oriented research programs of 8 full time PhD scientists and many clinician-researchers, addressing topics ranging from the acquisition and evaluation of basic surgical skills to the development and understanding of communication and professionalism.

Submission Deadline: October 31, 2013

Centre for Teaching Support and Innovation - Round Table Series: Online Teaching and Learning

Webinar Social Presence and Interactivity presented by Franco Taverna, Lecturer, Human Biology

September 27, 2:00-3:30 pm

155 college St. (Faculty of Nursing), 2nd Floor, Room 270. Attend online or in person! Perhaps the biggest challenge for online learning is providing interaction opportunities or “social presence” amongst the instructor and classmates. They will discuss strategies for providing interaction within synchronous webinar lectures and practical tips for setting up Blackboard Collaborate for successful course delivery. RSVP to don.boyes@utoronto.ca

For more information, please visit:
Continuing Education Research and Development Internal Grants - Fall 2013 Cycle - Call for Submissions

The Office of CEPD are now soliciting nominations for the Fall 2013 Office of Continuing Education Research and Development Awards. These grants are intended to support projects that directly relate to the planning, implementation, delivery and evaluation of continuing education for health professionals. The deadline for fall cycle nominations will be Friday, September 20, 2013.

St. George's University of London - Fundamentals of Assessment Course

May 22-23, 2014
This course is aimed to be an introduction to the fundamental principles and best practices in assessment in medical and other health professional areas. The course is suitable for people who want a comprehensive introduction to assessment, and will complement our Advanced Assessment Course.

Symposium

30th International Seating Symposium 2014
UBC Interprofessional Continuing Education
March 4 - 7, 2014
The Westin Bayshore, Vancouver, BC

Symposium Description:
This international symposium addresses current and future developments in the areas of seating, positioning and mobility. Topic areas include service delivery, product development, research and outcomes. The format for the symposium will include pre-symposium, plenary, instructional, paper and poster sessions. Extensive opportunities will be provided for networking with colleagues.

For more information, please visit the conference website at:
Email marketing.ipce@ubc.ca to get on an enquiry list for updates.
Attention PSD Members!

The Pain Science Division (PSD) of the Canadian Physiotherapy Association is currently seeking applicants for several member-based committees.

Are you interested in pain?
Do you enjoy learning more about pain management and research?
Would you like to help physiotherapists better address issues related to pain?

If you answered yes to any of these questions you may be interested in joining one of our member-based committees.

PSD committee members contribute to the organization and implementation of important division initiatives, such as advancing pain management, synthesizing pain research and building links between academic and clinical settings. The PSD is currently seeking applicants for the following three committees (see descriptions below): Newsletter committee, Communications committee, and Paincast Committee. Committee terms are for one year, starting at the beginning of October.

Interested applicants should email Tim Wideman (timwideman@gmail.com) by September 13th, 2013.

Newsletter Committee:
Committee members contribute to the publication of our bi-monthly newsletter by interviewing clinicians and researchers, writing newsletter articles and helping our Editor plan upcoming issues.

Communications Committee:
Committee members help us connect with our national membership by assisting our Communication Liaison update and maintain our Division website and communicate with our members via social media.

Paincast Committee:
Committee Members help produce regular podcast recordings by interviewing clinicians and researchers and helping our executive plan upcoming episodes.
**Teamwork: Your Future in Interprofessional Healthcare**

**Thursday, 10\textsuperscript{th} October 2013 – Convocation Hall**

**Doors Open at 3:00pm; 3:30pm – 5:30pm**

**Facilitator Arrival Time: 3:00pm**

This introductory learning activity powerfully brings together the entire incoming cohort of 1200 first year health science students in striking Convocation Hall. As a part of the session, faculty members demonstrate different ways in which healthcare teams can deliver care. Students also hear the account of a patient’s/client’s journey through the healthcare system, giving them the opportunity to reflect on the healthcare profession they have chosen as well as how they can be vital members of an interprofessional team.

**Facilitator responsibilities:**

To facilitate the face-to-face meeting with students, ensure students are focused and on topic, as well as maintain an interprofessional environment

**35-40 Facilitators STILL needed!**

*Facilitator Education: Online September 2013 – details to be confirmed.*

---

**Health Mentor Program**

500 University Ave

This activity will be hosted in both the Fall and the Winter Terms.

**Fall: October 28\textsuperscript{th} – November 3\textsuperscript{rd} 2013 (ONLINE FACILITATION) & November 7\textsuperscript{th} 2013 (FACE to FACE FACILITATION)**

**AND/OR**

**Winter: January 20\textsuperscript{th} – January 26\textsuperscript{th} 2014 (ONLINE FACILITATION) & January, 29\textsuperscript{th} 2014 (FACE to FACE FACILITATION)**

*NB: This learning activity format has changed. The Health Mentor Program will be hosted over a 3 week period. Week 1 will consist of a face to face element, with students and mentors, facilitators are not required to attend. During week 2, online interprofessional facilitated discussions will take place. The final and 3\textsuperscript{rd} week will offer another opportunity for students to meet face to face, with both facilitators and mentors. The session will repeat in the winter term.*

You may sign up for one or both of these sessions.

**18 Facilitators needed.**

*Facilitator Education: Online September 2013 – details to be confirmed.*
HIV and Rehabilitation

500 University Ave

This activity will be hosted in both the Fall and the Winter Terms.

Fall:
September 23rd 2013 – October 13th 2013 (ONLINE – approximately 2 hours per week)
AND
October, 15th 2013 @ 5:15pm – 7:15pm (FACE to FACE)
Location: 500 University Ave, Room 235

AND/OR

Winter
February 10th 2014 – March 2nd 2014 (ONLINE – approximately 2 hours per week)
AND
March 4th 2014 @ 5:15pm – 7:15pm (FACE to FACE)

Students learn about HIV and rehabilitation through a unique blended Interprofessional learning experience. They will engage in personal on-line learning content and then participate in online asynchronous interprofessional discussions with other students for 3 weeks. The 4th and final week will consist of a face to face case based experience.

You may sign up for one or both of these sessions.

2 facilitators needed. Facilitator Education: Online September 2013 – details to be confirmed.

If you would like to participate in any of these learning activities, please contact:
Phone: 416-603-5800 x 2577 | Fax: 416-603-5580 | Email: ipe.utoronto@utoronto.ca
http://www.ipe.utoronto.ca/
The following courses and events are from outside of the University of Toronto and are not being promoted by the Department of Physical Therapy.

Non-University of Toronto Courses and Events

NDT/Bobath Advanced Handling and Problem Solving: Making Choices for Handling, Interventions, the Task and the Environment

October 18, 19 and 20, 2013

This 3 day Advanced NDTA™ Approved Course at the Toronto Rehabilitation Institute will be structured around 4 patient demonstrations. Attempts will be made to try to include a variety of patient presentations from the perspective of level of function, time post-onset, impairments and goals to be addressed. Participants will make clinical observations of the clients’ movement and hypothesize impairments based upon the treatment strategies, tasks and environments chosen by the Instructors.

https://ers.snapuptickets.com/UHN/NDTAdvancedHandling2013

NDT Introductory Course in the Treatment of Adults with Hemiplegia

Wednesday February 19 to Sunday February 23, 2014

Presenters: Karen Brunton, BSc, PT, C/NDT, NDTA Coordinator Instructor & Karen Guha, BSc, PT, C/NDT, NDTA Coordinator Instructor

https://ers.snapuptickets.com/ers/online-registration-conference.cfm?event=625

For further information on these courses contact: Kim Hussey at (416) 597-3422 ext. 3693 or email conferences@uhn.ca.

Developing Core Control to Optimize Movement Control and Functional Ability

Presented by Canadian Bobath Instructors Association (CBIA)

October 28 to November 1, 2013 at Parkwood Hospital, London, ON

Course Instructor: Julie Vaughan-Graham, Registered PT, MSc, PhD(Cand); Advanced IBITA Instructor

This is an advanced level course providing an opportunity for in-depth exploration of the theoretical and clinical link between core control, postural control and task performance with respect to the Bobath concept. Course Pre-Requisite: Completion of 3 week Basic Bobath or NDT certification course.

Contact admin@cbiaorg.com for additional information.
Rehabilitation in Parkinson’s Disease (PD)

An Evidence-Based, Neuro-Plasticity and Motor Learning Informed Approach

October 19th and 20th, 2013

Physiotherapist Instructors:  
Rebecca Gruber BPT MSc  
Jan Goldstein Elman BScPT MHSc

Who should attend?  
Physiotherapists, Occupational therapists,  
Physiotherapist assistants, Occupational therapist assistants who are involved in the care of patients with Parkinson disease (PD)

This clinical course will include both theoretical and hands on components, including a review of the pathology of Parkinson disease, aetiology, epidemiology, stages of progression, motor and non-motor impairments and common functional limitations. Current evidence for focus and efficacy of physical rehabilitation, best practice guidelines (incorporating the 2013 Movement Disorder Society approved European Guidelines for Physiotherapy in PD), standardised physical assessment and treatment strategies will be discussed and practices.

Location: 2790 Bathurst St., Toronto, ON, M6B 3A5
Cost: $450.00(CAD) before Oct 9thth and $495.00 after Oct 14th.
If you have any questions, please contact:  
lynn@onestepaheadmobility.com  
or call 416-783-7175  
www.onestepaheadmobility.com

About PT Link

PT Link is published bi-monthly.

To subscribe please email pt.chair@utoronto.ca and type “Subscribe” in the subject line.
To unsubscribe please email pt.chair@utoronto.ca and type “Remove” in the subject line.

Past issues of the U of T PT Link will be posted on the Department of Physical Therapy website.

Please submit content in Word format to Linda Stone at pt.chair@utoronto.ca.